

100m A

1 Rion Pierre	WSE	10.5
2 James Ellington	BGV	10.6
3 Paul Judson	NOT	11.0
4 Marvin Gayle	BSK	11.1
5 Paul Egboh	KNT	11.1
6 Richard Kilty	GHD	11.6
7 Philip Ellershaw	LVL	11.7
8 Alan Low	BRD	11.7

100m B

1 Wade Bennett-Jackson	BGV	10.5
2 Andrew Matthews	WSE	10.6
3 Joe Kibirige	GHD	10.8
4 Laurence Wooldridge	KNT	11.2
5 Mark Dunwell	NOT	11.2
6 Dean Showler-Davis	BSK	11.2
7 Andrew Owens	LVL	11.2
8 Kenny Elliot	BRD	11.3

200m A

1 Rion Pierre	WSE	21.2
2 Conrad Williams	KNT	21.3
3 Paul Judson	NOT	21.8
4 Joe Kibirige	GHD	21.9
5 Andy Blow	BSK	22.0
6 Will Sharman	BGV	22.0
7 Gary Colter	BRD	23.3
8 Andrew Owens	LVL	23.7

200m B

1 Nigel Levine	WSE	21.7
2 Darren Green	KNT	21.8
3 Jason Hussain	BGV	22.1
4 Nick Little	GHD	22.3
5 Martin Lipton	BRD	22.4
6 Marvin Gayle	BSK	22.4
7 Tom Moakes	NOT	22.9
8 Chris Smith	LVL	23.0

400m A

1 Set Osho	BGV	47.6
2 James Hunter	LVL	48.1
3 Mark Berridge	BSK	49.0
4 Stephen Johnson	WSE	49.3
5 Aaron McCammon	KNT	49.6
6 David Riley	GHD	50.0
7 Michael Warner	NOT	50.3
8 Alan Low	BRD	53.6

400m B

1 Louis Evling-Jones	BGV	48.7
2 Louis Sellers	BSK	48.9
3 Sam Cordin	NOT	49.3
4 Laurence Wooldridge	KNT	49.4
5 Niall Flannery	GHD	49.8
6 Brendan Murphy	LVL	51.1
7 Brendan McConville	BRD	51.8
8 Tom Reynolds	WSE	53.0

800m A

1 Lewis Moses	GHD	1.52.9
2 Chris Smith	LVL	1.53.2
3 Bruce Raeside	NOT	1.53.6
4 Feidhlim Kelly	KNT	1.54.7
5 Rory Graham-Watson	U20 WSE	1.55.1
6 Colin Welsh	BRD	1.55.3
7 David Ragan	BSK	1.59.3
8 Mark Humphrey	BGV	2.06.4

800m B

1 Jermaine Mays	KNT	1.53.5
2 Alex Tovey	WSE	1.54.5
3 Ryan Stephenson	GHD	1.55.0
4 Harry Harper	LVL	1.55.9
5 Martyn Gibbons	NOT	1.56.3
6 Nick Bates	BSK	1.57.7
7 William Nicholson	BRD	1.59.0

1500m A

1 Jermaine Mays	KNT	3.48.5
2 Ryan McLeod	GHD	3.50.3
3 Bruce Raeside	NOT	3.51.9
4 Gareth Allott	LVL	3.54.0
5 Phil Tulba	BSK	3.54.7
6 Tom Farrel	BRD	3.57.5
7 Richard Ward	BGV	3.58.2
8 Ian May	WSE	4.06.5

1500m B

1 Ben Tickner	KNT	3.49.1
2 Ben Moreau	BSK	3.55.0
3 John McCole	LVL	3.55.4
4 Jon Thewlis	NOT	3.56.3
5 Garth Hill	BRD	4.01.4
6 Ryan Stephenson	GHD	4.11.7
7 Rhys Glastonbury	U20 WSE	4.14.5

5000m A

1 Ryan McLeod	GHD	14.47.6
2 John Hutchins	BSK	14.49.1
3 Martin Whitehouse	NOT	14.49.2
4 Eddie McGinly	BRD	14.51.1
5 James Kelly	BGV	14.53.0
6 James Connor	KNT	15.12.1
7 Ricky Challinor	LVL	15.22.4
8 Steve Kimber	WSE	15.35.0

5000m B

1 Tim Hartley	NOT	14.54.7
2 Simon Taylor	KNT	15.14.7
3 Lewis Moses	GHD	15.52.6
4 Andrew Agnew	BRD	15.55.2
5 Will Cockerell	BGV	16.01.2
6 Paul Seabrooke	BSK	17.31.2
7 Cameron Smart	U20 WSE	18.12.8

110mH A

1 Will Sharman	BGV	13.8
2 Ben Reynolds	U20 WSE	14.4
3 Richard Baderin	LVL	15.0
4 Simon Wombwell	NOT	15.0
5 Tony Higbee	BSK	15.0
6 Andrew Sturrock	GHD	15.1
7 Joe Appiah	KNT	15.5
8 Neale Kelly	BRD	16.0

110mH B

1 Jamie East	U20 WSE	15.1
2 Peter Glass	BRD	15.4
3 Kyle McCarthy	BGV	15.4
4 Richard Fox	BSK	15.4
5 John Stacey	GHD	15.9
6 Max Hall	KNT	17.4
7 Philip Ellershaw	LVL	18.3
8 Tim Woodthorpe	NOT	26.4

400mH A

1 Andy Blow	BSK	50.9
2 Martin Lipton	BRD	53.0
3 Sean Reidy	BGV	53.3
4 Jack Green	KNT	53.7
5 Tom Moakes	NOT	53.9
6 Brendan Murphy	LVL	54.5
7 Andrew Sturrock	GHD	55.1
8 Jeff Christie	WSE	55.5

400mH B

1 Richard Fox	BSK	52.9
2 Kieran Flannery	GHD	53.1
3 Ashley Fry	U20 WSE	54.6
4 Dan Everett	NOT	54.9
5 Ian Neely	BRD	55.9
6 Matt Threadgold	BGV	56.6
7 Jay Hill	KNT	59.1
8 Steve Freeman	LVL	69.4

3000m SC A

1 James Connor	KNT	9.31.3
2 James Douglas	BRD	9.38.5
3 Mathew Morgan	BGV	10.09.5
4 Paul Thompson	NOT	10.21.3
5 Cameron Smart	U20 WSE	10.26.7
6 Kieran Flannery	GHD	10.50.9
7 Robert Halsey	BSK	11.49.4

3000m SC B

1 Andrew Dunwoody	KNT	9.56.2
2 Tim Woodthorpe	NOT	10.26.6
3 William Nicholson	BRD	11.53.2
4 Joe Flitcroft	BSK	14.08.5

Discus Throw A

1 Mark Wiseman	BGV	50.74
2 Ben Hazell	BSK	46.99
3 Steve Watson	U20 WSE	46.18
4 Aless Morganella	BRD	45.74
5 Craig Sturrock	GHD	43.52
6 Will Lowndes	LVL	39.75
7 Alan Porter	KNT	36.66
8 Robert Careless	NOT	26.44

Discus Throw B

1 Mark Allen	BGV	45.67
2 Simon Williams	BSK	43.09
3 Jeremy Harper	WSE	42.45
4 Graeme Level	GHD	39.06
5 Willie Falconer	BRD	38.85
6 Mike Bomba	LVL	37.77
7 Max Hall	KNT	35.82
8 James Hayden	NOT	17.50

Hammer Throw A

1 Mike Bomba	LVL	64.96
2 Matthew Richards	BGV	58.35
3 Micki Finn	WSE	55.85
4 David Little	BRD	54.58
5 Steve Sammut	BSK	52.08
6 Jay Hill	KNT	50.44
7 Robert Careless	NOT	47.97
8 Graeme Level	GHD	39.62

Hammer Throw B

1 Will Lowndes	LVL	55.84
2 Mark Allen	BGV	53.44
3 Alan James	WSE	43.79
4 Gary Jennings	BSK	43.75
5 Sam Chappell	KNT	41.90
6 Willie Falconer	BRD	34.68
7 Sean Hudson	GHD	31.14
8 James Hayden	NOT	18.90

High Jump A

1 Sam Bailey	U20 WSE	1.95
2 Gary Colter	BRD	1.95
3 Kyle McCarthy	BGV	1.90
4 Matt Ashley	NOT	1.90
5 Sam Sleaf	BSK	1.90
6=Mike Hartley	LVL	1.85
6=Sam Stanilaus	GHD	1.85
8 Jay Hill	KNT	1.75

High Jump B

1 Peter Glass	BRD	1.85
2 Ben Hazell	BSK	1.85
3 Andrew Owens	LVL	1.75
4 Antoni Davis-Phillip	KNT	1.70
5 John Stacey	GHD	1.60
6 Adam Lyons	NOT	1.40

Javelin Throw A

1 Ian Burns	GHD 69.57
2 Dominik Sadowski	KNT 67.68
3 David McKay	LVL 67.26
4 James Everard	BGV 62.29
5 Dan Pembroke	U20 WSE 61.71
6 Chris Eden	NOT 60.51
7 Peter Glass	BRD 55.24
8 Ben Hazell	BSK 53.04

Javelin Throw B

1 Ben Fisher	LVL 61.26
2 Wesley Smith	BGV 49.22
3 Alister Smith	BRD 48.56
4 Alan Porter	KNT 47.38
5 Dean Barrett	GHD 45.52
6 Sam Sleap	BSK 44.40
7 Grant Fuller	U20 WSE 43.95
8 Adam Lyons	NOT 39.99

Long Jump A

1 Matthew Burton	KNT 6.91
2 Mark Holloway	WSE 6.86
3 Sean McMahon	LVL 6.73
4 Gary Wilson	BGV 6.63
5 Richard Fox	BSK 6.39
6 James Baines	NOT 6.36
7 Dave Watson	BRD 6.25
8 John Stacey	GHD 6.20

Long Jump B

1 Alan Kennedy	WSE 6.71
2 Jody Chappell	BGV 6.45
3 Joe Appiah	KNT 6.34
4 Sam Sleap	BSK 6.25
5 Matt Madden	NOT 6.24
6 Cameron Clark	BRD 6.22
7 Craig Jones	LVL 6.16
8 Craig Fiddes	GHD 5.61

Pole Vault A

1 Brendan McConville	BRD 4.70
2 Sam Colgate	BGV 4.50
3 Steve McLennan	WSE 4.20
4 Ben Hazell	BSK 4.00
5 Max Hall	KNT 4.00
6 Gavin Howard	GHD 3.80
7 Chris Roose	LVL 3.60
8 Adam Lyons	NOT 3.60

Pole Vault B

1 Cameron Johnston	BGV 4.40
2 Peter Glass	BRD 4.40
3 Tom Reynolds	WSE 4.20
4 John Dickinson	BSK 3.80
5 Andrew Owens	LVL 2.60
6=Matt Madden	NOT 2.20
6=Chris Boundy	GHD 2.20
8 Paul Kyberd	KNT 1.50

Shot Putt A

1 Will Lowndes	LVL 15.13
2 Craig Sturrock	GHD 15.03
3 Mark Wiseman	BGV 14.94
4 Willie Falconer	BRD 14.23
5 Ben Hazell	BSK 13.80
6 Jeremy Harper	WSE 13.16
7 Alan Porter	KNT 11.74
8 Robert Careless	NOT 9.53

Shot Putt B

1 Mark Allen	BGV 14.82
2 Simon Williams	BSK 12.58
3 David McKay	LVL 12.56
4 Brendan McConville	BRD 11.96
5 Tom Reynolds	WSE 11.36
6 John Stacey	GHD 10.64
7 Max Hall	KNT 10.43
8 James Hayden	NOT 8.08

Triple Jump A

1 Julian Golley	WSE 14.97
2 Dave Watson	BRD 14.81
3 Ade Babatunde	GHD 14.48
4 Ricardo Twumasi	KNT 14.01
5 Dave Wellstead	BGV 13.93
6 Matt Madden	NOT 13.12
7 Craig Jones	LVL 12.57
8 Richard Fox	BSK 11.73

Triple Jump B

1 Chuxx Onyia	KNT 13.90
2 Alan Kennedy	WSE 13.54
3 Sam Stanilaus	GHD 12.68
4 John Dickinson	BSK 11.63
5 James Baines	NOT 11.18
6 Jody Chappell	BGV 11.03
7 Simon Birtles	LVL 10.12

4x100M Relay

1 BGV 41.3	1 Set Osho		2 Jason Hussain	
	3 James Ellington		4 Will Sharman	
2 WSE 42.7	1 Andrew Matthews		2 Rion Pierre	
	3 Jamie East	U20	4 Ashley Fry	U20
3 GHD 42.9	1 Nick Little		2 Joe Kibirige	
	3 David Riley		4 Andrew Sturrock	
4 NOT 43.0	1 Sam Cordin		2 Michael Warner	
	3 Simon Wombwell		4 Paul Judson	
5 BSK 43.4	1 Marvin Gayle		2 Dean Showler-Davis	
	3 Louis Sellers		4 Jon Wallace0	
6 KNT 43.8	1 Paul Egboh		2 Aaron Broderick	
	3 Laurence Wooldridge		4 Matthew Burton	
7 BRD 44.0	1 Brendan McConville		2 Peter Glass	
	3 Ian Neely		4 Kenny Elliot	
8 LVL 45.8	1 Andrew Owens		2 Philip Ellershaw	
	3 Craig Jones		4 Richard Baderin	

4x400M Relay

1 WSE 3.15.5	1 Nigel Levine		2 Andy Clements	
	3 Rory Graham-Watson	U20	4 Stephen Johnson	
2 BSK 3.16.3	1 Louis Sellers		2 Richard Fox	
	3 Ben Hazell		4 Mark Berridge	
3 BGV 3.19.3	1 Melvyn Anukam		2 Sean Reidy	
	3 Kyle McCarthy		4 Louis Evling-Jones	
4 GHD 3.25.5	1 Nick Little		2 David Riley	
	3 Kieran Flannery		4 Niall Flannery	
5 LVL 3.26.6	1 Chris Smith		2 Matthew Allott	
	3 Steve Freeman		4 Andrew Owens	
6 BRD 3.32.1	1 Gary Colter		2 Garth Hill	
	3 Brendan McConville		4 Kenny Elliot	
7 NOT DISQ				
8 KNT DISQ				

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1	Belgrave Harriers	333 8
2	Windsor, Slough, Eton, H'low	319 7
3	Basingstoke & Mid-Hants	285 6
4	Kent AC	281 5
5	Gateshead Harriers & AC	258 4
6	Border Harriers	249 3
7	City of Liverpool	233.5 2
8	Notts AC	218.5 1

Athlete of the Match: Will Sharman Belgrave - 110M Hurdles 13.8S

100m Guest Heat 1

1	Andy Mathews	WSE 10.7
2	Paul Egboh	KNT 11.1
3	Bernard Opkou	KNT 11.6
4	Matt Treadgold	BGV 11.7
5	Joe Filtcroft	BMH 12.1

100m Guest Heat 2

1	Ben Reynolds	WSE 11.2
2	Jamie East	WSE 11.5
3	Jon Wallace	BMH 11.5
4	Aaron Broderick	KNT 11.9
5	Liam McGurriche	BHM 12.5