

100m A	Wind -3.5 m/s	100m B	Wind -3.6 m/s
1 James Ellington	BGV 10.66	1 Set Osho	BGV 11.04
2 Richard Kilty	GHD 10.74	2 Andrew Matthews	WSE 11.10
3 Jeffrey Lawal-Balogun	KNT 10.75	3 Joe Kibirige	GHD 11.11
4 Rion Pierre	WSE 10.94	4 John Browne	KNT 11.18
5 Paul Judson	NOT 11.26	5 Mark Dunwell	NOT 11.57
6 Tom Riley	LVL 11.46	6 Oliver Back	LVL 11.64
7 Kenny Elliott	BRD 11.60	7 Richard Fox	BSK 11.92
8 Ben Hazell	BSK 11.88	8 Gary Coulter	BRD 11.95
200m A	Wind -1.7 m/s	200m B	Wind -3.4 m/s
1 James Ellington	BGV 21.44	1 John Browne	KNT 21.87
2 Conrod Williams	KNT 21.53	2 Set Osho	BGV 22.02
3 Joe Kibirige	GHD 21.76	3 Sam Cordin	NOT 22.58
4 Nigel Levine	WSE 21.86	4 Andrew Matthews	WSE 22.78
5 Paul Judson	NOT 21.94	5 Martin Lipton	BRD 23.03
6 Andy Blow	BSK 22.02	6 Jonathan Elderfield	BSK 23.57
7 Kenny Elliott	BRD 23.00	7 David Riley	GHD 23.77
8 Tom Riley	LVL 23.20	8 John McCole	LVL 27.46
400m A		400m B	
1 Stephen Johnson	WSE 47.98	1 Darren Green	KNT 48.63
2 Patrick Swan	GHD 48.33	2 David Riley	GHD 49.20
3 Louise Evling-Jones	BGV 48.57	3 James Baines	NOT 49.52
4 Mark Berridge	BSK 48.65	4 Jonathan Elderfield	BSK 50.50
5 Aaron McCammon	KNT 48.92	5 Kyle McCarthy	BGV 51.05
6 Michael Warner	NOT 49.97	6 Stewart Challis	U20 WSE 51.12
7 Gary Coulter	BRD 51.27	7 Gareth Hill	BRD 52.69
8 John McCole	LVL 58.10	8 Steve Freeman	LVL 57.65
800m A		800m B	
1 Jermaine Mays	KNT 1.51.55	1 Johnny Mellor	LVL 1.53.84
2 Kieran Flannery	GHD 1.51.98	2 Rikki Letch	U17 WSE 1.53.90
3 Bruce Raeside	NOT 1.52.16	3 Ben Tickner	KNT 1.55.41
4 Steven Morrow	BRD 1.52.57	4 Dave Ragan	BSK 1.55.45
5 Shaun Moralee	BGV 1.52.63	5 Gareth Hill	BRD 1.56.19
6 Rory Graham-Watson	WSE 1.53.02	6 Mark Pollard	BGV 1.57.47
7 James Russell	LVL 1.53.81	7 Martin Gibbons	NOT 1.58.04
8 Rob Whittle	BSK 1.54.32	8 Adam Rowlands	GHD 1.58.28
1500m A		1500m B	
1 Johnny Mellor	LVL 3.55.24	1 Harry Harper	LVL 3.57.45
2 Bruce Raeside	NOT 3.55.57	2 Mark Pollard	BGV 3.58.02
3 Shaun Moralee	BGV 3.56.16	3 Chris McGurk	NOT 4.03.19
4 Tom Farrell	BRD 3.56.92	4 Steven Morrow	BRD 4.07.42
5 Ben Tickner	KNT 3.57.65	5 Ian May	WSE 4.12.40
6 Alex Tovey	WSE 3.59.84	6 Andrew Dunwoody	KNT 4.13.11
7 Adnrew Stanton	GHD 4.00.73	7 Chris Paton	GHD 4.14.64
8 Dave Ragan	BSK 4.11.28	8 Max Roberts	BSK 4.21.68
5000m A		5000m B	
1 John Hutchins	BSK 14.37.77	1 Simon Jones	BGV 14.43.66
2 Jon Thewlis	NOT 14.37.95	2 Phil Tulba	BSK 15.11.38
3 Craig Gunderson	LVL 14.42.04	3 Simon Taylor	KNT 15.12.28
4 James Kelly	BGV 14.43.02	4 Richard Burney	LVL 15.38.20
5 James Connor	KNT 14.58.34	5 Steve Kimber	WSE 15.52.40
6 Nathan White	WSE 15.13.84	6 Andrew Agnew	BRD 16.06.53
7 Graeme Mason	BRD 15.26.58	7 Ryan Stephenson	GHD 16.32.11
8 Jon Archer	GHD 15.59.98	8 James Hayden	NOT 16.46.30

110mH A	Wind -1.8 m/s	110mH B	Wind -1.9 m/s
1 Will Sharman	BGV 14.30	1 Peter Glass	BRD 15.37
2 Ben Reynolds	U20 WSE 14.85	2 Jamie East	U20 WSE 15.40
3 Andrew Sturrock	GHD 15.11	3 Kyle McCarthy	BGV 15.73
4 Richard Badering	LVL 15.34	4 Tom Moakes	NOT 15.92
5 Andy Blow	BSK 15.42	5 Richard Fox	BSK 16.26
6 Simon Wombwell	NOT 15.80	6 Lawrence Wooldridge	KNT 17.45
7 Lee Hamilton	KNT 16.16	7 John Stacey	GHD 17.82
8 Neale Kelly	BRD 16.50		
400mH A		400mH B	
1 Andy Blow	BSK 51.96	1 Richard Fox	BSK 54.25
2 Niall Flannery	GHD 52.75	2 Andrew Sturrock	GHD 55.10
3 Martin Lipton	BRD 53.60	3 Lawrence Wooldridge	KNT 55.35
4 Tom Moakes	NOT 54.65	4 Dan Everett	NOT 55.77
5 Matthew Douglas	BGV 55.49	5 Jamie East	U20 WSE 57.85
6 Lee Hamilton	KNT 58.30	6 Mike Sweeney	LVL 58.98
7 Steve Freeman	LVL 62.10	7 Brendan McConville	BRD 59.04
8 Tom Reynolds	U20 WSE DNF	8 Paul Beaumont	BGV 78.97
3000m SC A		3000m SC B	
1 John McCole	LVL 9.26.66	1 Peter Huck	LVL 9.40.47
2 James Douglas	BRD 9.27.19	2 Andrew Dunwoody	KNT 10.06.08
3 James Connor	KNT 9.36.66	3 Paul Thompson	NOT 10.22.53
4 David Fry	BSK 10.03.34	4 Graham Hyett	BGV 10.43.98
5 Tim Woodthorpe	NOT 10.09.61	5 Niall Flannery	GHD 12.24.10
6 Matthew Morgan	BGV 10.18.34	6 Joe Flitcroft	BSK 14.12.01
7 Kieran Flannery	GHD 11.16.33	7 David Little	BRD DNF
8 Cameron Smart	U20 WSE DNF		
Discus Throw A		Discus Throw B	
1 Greg Nixon	LVL 46.05	1 Craig Sturrock	GHD 41.80
2 Ben Hazell	BSK 45.73	2 Mike Bomba	LVL 40.37
3 Aless Morganella	BRD 44.52	3 Rob Kite	BSK 38.01
4 Jeremy Harper	WSE 44.26	4 Peter Glass	BRD 37.35
5 Louise Evling-Jones	BGV 43.93	5 Mark Allen	BGV 37.33
6 Graeme Level	GHD 43.74	6 Matt George	WSE 34.55
7 Ricardo Martin	KNT 27.70	7 Kevin Macpherson	NOT 26.63
8 Rob Careless	NOT 27.70	8 Sam Chappell	KNT 23.32
Hammer Throw A		Hammer Throw B	
1 Mike Bomba	LVL 62.55	1 Will Lowndes	LVL 55.14
2 Chris Shorthouse	NOT 57.92	2 Rob Careless	NOT 49.32
3 David Little	BRD 51.97	3 David Maggs	GHD 37.47
4 Micki Finn	WSE 49.87	4 Joe Flitcroft	BSK 32.60
5 Graeme Level	GHD 41.84	5 Jeremy Harper	WSE 30.30
6 Gary Jennings	BSK 40.97	6 Aless Morganella	BRD 22.97
7 Sam Chappell	KNT 39.97	7 Mark Allen	BGV 21.64
8 James Everard	BGV 23.02	8 Ken Pike	KNT 8.85
High Jump A		High Jump B	
1 Sam Bailey	U20 WSE 2.09	1 Ben Reynolds	U20 WSE 1.93
2=Matt Ashley	NOT 1.93	2 Nathan Williams	BRD 1.83
2=Gary Coulter	BRD 1.93	3 Rob Kite	BSK 1.83
4 Sam Sleaf	BSK 1.88	4 John Stacey	GHD 1.78
5=Kyle McCarthy	BGV 1.83	5 Matthew Owens	LVL 1.78
5=Mike Sweeney	LVL 1.83	6 James Everard	BGV 1.73
7 Anthony Burnell	U20 GHD 1.83	7 Ricardo Martin	KNT 1.53
8 Lee Hamilton	KNT 1.53	8 Martin Gibbons	NOT 1.20

Javelin Throw A

1 Ian Burns	GHD 69.28
2 Chris Eden	NOT 61.68
3 Donnik Sadowski	KNT 60.55
4 Ashley Bryant	U20 WSE 58.60
5 Ben Fisher	LVL 58.59
6 James Everard	BGV 56.11
7 Ben Hazell	BSK 54.54
8 Peter Glass	BRD 49.65

Javelin Throw B

1 Andy Allan	LVL 53.33
2 Matt George	WSE 49.30
3 Louise Evling-Jones	BGV 47.68
4 Brendan McConville	BRD 42.51
5 Sam Sleaf	BSK 41.51
6 Matthew Wepke	KNT 40.34
7 Clem Bartley	NOT 38.74
8 Grame Fairbairn	GHD 34.15

Long Jump A

1 Matt Burton	KNT 7.16+2.7
2 Mark Holloway	WSE 7.07+2.4
3 Jody Chappell	BGV 6.90+4.4
4 Sean McMahon	LVL 6.67+3.3
5 Anthony Burnell	U20 GHD 6.53+3.4
6 James Baines	NOT 6.44+3.1
7 Rob Kite	BSK 6.44+2.1
8 Peter Glass	BRD 6.37+2.3

Long Jump B

1 Kyle McCarthy	BGV 6.69+3.1
2 Julian Golley	WSE 6.47+2.4
3 Chaxx Onyia	KNT 6.24+1.9
4 Charlie Dryden	GHD 6.24+1.4
5 Brendan McConville	BRD 6.13+2.5
6 Sam Sleaf	BSK 6.09+0.4
7 Matt Madden	NOT 6.06+1.2
8 Sam Etherington	LVL 4.81+1.8

Pole Vault A

1 Sam Colgate	BGV 4.63
2 Egryn Jones	WSE 4.63
3 Brendan McConville	BRD 4.43
4 Ben Hazell	BSK 4.23
5 Chris Boundy	GHD 4.03
6 Mike Sweeney	LVL 3.80
7 Adam Lyons	NOT 3.60
8 James Connor	KNT 2.00

Pole Vault B

1 Peter Glass	BRD 4.23
2 Ashley Bryant	U20 WSE 4.03
3 Sam Sleaf	BSK 3.80
4 Gavin Howard	GHD 3.80
5 Chris Roose	LVL 3.60
6 James Everard	BGV 2.40
7 Matt Madden	NOT 2.00

Shot Putt A

1 Craig Sturrock	GHD 15.44
2 Jay Thomas	KNT 15.17
3 Will Lowndes	LVL 14.34
4 Ben Hazell	BSK 13.55
5 Mark Allen	BGV 12.77
6 Jeremy Harper	WSE 12.56
7 Peter Glass	BRD 12.03
8 Chris Shorthouse	NOT 10.40

Shot Putt B

1 Greg Nixon	LVL 13.72
2 Rob Kite	BSK 12.72
3 Louise Evling-Jones	BGV 12.03
4 Nick Ridgeon	GHD 11.92
5 Brendan McConville	BRD 11.92
6 Ricardo Martin	KNT 11.35
7 Matt George	WSE 11.27
8 Kevin Macpherson	NOT 9.56

Triple Jump A

1 Ade Babatunde	GHD 14.88+0.8
2 Dave Watson	BRD 14.79+2.4
3 Michael Puplampu	U20 WSE 14.66+1.8
4 Matt Burton	KNT 14.02+0.5
5 Joe Evling White	BGV 12.81+1.8
6 Sean McMahon	LVL 12.71+0.4
7 Jon Elderfield	BSK 12.41+2.2
8 Matt Madden	NOT 12.10+0.8

Triple Jump B

1 Chuxx Onyia	KNT 14.26+1.8
2 Cameron Clark	BRD 13.95+1.6
3 Craig Fiddes	GHD 13.39+0.5
4 Jody Chappell	BGV 12.21+1.0
5 Adam Lyons	NOT 10.74+2.2
6 Liam McGarrigle	BSK 10.38+2.0

4x100M Relay

1 BGV 41.44	1 Will Sharman	2 Set Osho	
	3 Jody Chappell	4 James Ellington	
2 KNT 41.53	1 John Browne	2 Conrod Williams	
	3 Darren Green	4 Matthew Wepke	
3 NOT 42.42	1 Sam Cordin	2 Simon Wombwell	
	3 Mark Dunwell	4 Paul Judson	
4 WSE 42.44	1 Nigel Levine	2 Jamie East	U20
	3 Mark Holloway	4 Andrew Matthews	
5 GHD 43.22	1 Charlie Dryden	2 Joe Kibirige	
	3 David Riley	4 Patrick Swan	
6 BRD 43.91	1 Kenny Elliott	2 Peter Glass	
	3 Neale Kelly	4 Cameron Clark	
7 BSK 44.01	1 Sam Sleaf	2 Richard Fox	
	3 Rob Kite	4 Mark Berridge	
8 LVL 47.38	1 Ben Fisher	2 Richard Badering	
	3 Craig Jones	4 Tom Riley	

4x400M Relay

1 WSE 3.14.09	1 Nigel Levine	2 Rory Graham-Watson	
	3 Rikki Letch	U17 4 Stephen Johnson	
2 BSK 3.15.15	1 Ben Hazell	2 Mark Berridge	
	3 Jon Elderfield	4 Andy Blow	
3 NOT 3.16.62	1 Sam Cordin	2 Paul Judson	
	3 James Baines	4 Michael Warner	
4 KNT 3.17.86	1 Jermaine Mays	2 Aaron McCammon	
	3 Lawrence Wooldridge	4 Darren Green	
5 GHD 3.17.93	1 Patrick Swan	2 David Riley	
	3 Kieran Flannery	4 Niall Flannery	
6 BRD 3.20.61	1 Martin Lipton	2 Steven Morrow	
	3 Kenny Elliott	4 Gareth Hill	
7 BGV 3.30.02	1 Matthew Douglas	2 Kyle McCarthy	
	3 Shaun Moralee	4 Mark Pollard	
8 LVL 3.32.47	1 Tom Riley	2 James Russell	
	3 Harry Harper	4 Johnny Mellor	

PRIOR STANDINGS			MATCH RESULT		LEAGUE STANDINGS		
Event	Lge		Event	Lge		Event	Lge
1 BGV 674.20	16		1 BGV 306	8		1 Belgrave Harriers	980.20 24
2 WSE 634.20	14		2 WSE 288	7		2 Windsor, Slough, Eton, H'low	922.20 21
3 BSK 557.20	11		3 GHD 287	6		3 Kent AC	826.20 14
4 KNT 543.20	9		4 KNT 283	5		4 Basingstoke & Mid-Hants	816.20 14
5 LVL 532.70	8		5 LVL 272	4		5 City of Liverpool	804.70 12
6 GHD 501.20	6		6 BSK 259	3		6 Gateshead Harriers & AC	788.20 12
7 NOT 468.60	4		7 NOT 249	2		7 Notts AC	717.60 6
8 BRD 425	4		8 BRD 247	1		8 Border Harriers	672 5

100m

1 Conrad Williams	KNT 11.45
2 Matthew Wepke	KNT 11.56
3 Patrick Swan	GHD 11.60
4 Tom Bensted	BGV 11.72
5 Ben Reynolds	WSE 11.97
6 Liam McGarrigle	BAS 12.94