



LIVERPOOL HARRIERS & AC



ERNIE GALLAGHER MEMORIAL MEDAL MEETING

- **Date:** Sunday 11th April 2010
- **Venue:** Wavertree Athletics Centre, Liverpool
- **Time:** First event – 11 am Track & Field

Age Groups & Events

<u>Years 4 & 5</u>	<u>Year 6</u>	<u>Year 7 Girls</u>	<u>Year 7 Boys</u>	<u>Year 8 & 9</u>
75m	75m	75m	100m	100m
135m	135m	150m	200m	200m
600m	600m	600m	800m	400m (Boys Only)
Long Jump	Long Jump	1200m	1500m	800m
High Jump	High Jump	Long Jump	Long Jump	1500m
Soft Javelin	Soft Javelin	High Jump	High Jump	75m Hurdles (Girls)
		Soft Javelin	Soft Javelin	80m Hurdles(Boys)
		70m Hurdles	75m Hurdles	Long Jump
				High Jump
				Shot Putt
				Javelin

Medals

- A. will be awarded for the first 3 individuals in each event ☺. In events up to 200m (including hurdles) there may be heats and finals to decide the medallists, depending on the number of entries in each event
- B. In events over 200m it may be necessary to hold more than one heat & compare times & present medals to the leading timed athletes

FEES:

- £2 per first event
- £3.50 for two events
- £5 for maximum of three events

Cheques made payable to **Liverpool Harriers & AC**

N.B Entries on the day = £1 supplement (i.e. £3, £4.50, £6)

**All Pre entries MUST be returned to Mike Dooling by
WEDNESDAY 7th APRIL 2010**

to 19 Mooreway , Rainhill, Prescot, Merseyside, L35 6PD
micheal.dooling@sky.com

or enter online at www.merseysideathletics.org



LIVERPOOL HARRIERS & AC

ERNIE GALLAGHER MEMORIAL MEDAL MEETING

On Sunday 11th April 2010 [11am track & field]

Name: _____

Address: _____

Tel: _____ Email _____

School _____

Athletics Club (If in one) _____

PLEASE TICK THE EVENTS YOU WISH TO ENTER

Year 4&5

75m 135m 600m

Long High Soft Jav

Year 6

75m 135m 600m

Long High Soft Jav

Year 7 GIRLS

75m 150m 800m 70m H

1200m Long High Soft Jav

Year 7 Boys

100m 200m 800m 1500

Long 75mH Soft Jav High

Year 8&9

100m 200m 400m (Boys) 800m

1500m Long High Shot Jav

75m H (Girls) 80mH (Boys)

FEES

- £2 (one event)
- £3.50 (2 events)
- £5.00 (3 events)

Cheques made payable to:
LIVERPOOL HARRIERS & AC

Pre - Entries to: Mike Dooling, 19 Mooreway, Rainhill, Prescot, L35 6PD
micheal.dooling@sky.com **by Wednesday 7th April, 2010**

or enter online at www.merseysideathletics.org