

NJL Northern Premier Div Round:4  
Gateshead Stadium, Sun 26 July 2009

M 100m A	Wind -3.7 m/s	M 100m B	Wind -4.2 m/s
1 Calum Innes	GSW 11.45	1 David Clark	GSW 11.62
2 Abdumunem Kurkmas	GHD 11.49	2 Victor Neyubaho	MNC 11.83
3 Nayef Abed	MNC 11.74	3 Tom Holligan	EDN 11.91
4 Allan Hamilton	U17 EDN 11.77	4 Grant Isdale	TFV 11.95
5 Ryan Scott	TFV 11.84	5 Anthony Burnell	GHD 11.99
6 Jordan Riviere	U17 LVL 12.00	6 James McLaren	U17 KGA 12.19
7 Surasak Suksamer	KGA 12.12	7 James Buck	U17 COY 12.23
8 Jamie Garbutt	U17 COY 12.68	8 Joe Crawford	LVL 12.28
M 200m A	Wind -3.5 m/s	M 200m B	Wind -3.0 m/s
1 David Clark	GSW 23.19	1 Nyef Abed	MNC 23.36
2 Nathan Roach	MNC 23.22	2 Tom Holligan	EDN 23.85
3 Kyle Henderson	U17 TFV 23.23	3 Grant Isdale	TFV 24.11
4 Greg Louden	EDN 23.28	4 Brett Daley	U17 GHD 24.20
5 Abdumunem Kurkmas	GHD 23.58	5 Mathew Cummings	U17 GSW 24.60
6 Surasak Suksamer	KGA 24.29	6 Ross Kilvington	KGA 25.24
7 Daniel Yip	LVL 24.33	7 Terry Mullins	U17 LVL 26.03
8 Tom Kimpson	U17 COY 24.38	8 Curtis Colhoun	COY 26.58
M 400m A		M 400m B	
1 Anthony Young	U17 KGA 49.67	1 Calum Innes	GSW 51.30
2 James Buck	U17 COY 50.71	2 Tom Kimpson	U17 COY 51.78
3 Stuart Ross	GSW 50.87	3 Gareth Lamb	KGA 52.19
4 Greg Urwin	GHD 50.97	4 Lewis Grant	TFV 53.37
5 Daniel Yip	LVL 51.84	5 Gareth Robertson	U17 EDN 53.52
6 Martin Paterson	U17 TFV 52.00	6 Oliver Walker	U17 GHD 53.53
7 William McKeown	U17 MNC 52.90	7 Laurie Luscombe	LVL 59.09
8 Alex North	EDN 57.27		
M 800m A		M 800m B	
1 Guy Learmonth	U17 EDN 1.56.27	1 Matt Jackson	MNC 1.59.64
2 Gary McBride	U17 GSW 1.57.82	2 Alan Ramsay	GSW 2.00.41
3 Andrew Richardson	GHD 1.58.38	3 Peter Loudon	EDN 2.02.08
4 Tom Watson	U17 TFV 2.02.61	4 Liam Baister	GHD 2.04.84
5 Michael Overand	U17 KGA 2.03.86	5 Adam Gurthrie	U17 KGA 2.09.11
6 James Wignall	MNC 2.03.91	6 Darren Weir	TFV 2.10.14
7 Mike Bush	LVL 2.13.08	7 Patrick Boyland	LVL 2.24.36
8 Louis Rose	COY 2.15.22	8 Liam Robson	COY 2.35.72
M 1500m A		M 1500m B	
1 Ross Matheson	EDN 4.03.56	1 Alan Ramsay	GSW 4.06.41
2 Sean Fontana	GSW 4.05.01	2 Steven Lyall	KGA 4.11.26
3 Matthew White	KGA 4.09.58	3 Edward Dudgeon	EDN 4.17.12
4 Ryan Worland	MNC 4.11.60	4 Jaimie Roden	MNC 4.21.34
5 Craig McDowell	TFV 4.14.88	5 Ben Pearson	GHD 4.27.39
6 Ryan Buck	U17 COY 4.22.97	6 Mike Bush	LVL 4.46.58
7 Tom Marper	GHD 4.23.48	7 Louis Rose	COY 5.07.48
8 Laurie Luscombe	LVL 4.30.85	8 Darren Weir	TFV 5.22.14
M 3000m A		M 3000m B	
1 Fraser Scott	U17 EDN 9.00.44	1 Andrew Crichton	U17 EDN 9.04.32
2 Ricky Challinor	LVL 9.07.83	2 Stephen Fleming	GSW 9.44.92
3 Grant Muir	U17 GSW 9.12.58	3 Chris Rennison	KGA 9.49.54
4 Jaimie Roden	MNC 9.18.40	4 Chris Walker	GHD 11.01.10
5 Iain Lynn	COY 9.20.97	5 Jonny Tolson	TFV 11.05.24
6 Howell Craske	KGA 9.23.85	6 Liam Robson	COY 12.44.75
7 Richard Hall	GHD 10.38.80		
8 Craig McDowell	TFV 10.55.95		

M 110mH A	Wind -5.9 m/s	M 110mH B	Wind -3.1 m/s
1 Mike Sweeney	LVL 16.94	1 Matthew Wright	MNC 16.72
2 David Clark	GSW 18.42	2 Richard Kaufman	GHD 19.76
3 Oliver Palmer	COY 18.48	3 Gregor Innes	GSW 20.04
4 Ben Scorer	U17 GHD 19.69	4 Adam Delargy	KGA 21.14
5 Ben Daye	U17 MNC 21.01		
6 Kevin Ireland	KGA 23.22		
M 400mH A		M 400mH B	
1 Gregor Innes	GSW 60.26	1 Conner Henderson	U17 GSW 59.20
2 Callum Robson	U17 GHD 60.82	2 Thomas Gomulko	MNC 65.96
3 Oliver Palmer	COY 63.86	3 Richard Kaufman	GHD 66.81
4 Marc Robson	EDN 66.42	4 Callum Wilson (1)	U17 EDN 69.33
5 Ben Daye	U17 MNC 66.46	5 Richard Wilcock	COY 79.86
M 2000m Sc A		M 2000m Sc B	
1 Lachlan Oats	GSW 6.10.55	1 Ricky Challinor	LVL 6.32.38
2 Peter Huck	LVL 6.16.00	2 Rayn Worland	MNC 6.49.59
3 Matt Jackson	MNC 6.30.71	3 Ryan Buck	U17 COY 6.58.01
4 Iain Lynn	COY 6.41.40	4 Ryan McIntosh	U17 KGA 7.09.61
5 Matthew White	KGA 6.58.75	5 Callum Wilson (1)	U17 EDN 8.22.51
6 Marc Robson	EDN 7.30.81	6 Alan Mackay	GSW 9.32.83
7 Craig Birch	GHD 7.49.51		
8 Jonny Tolson	TFV 8.08.68		
M Discus Throw A		M Discus Throw B	
1 Daniel Carlin	GSW 49.06	1 James Davies	MNC 31.72
2 Chris Scott	EDN 37.69	2 Graeme Fairbairn	GHD 29.74
3 Jordan Bowser	U17 GHD 35.98	3 Kyle Randells	TFV 29.46
4 Adam Davies	MNC 34.58	4 Mike Ashworth	LVL 27.76
5 Edmund Reid	U17 TFV 31.93	5 Ryan Knight	KGA 22.47
6 Mike Sweeney	LVL 29.03	6 Myles Paterson	EDN 22.18
7 Allan Smith	KGA 28.96	7 Richard Wilcock	COY 18.89
8 Scott Lincoln	U17 COY 21.56		
M Hammer Throw A		M Hammer Throw B	
1 Kyle Randells	TFV 55.35	1 Andrew McLaughlan	U17 GSW 42.01
2 Adam Davies	MNC 52.32	2 Jordan Bowser	U17 GHD 38.12
3 Nicky Stone	U17 GSW 43.58	3 Nathan Morris	U17 MNC 37.23
4 Sam Blain	U17 COY 39.54	4 Edmund Reid	U17 TFV 36.73
5 Graeme Fairbairn	GHD 39.21	5 Scott Lincoln	U17 COY 20.28
6 Mike Ashworth	LVL 31.99		
7 Ryan Knight	KGA 25.08		
8 Dean Murray	EDN 18.85		
M High Jump A		M High Jump B	
1 Greg Boyde	TFV 1.95	1 Fraser Weir	U17 TFV 1.75
2 John McCafferty	GSW 1.95	2 Jack Lochans	U17 GSW 1.70
3 Allan Smith	KGA 1.85	3 Alex Bright	GHD 1.65
4 Paul Allsopp	COY 1.85	4 Liam Deigan	U17 COY 1.65
5 Mike Sweeney	LVL 1.80	5 Donald Tod	KGA 1.60
6 James Davies	MNC 1.75	6 Leon La	U17 LVL 1.55
7 Anthony Burnell	GHD 1.75	7 Greg Appleby	U17 MNC 1.50
8 Shaun Spence	EDN 1.60		
M Javelin Throw A		M Javelin Throw B	
1 Paul Allsopp	COY 57.38	1 Liam Deigan	U17 COY 35.98
2 Ryan Knight	KGA 50.73	2 Brett Daley	U17 GHD 34.77
3 Graeme Fairbairn	GHD 43.01	3 James Davies	MNC 31.45
4 Myles Paterson	EDN 41.75	4 David Taylor	GSW 30.79
5 Thomas Gomulko	MNC 39.53	5 John McOnish	TFV 20.52
6 John McCafferty	GSW 38.75	6 Ryan Murray	U17 LVL 6.97
7 Laurie Luscombe	LVL 22.85		
8 Kyle Randells	TFV 22.31		

M Long Jump A				M Long Jump B			
1	Matthew Wright		MNC 6.63+2.3	1	Bradlie Houldsworth		MNC 6.38+0.7
2	Allan Hamilton	U17	EDN 6.55+2.8	2	Gary Plain		TFV 6.02+2.0
3	Anthony Burnell		GHD 6.52+2.1	3	Callum Wilson (2)		EDN 5.74+2.4
4	Kyle Henderson	U17	TFV 6.52+1.9	4	Alex Bright		GHD 5.70+2.3
5	Mathew Kerr	U17	GSW 5.94+3.0	5	Daniel Chapman		GSW 5.35+2.5
6	Adam Delargy		KGA 5.93+2.0	6	Jamie Garbutt	U17	COY 5.33+1.9
7	Daniel Murphy		LVL 5.52+2.8	7	Ryan Murray	U17	LVL 5.28+1.8
8	Curtis Colhoun		COY 5.39NWI	8	Donald Tod		KGA 4.92+2.7
M Pole Vault A				M Pole Vault B			
1	Gregor Maclean	U17	EDN 4.65	1	Jamie Sinclair		GSW 4.20
2	Callum Sharp		GSW 4.25	2	Greg Appleby	U17	MNC 3.05
3	James Davies		MNC 4.10	3	Stephen Forfar	U17	EDN 2.90
4	Mike Sweeney		LVL 3.80	4	Callum Woods		TFV 2.15
5	Grant Isdale		TFV 2.90				
6	Richard Wilcock		COY 2.60				
7=	Kevin Ireland		KGA 2.45				
7=	Marc Purkiss	U17	GHD 2.45				
M Shot Putt A				M Shot Putt B			
1	Daniel Carlin		GSW 15.30	1	Alan Mackay		GSW 14.60
2	Scott Lincoln	U17	COY 13.10	2	Edmund Reid	U17	TFV 10.80
3	Nathan Morris	U17	MNC 12.74	3	Matthew Wright		MNC 10.56
4	Graeme Fairbairn		GHD 11.76	4	Anthony Burnell		GHD 10.27
5	Kyle Randells		TFV 11.57	5	Mike Ashworth		LVL 9.34
6	Mike Sweeney		LVL 10.80	6	Myles Paterson		EDN 9.26
7	Chris Scott		EDN 10.73	7	Sam Blain	U17	COY 8.28
8	Ryan Knight		KGA 10.15	8	Donald Tod		KGA 5.52
M Triple Jump A				M Triple Jump B			
1	James Hardy		MNC 14.16+1.4	1	Bradlie Houldsworth		MNC 12.30+3.0
2	Fraser Weir	U17	TFV 12.84+2.3	2	Gary Plain		TFV 12.16+1.8
3	Allan Smith		KGA 12.68+1.9	3	Adam Delargy		KGA 11.88+2.9
4	Ben Porter	U17	GHD 12.50+1.6	4	Jamie Garbutt	U17	COY 11.31+2.0
5	Callum Wilson (2)		EDN 11.94+1.5	5	Jordan Newport	U17	EDN 11.11+3.0
6	Curtis Colhoun		COY 11.63+2.2	6	Richard Kaufman		GHD 11.08+3.2
7	Daniel Murphy		LVL 11.39+2.3	7	David Taylor		GSW 10.89+1.5
8	Jack Lochans	U17	GSW 11.35+1.5	8	Joe Crawford		LVL 9.82+2.3
W 100m A				W 100m B			
			Wind -3.3 m/s				Wind -3.1 m/s
1	Carmen Gedling		LVL 12.75	1	Ashley Helsby		LVL 13.02
2	Hope Robertson		EDN 12.83	2	Amy Rogers		EDN 13.25
3	Chloe Lambert	U17	GSW 12.94	3	Emma Brown	U17	GSW 13.26
4	Bethanie Finlayson	U17	KGA 12.95	4	Leanne Shaw		COY 13.55
5	Brogan Crowley	U17	MNC 13.31	5	Jessica Barrows	U17	KGA 13.84
6	Rachel Clough	U17	GHD 13.49	6	Alisha Casement		MNC 14.03
7	Ruth Hill		COY 13.83	7	Beth Wynter	U17	GHD 14.17
8	Louise Anderson	U17	TFV 14.00				
W 200m A				W 200m B			
			Wind -4.6 m/s				Wind -3.7 m/s
1	Carmen Gedling		LVL 26.20	1	Lauren Brennan		LVL 27.11
2	Bethanie Finlayson	U17	KGA 26.35	2	Nicola Pearson		GHD 28.00
3	Lesley Campbell		EDN 27.11	3	Amanda Campbell		TFV 28.11
4	Chloe Lambert	U17	GSW 27.11	4	Jessica Barrows	U17	KGA 28.49
5	Brogan Crowley	U17	MNC 27.12	5	Roisin Howat	U17	GSW 29.58
6	Emma Masson		GHD 27.98	6	Rebecca Caswell	U17	EDN 30.35
7	Jennifer Hutchison		TFV 28.09				
8	Abbi Hardy-Mayo	U17	COY 28.31				
W 400m A				W 400m B			
1	Lauren Brennan		LVL 58.40	1	Jennifer Hanna		GSW 60.03
2	Diane Ramsey	U17	GSW 59.32	2	Holly Belch		MNC 60.06
3	Tyra Watson		MNC 60.39	3	Stephanie Loraine		GHD 62.47
4	Emma Masson		GHD 61.94	4	Zoe Woodward	U17	LVL 62.85

5 Caitlin Froude	EDN 62.17	5 Laura Skelton	U17 COY 63.97
6 Rachael Adamson	U17 TFV 65.43	6 Faye Kerney	U17 EDN 64.21
7 Hannah Higginson	COY 69.55	7 Lauren McManus	KGA 64.82
8 Emma Gordon	KGA DNF	8 Lanna Turnbull	U17 TFV 67.42
W 800m A		W 800m B	
1 Emily Dudgeon	U17 EDN 2.13.96	1 Rhain Dawes	U17 GSW 2.22.47
2 Rebecca Finch	GSW 2.16.65	2 Karen Glover	TFV 2.24.58
3 Amanda Campbell	TFV 2.21.53	3 Lateefa Burton	MNC 2.27.96
4 Iona Brodie	U17 KGA 2.22.45	4 Nicola Pearson	GHD 2.35.79
5 Rebecca Oldham	U17 GHD 2.25.74	5 Laura Robertson	U17 EDN 2.40.53
6 Sarah Simeen	MNC 2.31.28		
W 1500m A		W 1500m B	
1 Sarah Inglis	TFV 4.38.20	1 Louisa Stewart	U17 KGA 4.49.10
2 Holly Young	U17 GSW 4.43.05	2 Sarah Potter	U17 GSW 4.49.84
3 Kathryn Pennel	U17 KGA 4.48.58	3 Sophie Whiteside	LVL 5.09.49
4 Amy Talbot	LVL 4.56.21	4 Rachael Adamson	U17 TFV 5.13.42
5 Weris Ibrahim	MNC 5.06.30	5 Sam Blair	U17 EDN 5.18.77
6 Charlotte Mason	U17 COY 5.06.34	6 Amanda Watt	U17 GHD DNF
7 Laura Goodson	EDN 5.12.01		
8 Amie Hall	U17 GHD 5.47.96		
W 3000m A		W 3000m B	
1 Laura Goodson	EDN 10.36.65	1 Sophie Whiteside	LVL 11.17.14
2 Debbie Hannah	U17 GSW 10.51.90	2 Shannon McClellan	U17 GSW 11.25.40
3 Claire Baudouin	GHD 11.10.29	3 Julie Chapman	U17 GHD 12.40.90
4 Hannah Whiteside	U17 LVL 11.11.50	4 Jenny Crilly	TFV 13.55.76
5 Lanna Turnbull	U17 TFV 11.56.31	5 Fiona Cleat	EDN 15.40.27
6 Kaye McLelland	MNC 12.25.03		
7 Hannah Higginson	COY 16.21.39		
W 100mH A		W 100mH B	
	Wind -3.2 m/s		Wind -4.5 m/s
1 Ashley Helsby	LVL 14.95	1 Rayne Allman	U17 MNC 16.68
2 Holly Belch	MNC 15.68	2 Sophie Bell-Morgan	LVL 16.87
3 Kirsty Barr	GSW 17.03	3 Megan Gaffney	EDN 18.88
4 Emma Lowry	EDN 17.51	4 Katie Riches	GSW 19.05
5 Emma Gordon	KGA 17.82	5 Laura Simpson	KGA 19.48
6 Louise Calder	U17 TFV 18.67		
7 Helen Lambert	U17 GHD 19.30		
8 Emma Wighton	U17 COY 20.55		
W 400mH A		W 400mH B	
1 Holly Belch	MNC 65.19	1 Jennifer Simmons	MNC 66.63
2 Jennifer Hutchison	TFV 66.72	2 Megan Gaffney	EDN 70.58
3 Debbie Henderson	GSW 67.20	3 Stephanie Loraine	GHD 72.35
4 Emma Gordon	KGA 67.21	4 Iona Brodie	U17 KGA 73.21
5 Amy Talbot	LVL 70.25	5 Caroline Adams	GSW 83.60
6 Lauren Stoddart	EDN 72.11		
7 Abbi Hardy-Mayo	U17 COY 73.94		
8 Jane Wood	GHD 81.03		
W 1500m Sc A		W 1500m Sc B	
1 Maddie Murray	U17 GSW 5.26.18	1 Karen Glover	TFV 6.01.17
2 Lateefa Burton	MNC 5.34.38	2 Helen Powelcyzk	U17 GSW 6.17.09
3 Lauren Stoddart	EDN 5.44.47	3 Sampra Montashan	MNC 6.22.19
4 Amanda Campbell	TFV 5.51.90		
5 Aeron Mellish	U17 KGA 6.37.62		
6 Jane Wood	GHD 7.03.30		
W Discus Throw A		W Discus Throw B	
1 Hannah Evenden	EDN 41.79	1 Nicky McMutrie	U17 EDN 28.22
2 Rhianydd Parry	TFV 33.38	2 Jaqueline Plain	U17 TFV 26.70
3 Kirsty Taylor	U17 COY 29.45	3 Brogan Crowley	MNC 24.55
4 Sarah Ryan	U17 MNC 26.82	4 Zoe Woodward	U17 LVL 19.64
5 Suzanne Woodward	LVL 24.66	5 Claire Lebond	COY 12.83

6 Rachael McIntyre	U17	GHD	12.87	6 Caroline Adams	GSW	10.99
7 Iona Brodie	U17	KGA	12.19			
8 Alison Innes	U17	GSW	11.95			
W Hammer Throw A				W Hammer Throw B		
1 Hannah Evenden		EDN	51.95	1 Jaqueline Plain	U17	TFV 39.23
2 Myra Perkins		TFV	50.14	2 Rachael McIntyre	U17	GHD 20.14
3 Suzanne Woodward		LVL	38.75	3 Emily Rawlins		MNC 20.00
4 Claire Lebond		COY	35.85	4 Emma Lowry		EDN 19.45
5 Jess Wilson		GHD	32.18	5 Lucinda Logan		GSW 17.93
6 Alix Barton	U17	MNC	26.89	6 Ruth Hill		COY 11.90
7 Katie Riches		GSW	14.34	7 Laura Simpson		KGA 7.22
8 Lauren McManus		KGA	13.90			
W High Jump A				W High Jump B		
1=Jayne Hanson	U17	GHD	1.60	1 Lucinda Logan		GSW 1.50
1=Kirsty Barr		GSW	1.60	2 Jennifer Simmons		MNC 1.45
3 Emma Lowry		EDN	1.55	3 Helen Lambert	U17	GHD 1.40
4 Louise Calder	U17	TFV	1.50	4 Isla Winchester	U17	KGA 1.30
5 Jess Elsworth	U17	COY	1.50	5 Amy Grant		TFV 1.30
6 Alisha Casement		MNC	1.50			
7 Laura Simpson		KGA	1.45			
8 Sophie Bell-Morgan		LVL	1.40			
W Javelin Throw A				W Javelin Throw B		
1 Aeron Mellish	U17	KGA	30.03	1 Hannah Evenden		EDN 27.56
2 Nicky McMutrie	U17	EDN	29.77	2 Rachael McIntyre	U17	GHD 25.02
3 Jess Elsworth	U17	COY	27.84	3 Suzanne Woodward		LVL 18.75
4 Sarah Ryan	U17	MNC	27.08	4 Kirsty Taylor	U17	COY 18.21
5 Sophie Moorby		GHD	26.48	5 Myra Perkins		TFV 14.95
6 Jenny Crilly		TFV	23.61	6 Alix Barton	U17	MNC 10.76
7 Sarah Gray	U17	GSW	20.48	7 Katie Riches		GSW 9.94
8 Zoe Woodward	U17	LVL	19.40			
W Long Jump A				W Long Jump B		
1 Sarah Warnock		EDN	5.81+3.2	1 Lucinda Logan		GSW 5.01+2.3
2 Andrea Gaffney	U17	GSW	5.50+2.5	2 Jemma Learmonth	U17	TFV 4.90+3.3
3 Emma Pringle	U17	GHD	5.45+2.1	3 Molly Cockburn		MNC 4.83+2.5
4 Louise Anderson	U17	TFV	5.24+1.0	4 Emma Lowry		EDN 4.82+4.5
5 Rayne Allman	U17	MNC	4.97+5.0	5 Hannah Pringle	U17	GHD 4.50+3.5
6 Laura Simpson		KGA	4.84+2.8	6 Isla Winchester	U17	KGA 3.94+3.7
7 Emma Wighton	U17	COY	4.55+2.6	7 Ruth Hill		COY 3.70+3.4
8 Sian Gilgeous		LVL	4.24+1.2			
W Pole Vault A				W Pole Vault B		
1=Joanne Lawton		GHD	2.00	1=Amie Hall	U17	GHD 2.00
1=Isla Winchester	U17	KGA	2.00	1=Katie Riches		GSW 2.00
1=Sian Gilgeous		LVL	2.00			
1=Samara Mottersham	U17	MNC	2.00			
1=Emma Lowry		EDN	2.00			
1=Amy Grant		TFV	2.00			
1=Caroline Adams		GSW	2.00			
W Shot Putt A				W Shot Putt B		
1 Hannah Evenden		EDN	12.30	1 Nicky McMutrie	U17	EDN 9.45
2 Emma Pringle		GHD	10.63	2 Sarah Ryan	U17	MNC 8.55
3 Rayne Allman	U17	MNC	9.58	3 Hannah Pringle	U17	GHD 7.53
4 Sophie Bell-Morgan		LVL	9.00	4 Mhyra Perkins		TFV 7.01
5 Rhianydd Parry		TFV	8.06	5 Suzanne Woodward		LVL 6.87
6 Laura Skelton	U17	COY	7.32	6 Claire Lebond		COY 6.79
7 Alison Innes	U17	GSW	7.00	7 Christina Clark	U17	GSW 6.38
8 Lauren McManus		KGA	6.75	8 Aeron Mellish	U17	KGA 5.76
W Triple Jump A				W Triple Jump B		
1 Emma Pringle		GHD	11.84+2.9	1 Hannah Pringle	U17	GHD 10.34+2.4
2 Sarah Warnock		EDN	11.75+1.7	2 Samara Mottersham	U17	MNC 9.67+1.9

3	Andrea Gaffney	U17	GSW	11.49+2.3	3	Ailsa Mackie	U17	EDN	9.61+1.7
4	Louise Anderson	U17	TFV	10.67+3.0	4	Katie Riches	GSW	9.01+1.5	
5	Molly Cockburn	U17	MNC	10.60+0.9					
6	Laura Simpson		KGA	9.86+3.7					
7	Emma Wighton	U17	COY	9.43+0.9					
8	Hannah Whitehead		LVL	9.00+1.3					

W 4x100m Relay

1	EDN	49.10	1	Sarah Warnock	2	Lesley Campbell			
			3	Amy Rogers	4	Rebecca Caswell	U17		
2	MNC	49.49	1	Tyra Watson	2	Brogan Crowley	U17		
			3	Jennifer Simmons	4	Sarah Ryan	U17		
3	KGA	50.27	1	Emma Gordon	2	Lauren McManus			
			3	Jessica Barrows	4	Bethanie Finlayson	U17		
4	LVL	50.43	1	Ashley Helsby	2	Sophie Bell-Morgan			
			3	Carmen Gedling	4	Lauren Brennan			
5	GHD	51.41	1	Rachel Clough	2	Jayne Hansom	U17		
			3	Jenny Ellis	4	Beth Wynter	U17		
6	GSW	51.87	1	Chloe Lambert	2	Lucinda Logan			
			3	Kirsty Barr	4	Emma Brown	U17		
7	TFV	53.14	1	Louise Anderson	2	Jemma Learmonth	U17		
			3	Louise Calder	4	Jennifer Hutchison			
8	COY	55.60	1	Jess Elsworth	2	Abbi Hardy-Mayo	U17		
			3	Laura Skelton	4	Emma Wighton	U17		

W 4x400m Relay

1	GSW	3.57.22	1	Holly Young	2	Rebecca Finch	U17		
			3	Diane Ramsey	4	Jennifer Hanna	U17		
2	MNC	3.58.34	1	Jennifer Simmons	2	Alisha Casement			
			3	Tyra Watson	4	Sarah Simeen			
3	LVL	4.04.53	1	Zoe Woodward	2	Lauren Brennan	U17		
			3	Amy Talbot	4	Carmen Gedling			
4	TFV	4.08.28	1	Jennifer Hutchison	2	Rachael Adamson	U17		
			3	Sarah Inglis	4	Amanda Campbell			
5	EDN	4.16.60	1	Fiona Cleat	2	Caitlin Froude	U17		
			3	Emily Dudgeon	4	Faye Kerney	U17		
6	GHD	4.23.26	1	Nicola Pearson	2	Emma Masson			
			3	Rebecca Ferguson	4	Stephanie Loraine			
7	KGA	4.31.84	1	Iona Brodie	2	Louisa Stewart	U17		
			3	Kathryn Pennel	4	Lauren McManus	U17		

M 4x100m Relay

1	GSW	44.05	1	David Clark	2	Calum Innes			
			3	Daniel Chapman	4	Mathew Cummings	U17		
2	MNC	44.41	1	Nayef Abed	2	Nathan Roach			
			3	Victor Neyubaho	4	James Hardy			
3	TFV	44.65	1	Grant Isdale	2	Kyle Henderson	U17		
			3	Ryan Scott	4	Callum Woods			
4	EDN	44.92	1	Gareth Robertson	2	Allan Hamilton	U17		
			3	Corey Hastings	4	Tom Holligan			
5	KGA	46.04	1	Ross Kilvington	2	James McLaren	U17		
			3	Luke Kelly	4	Surasak Suksamer	U17		
6	LVL	46.28	1	Jordan Riviere	2	Joe Crawford	U17		
			3	Daniel Murphy	4	Terry Mullins	U17		
7	GHD	46.42	1	Ben Porter	2	Richard Hall	U17		
			3	Abdumunem Kurkmas	4	Brett Daley	U17		
8	COY	47.94	1	Liam Deigan	2	Jamie Garbutt	U17		
			3	Tom Kimpson	4	Curtis Colhoun	U17		

M 4x400m Relay

1	EDN	3.20.85	1	Guy Learmouth	U17	2	Ross Matheson	
			3	Josh Crawford	U17	4	Greg Loudon	
2	GSW	3.21.10	1	Gregor Innes		2	Stuart Ross	
			3	Alan Ramsay		4	Gary McBride	U17
3	KGA	3.26.31	1	Ewan Dyer	U17	2	Gareth Lamb	
			3	Ian McLaren	U17	4	Anthony Young	U17
4	GHD	3.30.80	1	Andrew Richardson		2	Greg Urwin	
			3	Tom Marper		4	Liam Baister	
5	COY	3.31.98	1	James Buck	U17	2	Ollie Palmer	
			3	Tom Kimpson	U17	4	Ryan Buck	U17
6	MNC	3.32.76	1	Josh Oguntayo	U17	2	Joel Mukunda	U17
			3	William McKeown	U17	4	James Wignall	
7	LVL	3.35.06	1	Daniel Yip		2	Laurie Luscombe	
			3	Mike Bush		4	Patrick Boyland	
8	TFV	DISQ						

PRIOR STANDINGS				MATCH RESULT				LEAGUE STANDINGS			
	Event	Lge		Event	Lge		Event	Lge		Event	Lge
1	EDN	1497	22	1	GSW	520.14	8	1	Team Glasgow	2018.1429	
2	GSW	1498	21	2	MNC	462.14	7	2	Team Edinburgh	1942.1428	
3	MNC	1469	20	3	EDN	445.14	6	3	City of Manchester	1931.1427	
4	TFV	1210.5	13	4	GHD	397.64	5	4	Team Forth Valley	1584.6417	
5	KGA	1150.5	10	5	TFV	374.14	4	5	Gateshead Harriers & AC	1433.6415	
6	GHD	1036	10	6	LVL	316.14	3	6	Kingdom Athletics	1458.1412	
7	LVL	1137.5	8	7	KGA	307.64	2	7	Liverpool Harriers & AC	1453.6411	
8	COY	873.5	4	8	COY	265	1	8	City of York	1138.5	5

**Athlete of the Match:** Gregor Maclean  
Sarah Warnock

#### GUEST RESULTS

Mens Long Jump				Womens 400m Hurdles			
1	Jordan Newport	EDN	5.92	1	Alisha Casement	EDN	66.04
2	Cory Hastings	EDN	5.56				
Mens 100m				Womens 100m			
1	Grant Woodhouse	GSW	12.56	1	Lesley Campbell	EDN	13.32
2	Terry Mulllins	LVL	13.05	2	Rebecca Caswell	EDN	13.62
3	Shaun Spence	EDN	13.12	3	Clair McDonald	KGA	14.80
4	Leon La	LVL	13.36				
Womens 800m				Mens 400m			
1	Catriona Lockie	KGA	2.20.77	1	Ewan Dyer	KGA	52.97
				2	Ian McLaren	KGA	54.49
Womens 3000m				Womens 200m			
1	Claire McAulay	KGA	12.01.74	1	Emma Brown	KGA	26.86
2	Sarah Hills	GHD	12.56.28				
3	Megan Gaffry	EDN	15.40.26				
Mens 1500m				Womens 1500m S/C			
1	Tom Watson	TFV	5.22.14	1	Lana Turnbull	TFV	5.56.95
Womens Pole Vault				Mens Pole Vault			
1	Isla Winchester	KGA	2.90	1	Patrick O'Donnell	COY	3.50
1	Caroline Adams	GSW	2.90				
3	Amy Grant	TFV	2.45				