

M 100m A	Wind +4.6 m/s	M 100m B	Wind +2.0 m/s
1 Joseph Kibirige	GHD 10.72	1 Oliver Back	LVL 10.99
2 Nyef Abed	SAL 10.88	2 Nathan Roach	SAL 11.07
3 Allan Hamilton	EDN 11.07	3 Isaiah Symonds	EDN 11.22
4 Surasak Suksamer	KGA 11.30	4 Ben Poter	U17 GHD 11.86
5 Grant Isdale	TFV 11.49	5 John Mulhern	U17 GSW 11.92
6 Jamie Garbutt	U17 COY 11.67	6 Chad Stephson	COY 11.99
7 David Kerr	U17 GSW 12.17	7 Luke Kelly	U17 KGA 12.16

M 200m A		M 200m B	Wind +2.8 m/s
1 James Hunter	LVL 22.1	1 Tony Corrigan	LVL 22.40
2 Joseph Kibirige	GHD 22.1	2 Josh Crawford	EDN 22.72
3 Kyle Henderson	U17 TFV 22.3	3 Surasak Suksamer	KGA 22.95
4 Nyef Abed	SAL 22.4	4 Nathan Roach	SAL 23.67
5 Anthony Young	U17 KGA 22.6	5 Grant Isdale	TFV 23.69
6 Scott Hughson	EDN 22.8	6 Adam Rowland	GHD 23.89
7 Craig Walker	U17 GSW 23.7	7 John Mulhern	U17 GSW 24.15
8 Richard Wilcock	COY 28.3		

M 400m A		M 400m B	
1 James Hunter	LVL 48.52	1 Sean Hood	EDN 50.37
2 Greg Loudon	EDN 49.16	2 Daniel Yip	LVL 51.30
3 Anthony Young	U17 KGA 50.35	3 Gareth Lamb	KGA 51.79
4 Adam Rowland	GHD 51.72	4 Craig Walker	U17 GSW 51.80
5 Martin Paterson	U17 TFV 52.33	5 Liam Baister	GHD 52.87
6 Daniel Chapman	GSW 54.15	6 Lewis Grant	TFV 54.11
7 Kieran Smith	COY 63.47	7 Mark Pinder	COY 67.89

M 800m A		M 800m B	
1 Guy Learmonth	EDN 1.58.53	1 Alan Ramsay	GSW 1.58.61
2 Greg Urwin	GHD 1.58.82	2 Peter Loudon	EDN 2.03.56
3 Sean Reily	TFV 1.59.26	3 James Wisnall	SAL 2.04.18
4 Gary McBride	U17 GSW 1.59.89	4 Iain Lynn	COY 2.08.14
5 David Devine	LVL 2.01.45	5 Jonathan Turnbull	GHD 2.10.54
6 Jamie Roden	SAL 2.02.06	6 Tom Fleming	KGA 2.11.63
7 Michael Overand	U17 KGA 2.04.10		
8 Kieran Smith	COY 2.13.72		

M 1500m A		M 1500m B	
1 Stuart Ross	GSW 4.07.85	1 Alan Ramsay	GSW 4.09.74
2 Ross Matheson	EDN 4.09.13	2 Steven Lyall	U17 KGA 4.15.44
3 Matthew White	KGA 4.09.59	3 Tom Watson	U17 TFV 4.17.33
4 Robert Inglis	TFV 4.14.00	4 Fraser Scott	EDN 4.25.85
5 Ryan Worland	SAL 4.14.56	5 Jonathan Turnbull	GHD 4.38.92
6 Kieran Smith	COY 4.27.33		
7 Liam Baister	GHD 4.28.90		
8 Ben Brown	LVL 4.31.18		

M 3000m A		M 3000m B	
1 Andrew Crichton	EDN 8.52.16	1 Alex Hendry	TFV 8.53.12
2 Scott McDonald	TFV 8.52.99	2 Fraser Scott	EDN 9.12.89
3 Sean Fontana	GSW 9.15.05	3 Stephen Fleming	GSW 9.18.71
4 Iain Lynn	COY 9.34.20	4 Tom Fleming	KGA 13.29.26
5 Mark Buchan	U17 KGA 9.56.39		
6 Craig Birch	GHD 10.23.81		

M 110mH A	Wind +1.0 m/s	M 110mH B	Wind +2.5 m/s
1 Jack Meredith	LVL 14.09	1 Ben Daye	U17 SAL 17.17
2 Jack Andrew	SAL 15.01	2 Stuart McIlreavy	EDN 17.25
3 Toby Harris	EDN 15.80	3 Mark Pinder	COY 24.94
4 Anthony Burnell	GHD 16.65		
5 Oliver Bird	U17 COY 21.60		

M 400mH A		M 400mH B	
1 Jon Croasdale	LVL 56.71	1 Toby Harris	EDN 59.11
2 Stuart McIlreavy	EDN 63.57	2 Ben Lewis	SAL 67.47
3 Ben Daye	SAL 64.57		
4 Lachlan Oates	GSW 68.37		
5 Ross Milne	U17 TFV 69.58		
6 Mark Pinder	COY 79.65		

M 2000m Sc A		M 2000m Sc B	
1 Matt Jackson	SAL 6.12.15	1 James Wisnall	SAL 6.49.05
2 Lachlan Oats	GSW 6.16.89	2 Marc Robson	EDN 7.14.33
3 Fraser Mann	EDN 6.36.27		
4 Iain Lynn	COY 6.43.15		
5 Ryan McIntosh	U17 KGA 7.09.62		
6 Ross Milne	U17 TFV 7.17.15		
7 Craig Birch	GHD 7.47.29		

M Discus Throw A		M Discus Throw B	
1 Daniel Carlin	GSW 50.93	1 Chris Barnes	U17 GSW 33.44
2 Adam Davies	SAL 35.47	2 Jack Andrew	SAL 32.53
3 James Sanney	LVL 32.65	3 Anthony Burnell	GHD 31.94
4 Ross McManus	U17 KGA 32.57	4 Jonathan Murray	EDN 28.15
5 Graeme Fairbairn	GHD 31.26	5 Edmund Reid	U17 TFV 26.75
6 Kyle Randells	TFV 30.53	6 Adam Reynolds	LVL 25.23
7 Myles Paterson	EDN 28.75	7 Ryan Knight	KGA 19.42
8 Oliver Bird	U17 COY 24.11		

M Hammer Throw A		M Hammer Throw B	
1 Adam Davies	SAL 53.39	1 Edmund Reid	U17 TFV 42.81
2 Kyle Randells	TFV 49.40	2 Daniel Carlin	GSW 38.13
3 Ross McManus	U17 KGA 47.06	3 Nathan Morris	U17 SAL 33.67
4 Nicky Stone	U17 GSW 44.02	4 James Sanney	LVL 23.49
5 Adam Reynolds	LVL 42.76	5 Liam Baister	GHD 14.82
6 Graeme Fairbairn	GHD 38.76	6 Dean Murray	EDN 14.11
7 Jonathan Murray	EDN 29.92	7 Kieran Smith	COY 11.74
8 Richard Wilcock	COY 18.56	8 Kevin Ireland	KGA 8.84

M High Jump A		M High Jump B	
1 Greg Boyd	TFV 1.95	1 James Davies	SAL 1.90
2 David Smith	GSW 1.95	2 Mathew Kerr	U17 GSW 1.85
3 Jack Andrew	SAL 1.90	3 Fraser Weir	TFV 1.75
4 Anthony Burnell	GHD 1.90	4 Alex Bright	GHD 1.75
5 Corey Hastings	EDN 1.80	5 Shaun Spence	EDN 1.65
6 Liam Diegan	U17 COY 1.80	6 Oliver Bird	U17 COY 1.65
7 Donald Tod	KGA 1.65	7 Marcus Adams	U17 KGA 1.55

M Javelin Throw A			M Javelin Throw B		
1	Ryan Knight	KGA 58.78	1	Gregor Maclean	EDN 43.07
2	Myles Paterson	EDN 46.84	2	James Davies	SAL 36.26
3	Jack Andrew	SAL 41.01	3	Chad Stephson	COY 35.78
4	Graeme Fairbairn	GHD 39.35	4	Kevin Ireland	KGA 27.14
5	Liam Diegan	U17 COY 39.00	5	John McOmish	TFV 25.19
6	Kyle Randells	TFV 32.92	6	Adam Rowland	GHD 18.45
7	Chris Barnes	U17 GSW 19.45	7	Nicky Stone	U17 GSW 17.74

M Long Jump A			M Long Jump B		
1	Allan Hamilton	EDN 6.86	1	Gary Plain	TFV 6.35
2	Kyle Henderson	U17 TFV 6.78	2	James Hardy	SAL 6.22
3	Anthony Burnell	GHD 6.76	3	Jordan Newport	EDN 5.96
4	Chad Stephson	COY 6.34	4	Alex Bright	GHD 5.75
5	Bradlie Houldsworth	SAL 6.33	5	Jamie Garbutt	U17 COY 5.65
6	Andrew Macfarlane	U17 GSW 6.24	6	Daniel Chapman	GSW 5.53
7	Donald Tod	KGA 6.23	7	Marcus Adams	U17 KGA 5.34

M Pole Vault A			M Pole Vault B		
1	Gregor Maclean	EDN 4.50	1	Jax Thoires	U17 GSW 4.20
2	Calum Sharp	GSW 4.40	2	Greg Appleby	U17 SAL 2.75
3	James Davies	SAL 4.20			
4	Chris Roose	LVL 3.60			
5	Grant Cryer	U17 GHD 2.75			
6	Kevin Ireland	KGA 2.75			
7	Richard Wilcock	COY 2.60			

M Shot Putt A			M Shot Putt B		
1	Daniel Carlin	GSW 15.95	1	Andrew McLaughlan	U17 GSW 13.57
2	Nathan Morris	U17 SAL 12.46	2	Ryan Knight	KGA 10.82
3	Kyle Randells	TFV 12.03	3	Edmund Reid	U17 TFV 10.80
4	Graeme Fairbairn	GHD 11.53	4	Anthony Burnell	GHD 10.63
5	Ross McManus	U17 KGA 11.06	5	James Sanney	LVL 10.31
6	Adam Reynolds	LVL 10.70	6	Adam Davies	SAL 10.24
7	Jonathan Byrne-Leitch	EDN 8.65	7	Gareth Robertson	EDN 8.62
8	Richard Wilcock	COY 7.99	8	Iain Lynn	COY 4.33

M Triple Jump A			M Triple Jump B		
1	James Hardy	SAL 14.20	1	David Clunie	GSW 13.56
2	Matthew Kerr	U17 GSW 13.74	2	Ben Lewis	U17 SAL 12.01
3	Donald Tod	KGA 12.74	3	Martin Paterson	U17 TFV 11.90
4	Chad Stephson	COY 12.62	4	Jamie Garbutt	U17 COY 11.51
5	Allan Hamilton	EDN 12.33	5	Peter Loudon	EDN 11.41
6	Fraser Weir	U17 TFV 12.29	6	Matthew Turnbull	GHD 9.14
7	Ben Poter	GHD 12.26			

W 100m A			W 100m B		
		Wind +3.6 m/s			Wind +1.3 m/s
1	Hope Robertson	EDN 12.40	1	Lesley Campbell	EDN 12.74
2	Carmen Gedling	LVL 12.48	2	Brogan Crowley	U17 SAL 12.82
3	Danielle Rooney	SAL 12.57	3	Andrea Gaffney	U17 GSW 13.13
4	Beth Finalyson	U17 KGA 12.62	4	Jess Foster	COY 13.14
5	Chloe Lambert	U17 GSW 12.68	5	Kirsty Armstrong	U17 KGA 13.50
6	Faye Bowles	GHD 12.72	6	Jenny Ellis	GHD 13.62
7	Becky Campsall	COY 12.86	7	Beth Hughes	U17 LVL 14.32
8	Louise Anderson	U17 TFV 13.30			

W 200m A			Wind +4.4 m/s	W 200m B			Wind +2.6 m/s
1	Beth Finalyson	U17	KGA 25.22	1	Carmen Gedling		LVL 25.28
2	Hope Robertson		EDN 25.49	2	Brogan Crowley	U17	SAL 25.91
3	Jennifer Simmons		SAL 25.80	3	Lesley Campbell		EDN 25.99
4	Lauren Brennan		LVL 25.93	4	Diane Ramsay	U17	GSW 26.02
5	Becky Campsall		COY 26.49	5	Jenny Tan		KGA 26.06
6	Roisin Howat	U17	GSW 26.86	6	Emma Masson		GHD 26.80
7	Jennifer Hutchison		TFV 26.91	7	Ruth Hill		COY 28.20
8	Faye Bowles		GHD 26.98	8	Sarah Dick		TFV 28.78
W 400m A				W 400m B			
1	Jenny Tan		KGA 56.29	1	Lauren Brennan		LVL 58.89
2	Carmen Gedling		LVL 57.56	2	Holly Belch		SAL 59.55
3	Jennifer Simmons		SAL 58.63	3	Rachael Anderson	U17	TFV 61.59
4	Emma Masson		GHD 58.78	4	Eiona Frew		EDN 62.01
5	Amanda Campbell		TFV 59.39	5	Stephanie Loraine	U17	GHD 63.77
6	Jennifer Hannah		GSW 59.69	6	Rebecca Hart	U17	GSW 65.51
7	Caitlin Froude		EDN 60.77	7	Hannah Higginson		COY 65.88
8	Ruth Brandon		COY 63.96	8	Courtney Wilkinson		KGA 66.32
W 800m A				W 800m B			
1	Sarah Inglis		TFV 2.15.10	1	Catriona Lockie		GSW 2.19.59
2	Emily Stewart		KGA 2.15.30	2	Iona Brodie	U17	KGA 2.20.43
3	Rebecca Finch		GSW 2.18.33	3	Karen Glover		TFV 2.25.89
4	Emma Wakefield		LVL 2.23.20	4	Laura Robertson	U17	EDN 2.42.05
5	Sam Blair	U17	EDN 2.29.09				
6	Amanda Watt	U17	GHD 2.30.71				
7	Lauren Jackson		SAL 2.55.67				
W 1500m A				W 1500m B			
1	Sarah Kelly	U17	KGA 4.26.33	1	Rebecca Finch		GSW 4.50.07
2	Holly Young	U17	GSW 4.42.59	2	Kathryn Pennel	U17	KGA 5.07.17
3	Emily Dugeon	U17	EDN 4.43.02	3	Lanna Turnbull		TFV 5.36.63
4	Sophie Whiteside		LVL 4.57.58	4	Stephanie Loraine	U17	GHD 5.38.70
5	Rachael Adamson	U17	TFV 5.02.67	5	Becky James		COY 5.47.42
6	Amanda Watt	U17	GHD 5.38.66				
7	Hannah Higginson		COY 5.45.22				
W 3000m A				W 3000m B			
1	Kathryn Pennel	U17	KGA 10.30.08	1	Deborah Hannah	U17	GSW 10.54.81
2	Laura Goodson		EDN 10.32.20	2	Rachael McIlwraith		TFV 12.25.55
3	Claire McAulay		GSW 10.54.10	3	Becky James		COY 12.38.28
4	Lanna Turnbull		TFV 11.57.05	4	Jane Wood	U17	GHD 13.25.98
5	Hannah Higginson		COY 12.27.62				
6	Lauren Jackson		SAL 12.33.56				
7	Amie Hall	U17	GHD 13.04.56				
W 100mH A			Wind +3.2 m/s	W 100mH B			Wind +2.5 m/s
1	Danielle Rooney		SAL 14.65	1	Rayne Allman		SAL 15.12
2	Sophie Bell-Morgan		LVL 15.62	2	Kirsty Barr		GSW 16.46
3	Heather Rankin		GSW 15.66	3	Megan Gaffney		EDN 18.27
4	Emma Gordon		KGA 17.03	4	Laura Simpson		KGA 18.84
5	Louise Calder		TFV 19.13				
6	Lauren Stoddart		EDN 19.37				

W 400mH A

1 Holly Belch	SAL	62.63
2 Lauren Stoddart	EDN	66.39
3 Emma Gordon	KGA	68.11
4 Jennifer Hutchison	TFV	69.45
5 Rebecca Hart	U17 GSW	72.13
6 Jane Wood	U17 GHD	79.17

W 400mH B

1 Halina Rees	U17 KGA	66.82
2 Lateefa Burton	SAL	66.97
3 Jennifer Calaghan	U17 GSW	74.53
4 Stephanie Loraine	U17 GHD	77.33
5 Megan Gaffney	EDN	78.98

W 1500m Sc A

1 Sarah Inglis	TFV	5.19.07
2 Lauren Stoddart	EDN	5.25.81
3 Amy Talbot	LVL	5.28.12
4 Madeline Murray	U17 GSW	5.32.75
5 Ciara Ellis	U17 KGA	5.39.57
6 Lateefa Burton	SAL	5.46.33
7 Claire Lilley	COY	5.57.90

W 1500m Sc B

1 Amanda Campbell	TFV	5.51.71
2 Hannah Higginson	COY	7.34.30

W Discus Throw A

1 Hannah Evenden	EDN	43.21
2 Rhianydd Parry	TFV	36.21
3 Kimberley Burt	GHD	32.88
4 Sally Webster	GSW	26.68
5 Brogan Crowley	U17 SAL	23.42
6 Karen Cairns	U17 KGA	21.97
7 Suzanne Woodward	LVL	21.21
8 Philippa Jones	COY	17.31

W Discus Throw B

1 Nicky McMurtie	U17 EDN	28.53
2 Jaqueline Plain	U17 TFV	24.41
3 Courtney McGuire	GSW	19.60
4 Rachael McIntyre	U17 GHD	18.49
5 Alix Barton	SAL	17.49
6 Aeron Mellish	U17 KGA	15.76
7 Chloe Mears	U17 LVL	11.61

W Hammer Throw A

1 Myra Perkins	TFV	54.99
2 Suzanne Woodward	LVL	37.50
3 Claire Lebond	COY	35.78
4 Jess Wilson	GHD	35.61
5 Sally Webster	GSW	29.31
6 Alix Barton	SAL	26.66
7 Kate Turnbull	U17 EDN	21.90
8 Lauren McManus	KGA	14.22

W Hammer Throw B

1 Jaqueline Plain	U17 TFV	39.51
2 Philippa Jones	COY	33.81
3 Chloe Mears	U17 LVL	23.39
4 Kimberley Burt	GHD	13.93
5 Lucinda Logan	GSW	13.71
6 Rayne Allman	U17 SAL	8.58
7 Karen Cairns	U17 KGA	6.40
8 Hannah Evenden	EDN	5.68

W High Jump A

1 Sophie Bell-Morgan	LVL	1.60
2 Emma Lowry	EDN	1.60
3 Kirsty Barr	GSW	1.60
4 Louise Calder	U17 TFV	1.55
5 Jennifer Simmons	SAL	1.50
6 Jane Wood	U17 GHD	1.40
7=Courtney Wilkinson	KGA	1.35
7=Jess Foster	COY	1.35

W High Jump B

1 Emma Nuttall	EDN	1.55
2 Lydia Morley	LVL	1.45
3=Amy Regan	SAL	1.40
3=Sarah Gray	U17 GSW	1.40
5 Jacqueline Watson	TFV	1.35
6 Hannah Pringle	U17 GHD	1.30

W Javelin Throw A

1 Lisa Glover		EDN	41.69
2 Aeron Mellish	U17	KGA	34.63
3 Rachael McIntyre	U17	GHD	28.28
4 Courtney McGuire		GSW	21.80
5 Amy Regan		SAL	20.70
6 Suzanne Woodward		LVL	20.59
7 Becky Campsall		COY	19.53
8 Myra Perkins		TFV	11.47

W Javelin Throw B

1 Bethany Valente	U17	EDN	33.07
2 Tiffany Robb	U17	KGA	22.32
3 Holly Belch		SAL	18.62
4 J		GHD	16.46
5 Alison Innes	U17	GSW	15.82
6 Kirsty Taylor		COY	15.78
7 Chloe Mears	U17	LVL	10.40

W Long Jump A

1 Sarah Warnock		EDN	5.70
2 Andrea Gaffney	U17	GSW	5.35
3 Louise Anderson		TFV	5.14
4 Antollah Rose	U17	SAL	5.08
5 Katy Tan	U17	KGA	5.05
6 Hannah Pringle	U17	GHD	4.62
7 Lydia Morley		LVL	4.36
8 Ruth Hill		COY	3.54

W Long Jump B

1 Lucinda Logan		GSW	4.94
2 Indea Garlick		SAL	4.80
3 Ailsa Mackie	U17	EDN	4.61
4 Laura Simpson		KGA	4.56
5 Louise Calder	U17	TFV	4.34
6 Joanne Lawton		GHD	4.02
7 Beth Hughes	U17	LVL	3.98
8 Jess Foster		COY	3.34

W Pole Vault A

1 Courtney McGuire		GSW	3.45
2 Isla Winchester	U17	KGA	3.10
3 Joanne Lawton		GHD	2.45
4 Amy Regan		SAL	2.15
5 Emma Lowry		EDN	2.00

W Pole Vault B

1 Robyn Smith	U17	KGA	2.15
2 Amie Hall	U17	GHD	2.00

W Shot Putt A

1 Hannah Evenden		EDN	13.31
2 Rayne Allman	U17	SAL	10.43
3 Sophie Bell-Morgan		LVL	9.78
4 Sally Webster		GSW	9.11
5 Rhianydd Parry		TFV	8.58
6 Karen Cairns		KGA	8.39
7 Kimberley Burt		GHD	8.08
8 Claire Lebond		COY	7.87

W Shot Putt B

1 Lisa Glover		EDN	11.39
2 Jess Wilson		GHD	7.77
3 Suzanne Woodward		LVL	7.18
4 Simone Galloway	U17	GSW	7.04
5 Myra Perkins		TFV	6.97
6 Holly Belch		SAL	6.77
7 Kirsty Armstrong	U17	KGA	6.71
8 Phillipa Jones		COY	5.56

W Triple Jump A

1 Ahtollah Rose	U17	SAL	11.98
2 Sarah Warnock		EDN	11.55
3 Andrea Gaffney	U17	GSW	11.10
4 Louise Anderson	U17	TFV	10.73
5 Laura Simpson		KGA	10.32
6 Jess Foster		COY	10.17
7 Hannah Pringle	U17	GHD	9.95
8 Beth Hughes	U17	LVL	9.79

W Triple Jump B

1 Emma Lowry		EDN	9.93
2 Lydia Morley		LVL	9.72
3 Indea Garlick		SAL	9.49
4 Lucinda Logan		GSW	9.43
5 Ruth Brandon		COY	9.41
6 Amie Hall		GHD	8.90
7 Rachael McIlwraith		TFV	8.76
8 Katy Tan	U17	KGA	7.95

W 4x100m Relay

1	EDN 49.38	1 Sarah Warnock		2 Hope Robertson	
		3 Lesley Campbell		4 Erin Froude	
2	SAL 49.56	1 Danielle Rooney		2 Rayne Allman	U17
		3 Jennifer Simmons		4 Brogan Crowley	U17
3	LVL 50.78	1 Emma Wakefield		2 Sophie Bell-Morgan	
		3 Carmen Gedling		4 Lauren Brennan	
4	KGA 51.14	1 Emma Gordon		2 Lauren McManus	
		3 Anna Robertson		4 Beth Finalyson	U17
5	GSW 51.32	1 Chloe Lambert	U17	2 Andrea Gaffney	U17
		3 Kirsty Barr		4 Heather Rankin	
6	COY 52.35	1 Jess Foster		2 Ruth Hill	
		3 Ruth Brandon		4 Becky Campsall	
7	GHD 52.83	1 Faye Bowles		2 Emma Masson	
		3 Jenny Ellis		4 Hannah Pringle	U17
8	TFV 53.12	1 Louise Anderson	U17	2 Jemma Learmonth	U17
		3 Louise Calder	U17	4	

W 4x400m Relay

1	GSW 4.00.44	1 Diane Ramsay	U17	2 Holly Young	U17
		3 Jennifer Hannah		4 Rebecca Finch	
2	KGA 4.01.36	1 Sarah Kelly	U17	2 Courtney Wilkinson	
		3 Emma Gordon		4 Jenny Tan	
3	SAL 4.01.96	1 Jennifer Simmons		2 Holly Belch	
		3 Amy Regan		4 Lateefa Burton	
4	LVL 4.03.15	1 Emma Wakefield		2 Lauren Brennan	
		3 Carmen Gedling		4 Amy Talbot	
5	EDN 4.04.73	1 Fiona Trew		2 Caitlin Froude	
		3 Emily Dugeon	U17	4 Faye Kearney	
6	TFV 4.20.09	1 Jennifer Hutchison		2 Rachael Adamson	U17
		3 Amanda Campbell		4 Sarah Inglis	
7	GHD 4.22.01	1 Amanda Watt	U17	2 Emma Masson	
		3 Faye Bowles		4 Stephanie Loraine	U17

M 4x100m Relay

1	LVL 42.75	1 Jon Croasdale		2 Oliver Back	
		3 Tony Corrigan		4 Jack Meredith	
2	EDN 43.65	1 Josh Crawford		2 Allan Hamilton	
		3 Matthew Jones		4 Sean Hood	
3	TFV 44.62	1 Grant Isdale		2 Kyle Henderson	U17
		3 Ryan Scott		4 Gary Plain	
4	SAL 44.76	1 Nyef Abed		2 Nathan Roach	
		3 Marcel Stevens		4 James Hardy	
5	GSW 45.40	1 John Mulhern	U17	2 Calum Sharp	
		3 Craig Walker	U17	4 Daniel Chapman	
6	KGA 45.48	1 Luke Kelly	U17	2 Anthony Young	U17
		3 Gareth Lamb		4 Surasak Suksamer	
7	COY 48.12	1 Jamie Garbutt	U17	2 Chad Stephson	
		3 Mark Pinder		4 Liam Diegan	U17

M 4x400m Relay

1	EDN	3.19.06	1	Sean Hood		2	Guy Learmonth	
			3	Scott Hughson		4	Greg Louden	
2	LVL	3.25.77	1	Daniel Yip		2	Jon Croasdale	
			3	James Hunter		4	Tony Corrigan	
3	KGA	3.27.33	1	Michael Overand	U17	2	Gareth Lamb	
			3	Matthew White		4	Anthony Young	
4	GSW	3.28.31	1	Stuart Ross		2	Alan Ramsay	
			3	Gary McBride	U17	4	Stephen Fleming	
5	GHD	3.34.57	1	Adam Rowland		2	Greg Urwin	
			3	Jonathan Turnbull		4	Liam Baister	
6	SAL	3.36.11	1	Jamie Roden		2	James Wisnall	
			3	Matt Jackson		4	James Davies	
7	TFV	3.37.94	1	Sean Reily		2	Lewis Grant	
			3	Craig McDowell		4	Martin Paterson	U17
8	COY	4.02.51	1	Kieran Smith		2	Oliver Bird	U17
			3	Richard Wilcock		4	Iain Lynn	

MATCH RESULT

LEAGUE STANDINGS Not Available

	Event	Lge
1	Team Edinburgh	496 8
2	Team Glasgow	457.5 7
3	Sale Harriers	438.5 6
4	Team Forth Valley	370 5
5	Kingdom Athletics	368.5 4
6	Gateshead Harriers & AC	317 3
7	Liverpool Harriers & AC	303 2
8	City of York A.C.	230.5 1

Athlete of the Match: Ryan Knight Kingdom Javelin 58.78m
Myra Perkins Team Forth valley Hammer 54.99m

JAVELIN

1 Oliver Bird	COY 38.45NWI
2 Jonathan Murray	EDN 30.89NWI
3 Pippa Valente	EDN 26.56NWI
4 Jonathan Fallas	TFV 24.96NWI
5 Nicky McMurtie	EDN NOHGT

Pole Vault

1 Ciara Elwis	KGA 2.15NWI
---------------	-------------

Long Jump

1 Corey Hastings	EDN 6.07NWI
2 Emma Lowry	EDN 4.75NWI
3 Catherine Clark	GSW 4.75NWI

Shot Putt

1 Nicky McMurtie	EDN 10.32NWI
------------------	--------------

High Jump

1 Lucinda Logan	GSW 1.50NWI
-----------------	-------------

Discus

1 Pippa Valente	EDN 26.64NWI
2 Dean Murray	EDN 20.88NWI

100m Men

	Wind +5.5 m/s
1 Jack Meredith	LVL 10.91
2 Sean Hood	EDN 11.16
3 Marcel Stevens	SAL 11.32
4 Gareth Robertson	EDN 11.47
5 Charles Burke	SAL 11.55
6 Bradlie Houldsworth	SAL 11.80
7 Shaun Spence	EDN 12.31

100m Women

	Wind +1.3 m/s
1 Becky Caswell	EDN 12.67
2 Hannah Crisp	EDN 13.05
3 Lauren McManus	KGA 13.22
4 Anna Robertson	KGA 13.33

200m Men

	Wind +3.1 m/s
1 Oliver Black	LVL 22.89
2 Gareth Robertson	EDN 23.18
3 Jonathan Byrne-Leitch	EDN 23.91