

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

- Men's 12 Stage Stage 1 - Provisional Results

Pos	Name	Club	Leg Time				
1	Tom Lancashire	Bolton Uni	27:37	30	Chris Price	WakefieldD	31:13
2	Jon Mellor	LiverpoolH A	27:46	31	Oliver Ziff	LeedsCAC B	31:22
3	J Taylor	MorpethH&A A	28:01	32	Paul Backhouse	ECH&TA	31:28
4	Matthew Watson	BingleyH&A	28:03	33	Jeff Prest	TraffordAC B	31:34
5	Dave Norman	Altrincham	28:08	34	Paul Turner	ElswickH	31:34
6	Chris Birchall	LeedsCAC A	28:11	35	Paul John Lowe	North York	31:40
7	Jonathon Gilby	Derby Ac	28:12	36	P Darbyshire	Wigan Phoe	31:43
8	Stuart Stokes	Sale Harri A	28:34	37	Mark Hulmston	Wirral Ac	31:48
9	Ben Fish	BlackburnH A	28:46	38	Ian Greenwood	ClaytonLMH	31:53
10	A Holliday	TraffordAC A	28:52	39	Robert West	GatesheadH A	32:04
11	Will Smith	Keighley&C	29:07	40	Mark Laitwaite	StHelensS	32:12
12	B Rushworth	Sunderland	29:12	41	Tony Lambert	SwaledaleR	32:26
13	Steve Bateson	EastHH&A	29:34	42	Nick Swifty	SheffieldR	32:28
14	Andy Thake	Hallamshir	29:46	43	Paul Leigh	Wallsend H	32:32
15	Andy Hilton	YorkARC	29:53	44	Wood-Robertson	Ilkley Har	32:39
16	Paul Mitchell	HeanorRC	29:58	45	A Langron	Holmfirth	33:04
17	Stewart Bell	ChesterLS&	30:02	46	J Leskiewicz	Beverley A	33:19
18	Ian Crampton	DurhamCH&A	30:06	47	S Myerscough	WeshamRR&A	34:03
19	Richard Hnt	Richmond&Z	30:23	48	Neil Morris	LowFell RC A	34:26
20	Tom Cunningham	BlackpoolW A	30:26	49	Roger Schultz	(BlackburnH B)	34:43
21	A Buttery	Rossendale	30:27	50	Paul Barrett	Sale Harri B	35:04
22	R Parrington	Lancaster	30:29	51	Emit McAteer	TraffordAC C	35:14
23	Iain Twaddle	NorthSPC A	30:32	52	C Walker	NorthSPC B	35:30
24	Bob Atkinson	Barrow&FSA	30:34	53	Peter Broome	(BlackpoolW B)	35:33
25	David Catt	LiverpoolH B	30:40	54	Kevin Connelly	GatesheadH B	35:45
26	James Johnson	KingstonUH	30:43	55	Michael Plint	CSheffield	36:05
27	David Lockett	(Salford Ha)	30:46	56	L Johnson	LowFell RC B	37:20
28	Tommy Henders	LeighH&A	30:48	57	Anthony Wood	BlackburnH C	40:30
29	Paul Humphries	Rotherham	30:55	58	*Not Declared*	Sale Harri C	2:26:53

- Men's 12 Stage Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Martin Roscoe	LeedsCAC A	15:06	43:17	+ 5	36	Mark Fenwick	Wallsend H	16:00	48:32 + 7
2	Richard Weir	Derby Ac	15:06	43:18	+ 5	37	Chris Wilson	Wigan Phoe	16:58	48:41 - 1
3	James Meldrum	LiverpoolH A	15:43	43:29	- 1	38	J Skidmore	North York	17:17	48:57 - 3
4	Ian Bowles	Bolton Uni	16:07	43:44	- 3	39	Ian Roberts	StHelensS	16:52	49:04 + 1
5	Terry Wall	MorpethH&A A	15:47	43:48	- 2	40	Keith Williams	Rotherham	18:11	49:06 - 11
6	James Bailey	Sale Harri A	15:15	43:49	+ 2	41	Mark Ketley	ElswickH	17:38	49:12 - 7
7	John Convery	BingleyH&A	16:04	44:07	- 3	42	D Williams	Beverley A	16:05	49:24 + 4
8	A Whittingham	Altrincham	16:26	44:34	- 3	43	Sid Cordle	SheffieldR	17:07	49:35 - 1
9	Blake Ellis	TraffordAC A	15:55	44:47	+ 1	44	Mark Dewhirst	Holmfirth	17:14	50:18 + 1
10	Jack Martin	Sunderland	16:02	45:14	+ 2	45	C Gale	Ilkley Har	17:43	50:22 - 1
11	Paul Whitelam	Hallamshir	15:35	45:21	+ 3	46	Les Cornwall	WeshamRR&A	16:57	51:00 + 1
12	Toby Banfield	BlackburnH A	16:51	45:37	- 3	47	Mark McDonald	LowFell RC A	16:38	51:04 + 1
13	R Stephenson	NorthSPC A	15:16	45:48	+ 10	48	A Shorrock	(BlackburnH B)	18:12	52:55 + 1
14	C Rainsford	HeanorRC	16:03	46:01	+ 2	49	Paul Rowley	Sale Harri B	18:11	53:15 + 1
15	Dan Garbutt	DurhamCH&A	16:12	46:18	+ 3	50	G Woodcock	TraffordAC C	18:41	53:55 + 1
16	L Hellawell	Keighley&C	17:20	46:27	- 5	51	Niall Cheyne	SwaledaleR	21:41	54:07 - 10
17	M Corbishley	Rossendale	16:05	46:32	+ 4	52	Chris Lloyd	(BlackpoolW B)	18:46	54:19 + 1
18	Geoff Seddon	BlackpoolW A	16:10	46:36	+ 2	53	Andrew Pulham	GatesheadH B	18:59	54:44 + 1
19	M Tomlinson	ChesterLS&	16:38	46:40	- 2	54	Ian Richardson	NorthSPC B	19:51	55:21 - 2
20	Jack Cutsforth	KingstonUH	15:58	46:41	+ 6	55	Bill Doidge	LowFell RC B	21:53	59:13 + 1
21	S Horsfield	ECH&TA	15:25	46:53	+ 11	56	Chris Wood	BlackburnH C	22:25	1:02:55 + 1
22	P Worthington	Lancaster	16:31	47:00	0	Fastest runners over stage 2:				
23	Ken Harker	Richmond&Z	16:44	47:07	- 4	1	Richard Weir	Derby Ac	15:06	
24	L Luscombe	LiverpoolH B	16:29	47:09	+ 1	2	Martin Roscoe	LeedsCAC A	15:06	
25	Scott Hughes	LeighH&A	16:26	47:14	+ 3	3	James Bailey	Sale Harri A	15:15	
26	Simon Bruton	(Salford Ha)	16:33	47:19	+ 1	4	R Stephenson	NorthSPC A	15:16	
27	Keith Joules	EastHH&A	17:46	47:20	- 14	5	S Horsfield	ECH&TA	15:25	
28	James Lavin	LeedsCAC B	16:10	47:32	+ 3	6	Paul Whitelam	Hallamshir	15:35	
29	David Hook	Barrow&FSA	17:14	47:48	- 5	7	James Meldrum	LiverpoolH A	15:43	
30	A Carmichael	GatesheadH A	15:51	47:55	+ 9	8	Terry Wall	MorpethH&A A	15:47	
31	Mike Raynes	YorkARC	18:18	48:11	- 16	9	A Carmichael	GatesheadH A	15:51	
32	Barry Brock	ClaytonLMH	16:24	48:17	+ 6	10	Blake Ellis	TraffordAC A	15:55	
33	Tom Madden	Wirral Ac	16:41	48:29	+ 4					
34	M Dodsworth	WakefieldD	17:17	48:30	- 4					
35	Richard Clancy	TraffordAC B	16:57	48:31	- 2					

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

- Men's 12 Stage Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Curtis Robb	LiverpoolH A	14:49	58:18	+ 2
2	J Wilkinson	LeedsCAC A	15:10	58:27	- 1
3	T Lawrence	DerbyAc	16:20	59:38	- 1
4	Tim Midgeley	BingleyH&A	15:41	59:48	+ 3
5	Ross Floyd	MorpethH&A A	16:18	1:00:06	0
6	D Brocklehurst	TraffordAC A	15:27	1:00:14	+ 3
7	Rob Jowett	Sale Harri A	16:29	1:00:18	- 1
8	David Shaw	Bolton Uni	16:39	1:00:23	- 4
9	Adam Dyson	Hallamshir	15:42	1:01:03	+ 2
10	Phil Nichol	Altrincham	16:38	1:01:12	- 2
11	Peter Matthews	BlackburnH A	16:03	1:01:40	+ 1
12	Carl Smith	ChesterLS&	15:23	1:02:03	+ 7
13	Robert Shaw	Keighley&C	15:46	1:02:13	+ 3
14	Tommy Brannon	NorthSPC A	16:55	1:02:43	- 1
15	Matthew Foggin	Sunderland	17:33	1:02:47	- 5
16	K Thompson	LiverpoolH B	15:57	1:03:06	+ 8
17	Steve Ashmore	HeanorRC	17:08	1:03:09	- 3
18	Adam Hulme	BlackpoolW A	16:39	1:03:15	0
19	Grant Cunliffe	Rossendale	17:06	1:03:38	- 2
20	William Martin	(Salford Ha)	16:20	1:03:39	+ 6
21	K Flannery	GatesheadH A	15:57	1:03:52	+ 9
22	Nel Pendlebury	LeighH&A	16:38	1:03:52	+ 3
23	Pete Steel	LeedsCAC B	16:24	1:03:56	+ 5
24	Peter Huck	Barrow&FSA	16:19	1:04:07	+ 5
25	Mark Hammond	Lancaster	17:16	1:04:16	- 3
26	Eddie Rex	EastHH&A	17:08	1:04:28	+ 1
27	Danny Vaughn	ECH&TA	17:38	1:04:31	- 6
28	David Ricketts	KingstonUH	17:52	1:04:33	- 8
29	Tom Hand	DurhamCH&A	18:27	1:04:45	- 14
30	J Donnelly	Wirral Ac	16:25	1:04:54	+ 3
31	Paul Roberts	Richmond&Z	17:49	1:04:56	- 8
32	D Safranausras	TraffordAC B	16:41	1:05:12	+ 3
33	Mark Hall	Wallsend H	17:08	1:05:40	+ 3
34	John Roche	ClaytonLMH	17:37	1:05:54	- 2
35	Brian Roberts	North York	17:01	1:05:58	+ 3
36	Mark Dowson	YorkARC	17:48	1:05:59	- 5
37	Steve Nicholls	Wigan Phoe	17:31	1:06:12	0
38	John Bell	ElswickH	17:23	1:06:35	+ 3
39	Glenn James	Rotherham	17:36	1:06:42	+ 1
40	John Appleton	StHelensS	17:47	1:06:51	- 1
41	Neil Dutton	WakefieldD	19:04	1:07:34	- 7
42	Ewart John	Holmfirth	17:32	1:07:50	+ 2
43	Ian Husband	BeverleyA	18:55	1:08:19	- 1
44	Gary Podmore	SheffieldR	19:20	1:08:55	- 1
45	Ralph Tench	Ilkley Har	18:42	1:09:04	0
46	George Russell	LowFell RC A	18:15	1:09:19	+ 1
47	J Bertenshaw	WeshamRR&A	18:40	1:09:40	- 1
48	F Cordingley	Sale Harri B	17:37	1:10:52	+ 1
49	Mark Emmett	(BlackburnH B)	19:22	1:12:17	- 1
50	Chris Burrows	GatesheadH B	17:51	1:12:35	+ 3
51	Mick Cronshaw	(BlackpoolW B)	20:43	1:15:02	+ 1
52	Stephen Atwell	NorthSPC B	21:24	1:16:45	+ 2
53	John Dawson	SwaledaleR	22:50	1:16:57	- 2
54	Kevin Kerrigan	LowFell RC B	21:12	1:20:25	+ 1
55	G Woodburn	BlackburnH C	20:42	1:23:37	+ 1

Fastest runners over stage 3:

1	Curtis Robb	LiverpoolH A	14:49
2	J Wilkinson	LeedsCAC A	15:10
3	Carl Smith	ChesterLS&	15:23
4	D Brocklehurst	TraffordAC A	15:27
5	Tim Midgeley	BingleyH&A	15:41
6	Adam Dyson	Hallamshir	15:42
7	Robert Shaw	Keighley&C	15:46
8	K Flannery	GatesheadH A	15:57
9	K Thompson	LiverpoolH B	15:57
10	Peter Matthews	BlackburnH A	16:03

- Men's 12 Stage Stage 4 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Alan Buckley	LeedsCAC A	28:00	1:26:27	+ 1
2	Adam Peers	LiverpoolH A	29:08	1:27:26	- 1
3	Gareth Raven	Sale Harri A	27:48	1:28:06	+ 4
4	Colin Hawkins	DerbyAc	28:31	1:28:09	- 1
5	M Whitfield	BingleyH&A	28:55	1:28:43	- 1
6	Alex O'Gorman	TraffordAC A	29:23	1:29:37	0
7	Ian Fisher	Altrincham	29:15	1:30:27	+ 3
8	Nick Swinburn	MorpethH&A A	30:26	1:30:32	- 3
9	Dean McGarry	DISQUALIFIED	18:41	1:30:58	+ 40
10	Anthony Ford	BlackpoolW A	27:44	1:30:59	+ 8
11	A Valentine	Bolton Uni	31:12	1:31:35	- 3
12	Paul Guinan	BlackburnH A	30:56	1:32:36	- 1
13	Carl Hardman	(Salford Ha)	29:00	1:32:39	+ 7
14	Steven Potts	Sunderland	29:54	1:32:41	+ 1
15	T Boardman	LeighH&A	29:15	1:33:07	+ 7
16	Ben Radbourne	HeanorRC	30:00	1:33:09	+ 1
17	Alex Smith	Hallamshir	32:14	1:33:17	- 8
18	Chris Loftus	Keighley&C	31:09	1:33:22	- 5
19	Jonathan Frost	EastHH&A	29:00	1:33:28	+ 7
20	D McParland	Lancaster	30:16	1:34:32	+ 5
21	James Shaw	ECH&TA	30:09	1:34:40	+ 6
22	Rob Hand	DurhamCH&A	30:14	1:34:59	+ 7
23	David Old	ChesterLS&	33:06	1:35:09	- 11
24	M Thompson	GatesheadH A	31:29	1:35:21	- 3
25	Terry West	NorthSPC A	32:46	1:35:29	- 11
26	Martin Farran	LeedsCAC B	31:40	1:35:36	- 3
27	Garry Dixon	Barrow&FSA	31:37	1:35:44	- 3
28	Alan Woods	Wirral Ac	31:03	1:35:57	+ 2
29	Tom McKee	KingstonUH	31:48	1:36:21	- 1
30	John Orange	Richmond&Z	31:27	1:36:23	+ 1
31	Mark Metcalfe	YorkARC	31:13	1:37:12	+ 5
32	Dave Watson	Holmfirth	29:52	1:37:42	+ 10
33	Dave Bate	ClaytonLMH	32:05	1:37:59	+ 1
34	Ben Liu	TraffordAC B	33:11	1:38:23	- 2
35	M Ruddleston	Rotherham	31:49	1:38:31	+ 4
36	J Worthington	Wigan Phoe	32:40	1:38:52	+ 1
37	Gareth Huxley	Wallsend H	33:15	1:38:55	- 4
38	Chris Standish	Rossendale	35:57	1:39:35	- 19
39	Paul Dixon	ElswickH	33:19	1:39:54	- 1
40	Dez Fielden	North York	34:31	1:40:29	- 5
41	Ian Costello	StHelensS	33:55	1:40:46	- 1
42	Paul Davidson	Ilkley Har	32:13	1:41:17	+ 3
43	Paul Hallas	WakefieldD	33:46	1:41:20	- 2
44	Chris Ireland	SheffieldR	33:09	1:42:04	0
45	Phil Burn	BeverleyA	34:00	1:42:19	- 2
46	Karl Lee	WeshamRR&A	33:05	1:42:45	+ 1
47	Jon Stephens	LowFell RC A	34:06	1:43:25	- 1
48	George Kirk	Sale Harri B	33:02	1:43:54	0
49	Eddie Broome	(BlackpoolW B)	33:29	1:48:31	+ 2
50	Steven Medd	GatesheadH B	36:40	1:49:15	0
51	Shane Gray	SwaledaleR	35:00	1:51:57	+ 2
52	David Morris	NorthSPC B	37:40	1:54:25	0
53	Ross Daglish	LowFell RC B	37:03	1:57:28	+ 1
54	K Broughton	BlackburnH C	39:14	2:02:51	+ 1

Fastest runners over stage 4:

1	Dean McGarry	DISQUALIFIED	18:41
2	Anthony Ford	BlackpoolW A	27:44
3	Gareth Raven	Sale Harri A	27:48
4	Alan Buckley	LeedsCAC A	28:00
5	Colin Hawkins	DerbyAc	28:31
6	M Whitfield	BingleyH&A	28:55
7	Jonathan Frost	EastHH&A	29:00
8	Carl Hardman	(Salford Ha)	29:00
9	Adam Peers	LiverpoolH A	29:08
10	T Boardman	LeighH&A	29:15
11	Ian Fisher	Altrincham	29:15

Northern Athletics Road Relays

at Catterick Garrison on Sunday 6th April 2008

- Men's 12 Stage Stage 5 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Martin Hilton	LeedsCAC A	15:24	1:41:51	0	34	Paul Targett	ClaytonLMH	17:45	1:55:44 - 1
2	C Gunderson	LiverpoolH A	15:30	1:42:56	0	35	Peter Shaw	Rotherham	17:29	1:56:00 0
3	Ian Wetherall	Sale Harri A	16:29	1:44:35	0	36	Mark Morris	Wirral Ac	20:53	1:56:50 - 8
4	Lee Athersmith	BingleyH&A	15:58	1:44:41+	1	37	K Stephenson	ElswickH	17:58	1:57:52+ 2
5	Michael Sawrey	TraffordAC A	15:39	1:45:16+	1	38	Aaron Kelly	Rossendale	18:27	1:58:02 0
6	Paul Witcomb	Derby Ac	17:10	1:45:19 -	2	39	Roger Godley	North York	18:16	1:58:45+ 1
7	J Young	MorpethH&A A	15:40	1:46:12+	1	40	Chris Robson	Wallsend H	19:57	1:58:52 - 3
8	Luke Minns	BlackpoolW A	16:15	1:47:14+	2	41	John Atkinson	Ilkley Har	18:15	1:59:32+ 1
9	G Massingham	Sunderland	14:35	1:47:16+	5	42	Peter JohnDon	StHelensS	18:57	1:59:43 - 1
10	Robert Hughes	(Salford Ha)	16:00	1:48:39+	3	43	Tony Smith	WakefieldD	18:40	2:00:00 0
11	Andy Heyes	Hallamshir	15:46	1:49:03+	6	44	Nick Duggan	SheffieldR	18:31	2:00:35 0
12	Andy Ford	Altrincham	18:44	1:49:11 -	5	45	Steve Peacock	BeverleyA	19:13	2:01:32 0
13	Kieron Davis	HeanorRC	16:28	1:49:37+	3	46	Michael Graham	LowFell RC A	19:23	2:02:48+ 1
14	Peter Banks	BlackburnH A	17:09	1:49:45 -	2	47	Tim Rainey	Sale Harri B	19:14	2:03:08+ 1
15	Marko Guero	Keighley&C	16:38	1:50:00+	3	48	Martin Slater	GatesheadH B	15:23	2:04:38+ 2
16	B Higgins	Bolton Uni	18:37	1:50:12 -	5	49	David Young	WeshamRR&A	22:59	2:05:44 - 3
17	M Vinegrad	EastHH&A	17:21	1:50:49+	2	50	Jeff Wright	(BlackpoolW B)	17:51	2:06:22 - 1
18	John Indricks	LeighH&A	18:07	1:51:14 -	3	51	Steve Borlos	NorthSPC B	19:08	2:13:33+ 1
19	Michael Nolan	(BlackburnH B)	20:20	1:51:18 -	10	52	P Richardson	SwaledaleR	22:58	2:14:55 - 1
20	Chris Paton	GatesheadH A	16:12	1:51:33+	4	53	A Hargreaves	BlackburnH C	16:55	2:19:46+ 1
21	Mark Joynson	ECH&TA	16:56	1:51:36 0		54	Gordon Long	LowFell RC B	22:29	2:19:57 - 1
22	Jake Harman	LeedsCAC B	16:17	1:51:53+	4	Fastest runners over stage 5:				
23	Robert Hodges	KingstonUH	15:43	1:52:04+	6	1	G Massingham	Sunderland	14:35	
24	Mark Gardner	Lancaster	17:32	1:52:04 -	4	2	Martin Slater	GatesheadH B	15:23	
25	James Wardman	Richmond&Z	16:11	1:52:34+	5	3	Martin Hilton	LeedsCAC A	15:24	
26	Francis Turner	DurhamCH&A	17:37	1:52:36 -	4	4	C Gunderson	LiverpoolH A	15:30	
27	Sean Maley	NorthSPC A	17:23	1:52:52 -	2	5	Michael Sawrey	TraffordAC A	15:39	
28	Nick Goodliffe	Holmfirth	15:40	1:53:22+	4	6	J Young	MorpethH&A A	15:40	
29	James Metcalfe	YorkARC	16:22	1:53:34+	2	7	Nick Goodliffe	Holmfirth	15:40	
30	Dean Miller	Barrow&FSA	17:52	1:53:36 -	3	8	Robert Hodges	KingstonUH	15:43	
31	Peter Miller	ChesterLS&	18:56	1:54:05 -	8	9	Andy Heyes	Hallamshir	15:46	
32	James Bleakley	TraffordAC B	16:38	1:55:01+	2	10	Lee Athersmith	BingleyH&A	15:58	
33	Rod Hart	Wigan Phoe	16:46	1:55:38+	3					

- Men's 12 Stage Stage 6 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Arthur Cooke	LeedsCAC A	16:14	1:58:05	0	34	K Mitchell	ClaytonLMH	18:00	2:13:44 0
2	Harry Harper	LiverpoolH A	15:57	1:58:53	0	35	Anthony Devoy	Wirral Ac	18:05	2:14:55+ 1
3	Ian Hudspith	MorpethH&A A	14:19	2:00:31+	4	36	Ged Walsh	Rossendale	17:37	2:15:39+ 2
4	Chris Peach	Derby Ac	15:37	2:00:56+	2	37	Ian Fenwick	ElswickH	18:38	2:16:30 0
5	Colin Gell	Sale Harri A	16:23	2:00:58 -	2	38	Paul Godley	North York	18:26	2:17:11+ 1
6	Patrick Carey	BingleyH&A	16:38	2:01:19 -	2	39	William Green	Wallsend H	19:00	2:17:52+ 1
7	Michael Hunt	TraffordAC A	16:06	2:01:22 -	2	40	David Brown	Ilkley Har	18:44	2:18:16+ 1
8	Duncan Mason	DISQUALIFIED	13:54	2:02:33+	2	41	Ian Pass	StHelensS	18:48	2:18:31+ 1
9	Paul Given	Sunderland	16:23	2:03:39	0	42	Ian Boardley	BeverleyA	17:47	2:19:19+ 3
10	James Unsworth	BlackpoolW A	17:35	2:04:49 -	2	43	Dave Dawson	WakefieldD	20:22	2:20:22 0
11	Dave Thornton	BlackburnH A	16:20	2:06:05+	3	44	Carl Watson	LowFell RC A	18:22	2:21:10+ 2
12	Neil Walker	Altrincham	17:28	2:06:39	0	45	James Lee	SheffieldR	20:40	2:21:15 - 1
13	Adam McClean	Keighley&C	17:13	2:07:13+	2	46	William Fox	Sale Harri B	19:28	2:22:36+ 1
14	Luke James	HeanorRC	17:41	2:07:18 -	1	47	Richard Hall	GatesheadH B	18:09	2:22:47+ 1
15	Andrew Teate	GatesheadH A	15:46	2:07:19+	5	48	Dereck Buckley	WeshamRR&A	18:38	2:24:22+ 1
16	Nigel Sisson	EastHH&A	17:04	2:07:53+	1	49	P Lancaster	NorthSPC B	21:02	2:34:35+ 2
17	Steve O'Neill	LeedsCAC B	16:21	2:08:14+	5	50	Gary Davison	SwaledaleR	21:37	2:36:32+ 2
18	M Pierson	Holmfirth	14:58	2:08:20+	10	51	Jason Jones	BlackburnH C	17:57	2:37:43+ 2
19	Paul Turner	Bolton Uni	18:29	2:08:41 -	3	52	Allan Clark	LowFell RC B	24:59	2:44:56+ 2
20	Gavin Browne	ECH&TA	17:32	2:09:08+	1	53	Terry Bradshaw	(BlackpoolW B)	57:01	3:03:23 - 3
21	Philip Coulson	ChesterLS&	15:35	2:09:40+	10	Fastest runners over stage 6:				
22	Tadevz Zaranko	Richmond&Z	17:26	2:10:00+	3	1	Duncan Mason	DISQUALIFIED	13:54	
23	Darren Smith	LeighH&A	19:08	2:10:22 -	5	2	Ian Hudspith	MorpethH&A A	14:19	
24	Daniel Holiday	KingstonUH	18:18	2:10:22 -	1	3	M Pierson	Holmfirth	14:58	
25	Richard John	(BlackburnH B)	19:16	2:10:34 -	6	4	Philip Coulson	ChesterLS&	15:35	
26	John Carr	Lancaster	18:45	2:10:49 -	2	5	Chris Peach	Derby Ac	15:37	
27	David Shaw	Barrow&FSA	17:15	2:10:51+	3	6	Andrew Teate	GatesheadH A	15:46	
28	Graham Hogg	TraffordAC B	15:51	2:10:52+	4	7	Graham Hogg	TraffordAC B	15:51	
29	James Palmer	YorkARC	17:58	2:11:32	0	8	Harry Harper	LiverpoolH A	15:57	
30	Makinelliott	DurhamCH&A	20:05	2:12:41 -	4	9	Michael Hunt	TraffordAC A	16:06	
31	John Tuton	NorthSPC A	19:50	2:12:42 -	4	10	Arthur Cooke	LeedsCAC A	16:14	
32	Peter Neal	Rotherham	17:39	2:13:39+	3					
33	Kevin Edwards	Wigan Phoe	18:05	2:13:43	0					

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

- Men's 12 Stage Stage 7 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Simon Deakin	LeedsCAC A	28:30	2:26:35	0	33	Richard Taylor	(BlackburnH B)	36:03	2:46:37	- 8
2	John McCole	LiverpoolH A	28:58	2:27:51	0	34	John Nash	DurhamCH&A	34:20	2:47:01	- 4
3	Glen Comish	Sale Harri A	27:37	2:28:35+	2	35	Ian Pudge	Rossendale	33:23	2:49:02+	1
4	David Westbury	Derby Ac	29:26	2:30:22	0	36	Kevin Buxton	Wirral Ac	34:26	2:49:21 -	1
5	Ian Holmes	BingleyH&A	29:09	2:30:28+	1	37	R Bergstrand	North York	32:20	2:49:31+	1
6	Darren Talbot	TraffordAC A	29:54	2:31:16+	1	38	Barry Graney	StHelensS	33:38	2:52:09+	3
7	Ben Harrison	MorpethH&A A	30:48	2:31:19 -	4	39	Martin Crowe	ElswickH	35:40	2:52:10 -	2
8	Patrick Martin	Sunderland	28:37	2:32:16+	1	40	N Richardson	Ilkley Har	33:55	2:52:11	0
9	James Kovacs	(Salford H A)	30:34	2:33:07 -	1	41	Dave Anderson	Wallsend H	35:03	2:52:55 -	2
10	Phil Leybourne	BlackpoolW A	30:32	2:35:21	0	42	James McGivern	Beverley A	33:46	2:53:05	0
11	Matt Nuttall	BlackburnH A	30:22	2:36:27	0	43	Adam Knox	LowFell RC A	34:20	2:55:30+	1
12	Bill Crowther	Altrincham	31:15	2:37:54	0	44	Mike Quinn	SheffieldR	34:36	2:55:51+	1
13	Adrian Jones	Keighley&C	31:21	2:38:34	0	45	G Pendlebury	WeshamRR&A	32:38	2:57:00+	3
14	J Whitehead	LeedsCAC B	30:33	2:38:47+	3	46	Richard West	WakefieldD	36:46	2:57:08 -	3
15	Darren Ridout	HeanorRC	31:31	2:38:49 -	1	47	P Hindhaugh	GatesheadH B	37:31	3:00:18	0
16	Richard Smith	Holmfirth	32:30	2:40:50+	2	48	Simon Banfield	BlackburnH C	31:15	3:08:58+	3
17	Dan Spencer	Richmond&Z	31:09	2:41:09+	5	49	Paul Emson	SwaledaleR	35:13	3:11:45+	1
18	Andy Lyons	KingstonUH	30:53	2:41:15+	6	50	Martin Haddon	NorthSPC B	37:40	3:12:15 -	1
19	T Battersby	LeighH&A	31:00	2:41:22+	4	51	Colin Russell	LowFell RC B	37:10	3:22:06+	1
20	Ian Grewar	EastHH&A	33:51	2:41:44 -	4	52	Gary Johnston	DISQUALIFIED	20:17	3:23:40+	1
21	A Connally	ECH&TA	32:36	2:41:44 -	1	Fastest runners over stage 7:					
22	Sean McMyler	Bolton Uni	33:36	2:42:17 -	3	1	Gary Johnston	DISQUALIFIED	20:17		
23	James Raven	ChesterLS&	32:50	2:42:30 -	2	2	Glen Comish	Sale Harri A	27:37		
24	John Gibson	GatesheadH A	35:17	2:42:36 -	9	3	Simon Deakin	LeedsCAC A	28:30		
25	Andrew Lister	TraffordAC B	31:54	2:42:46+	3	4	Patrick Martin	Sunderland	28:37		
26	K Rowlands	Lancaster	32:00	2:42:49	0	5	John McCole	LiverpoolH A	28:58		
27	Philip Hoole	Rotherham	29:14	2:42:53+	5	6	Ian Holmes	BingleyH&A	29:09		
28	Michael Dawson	NorthSPC A	30:56	2:43:38+	3	7	Phil Hoole	Rotherham	29:14		
29	Andy Ward	Wigan Phoe	30:12	2:43:55+	4	8	David Westbury	Derby Ac	29:26		
30	Peter Savage	Barrow&FSA	33:56	2:44:47 -	3	9	Darren Talbot	TraffordAC A	29:54		
31	A Normandale	YorkARC	33:22	2:44:54 -	2	10	Andy Ward	Wigan Phoe	30:12		
32	Mark Aspinall	ClaytonLMH	31:54	2:45:38+	2						

- Men's 12 Stage Stage 8 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Tim Crossland	LeedsCAC A	16:05	2:42:40	0	33	Bob Lindsey	DurhamCH&A	19:28	3:06:29+	1
2	Steffan North	Sale Harri A	15:04	2:43:39+	1	34	Mike Holden	ClaytonLMH	21:17	3:06:55 -	2
3	Luke Reddy	LiverpoolH A	15:50	2:43:41 -	1	35	Simon Fox	Wirral Ac	18:44	3:08:05+	1
4	Lee Turner	TraffordAC A	14:56	2:46:12+	2	36	Nick Simmons	North York	19:08	3:08:39+	1
5	Andy Brown	BingleyH&A	16:23	2:46:51	0	37	John Lavelle	Rossendale	20:05	3:09:07 -	2
6	Phil Walker	MorpethH&A A	16:46	2:48:05+	1	38	Steve Mayers	StHelensS	17:09	3:09:18	0
7	Ben Dyson	Derby Ac	18:14	2:48:36 -	3	39	Jeff Paget	Ilkley Har	18:34	3:10:45+	1
8	Richard Kemp	Sunderland	16:26	2:48:42	0	40	G Southern	ElswickH	19:19	3:11:29 -	1
9	Phil West	(Salford H A)	16:56	2:50:03	0	41	Ross Armstrong	Beverley A	20:03	3:13:08+	1
10	Malcolm Eadie	BlackpoolW A	16:27	2:51:48	0	42	Ron Murray	Wallsend H	20:43	3:13:38 -	1
11	John Chaplin	BlackburnH A	17:42	2:54:09	0	43	D Nicholson	LowFell RC A	18:27	3:13:57	0
12	Nick Burke	Altrincham	17:16	2:55:10	0	44	Stuart Little	SheffieldR	20:29	3:16:20	0
13	Chris Needham	LeedsCAC B	17:17	2:56:04+	1	45	Tony White	WakefieldD	19:14	3:16:22+	1
14	A Hobday	HeanorRC	17:16	2:56:05+	1	46	Alan Glasgow	WeshamRR&A	19:58	3:16:58 -	1
15	Matthew Pye	KingstonUH	16:27	2:57:42+	3	47	J Stephenson	GatesheadH B	22:35	3:22:53	0
16	Liam Spencer	Keighley&C	19:56	2:58:30 -	3	48	D Parrington	SwaledaleR	19:58	3:31:43+	1
17	Sean McCaffrey	Holmfirth	17:53	2:58:43 -	1	49	David Hughes	NorthSPC B	19:36	3:31:51+	1
18	Marcus Gregory	ECH&TA	17:13	2:58:57+	3	50	Nick Hume	(BlackpoolW B)	18:39	3:42:19+	2
19	Shaun Purkiss	Richmond&Z	18:01	2:59:10 -	2	51	David Wright	LowFell RC B	22:36	3:44:42	0
20	Mark Everard	Lancaster	16:25	2:59:14+	6	Fastest runners over stage 8:					
21	John Howe	TraffordAC B	16:47	2:59:33+	4	1	Lee Turner	TraffordAC A	14:56		
22	Andrew Coffey	ChesterLS&	17:12	2:59:42+	1	2	Steffan North	Sale Harri A	15:04		
23	Andrew Watson	EastHH&A	18:06	2:59:50 -	3	3	Luke Reddy	LiverpoolH A	15:50		
24	Matt Kay	Wigan Phoe	16:14	3:00:09+	5	4	Tim Crossland	LeedsCAC A	16:05		
25	Simon Statton	GatesheadH A	17:40	3:00:16 -	1	5	Matt Kay	Wigan Phoe	16:14		
26	Nigel Brookes	Rotherham	17:49	3:00:42+	1	6	Andy Brown	BingleyH&A	16:23		
27	Keith Boardman	LeighH&A	19:56	3:01:18 -	8	7	Mark Everard	Lancaster	16:25		
28	John Ward	Bolton Uni	19:16	3:01:33 -	6	8	Richard Kemp	Sunderland	16:26		
29	Stephen Clark	NorthSPC A	18:14	3:01:52 -	1	9	Matthew Pye	KingstonUH	16:27		
30	Peter Willacy	Barrow&FSA	18:18	3:03:05	0	10	Malcolm Eadie	BlackpoolW A	16:27		
31	Gavn Bannister	YorkARC	18:15	3:03:09	0						
32	John Aldridge	(BlackburnH B)	19:29	3:06:06+	1						

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

- Men's 12 Stage Stage 9 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Mike Burrett	LeedsCAC A	15:36	2:58:16	0	33	David Rampling	Wirral Ac	18:30	3:26:35+	2
2	Andy Blair	Sale Harri A	16:04	2:59:43	0	34	David Burkhart	North York	18:09	3:26:48+	2
3	Alan Ashton	LiverpoolH A	16:16	2:59:57	0	35	Steve Tate	StHelensS	18:18	3:27:36+	3
4	Tim Egerton	TraffordAC A	15:46	3:01:58	0	36	Andy Biggs	DurhamCH&A	21:35	3:28:04 -	3
5	S Macdonald	BingleyH&A	16:20	3:03:11	0	37	Mark Iley	Ilkley Har	18:38	3:29:23+	2
6	Mark Hudspith	MorpethH&A A	15:36	3:03:41	0	38	Andrew Hartley	ElswickH	18:44	3:30:13+	2
7	Damien Weston	Sunderland	16:03	3:04:45+	1	39	Paul Workman	Rossendale	21:27	3:30:34 -	2
8	Russell Parkin	Derby Ac	17:44	3:06:20 -	1	40	James Stathers	BeverleyA	19:09	3:32:17+	1
9	James Williams	(Salford Ha)	17:34	3:07:37	0	41	M Alexander	LowFell RC A	18:22	3:32:19+	2
10	Brian Hall	BlackpoolW A	17:56	3:09:44	0	42	Mick Skeldon	Wallsend H	19:24	3:33:02	0
11	Brian Fogarty	BlackburnH A	17:35	3:11:44	0	43	Chris Ward	WakefieldD	19:41	3:36:03+	2
12	D Livingstone	Altrincham	17:26	3:12:36	0	44	Russel Mabbett	WeshamRR&A	19:14	3:36:12+	2
13	Leon Foster	LeedsCAC B	17:19	3:13:23	0	45	Robert Booth	SheffieldR	23:49	3:40:09 -	1
14	Pete Ivens	HeanorRC	18:16	3:14:21	0	46	Martin Hoey	(BlackburnH B)	36:18	3:42:24 -	14
15	Graham Gagg	KingstonUH	17:40	3:15:22	0	47	R Weightman	GatesheadH B	19:37	3:42:30	0
16	Lenny Buxton	Keighley&C	17:59	3:16:29	0	48	John Wilson	SwaledaleR	18:49	3:50:32	0
17	Jared Croft	Holmfirth	18:19	3:17:02	0	49	Barry Young	NorthSPC B	20:38	3:52:29	0
18	Marc Elliott	GatesheadH A	17:01	3:17:17+	7	50	Bryan Kelly	LowFell RC B	20:02	4:04:44+	1
19	Ain Scott	Richmond&Z	18:09	3:17:19	0	51	S Williams	(BlackpoolW B)	35:58	4:18:17 -	1
20	M Jackson	EastHH&A	17:46	3:17:36+	3	Fastest runners over stage 9:					
21	John Bowker	ECH&TA	18:57	3:17:54 -	3	1	Mark Hudspith	MorpethH&A A	15:36		
22	Allan Gordon	Lancaster	18:53	3:18:07 -	2	2	Mike Burrett	LeedsCAC A	15:36		
23	Duncan Drasdo	TraffordAC B	18:36	3:18:09 -	2	3	Tim Egerton	TraffordAC A	15:46		
24	David Nuttall	Rotherham	17:36	3:18:18+	2	4	Damien Weston	Sunderland	16:03		
25	D Waddington	Wigan Phoe	18:14	3:18:23 -	1	5	Andy Blair	Sale Harri A	16:04		
26	Nick Kulinich	ChesterLS&	19:13	3:18:55 -	4	6	Alan Ashton	LiverpoolH A	16:16		
27	James Cooke	LeighH&A	18:14	3:19:32	0	7	S Macdonald	BingleyH&A	16:20		
28	Andy Hayes	NorthSPC A	18:45	3:20:37+	1	8	Marc Elliott	GatesheadH A	17:01		
29	Ian Gregory	Bolton Uni	19:29	3:21:02 -	1	9	Leon Foster	LeedsCAC B	17:19		
30	Mark Harney	YorkARC	17:58	3:21:07+	1	10	D Livingstone	Altrincham	17:26		
31	Simon Stanway	Barrow&FSA	20:17	3:23:22 -	1						
32	Tony Walker	ClaytonLMH	17:55	3:24:50+	2						

- Men's 12 Stage Stage 10 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	James Walsh	LeedsCAC A	27:59	3:26:15	0	32	Roger Tomlin	North York	33:39	4:00:27+	2
2	Simon Mills	Sale Harri A	28:56	3:28:39	0	33	Gary Brooks	Wirral Ac	34:25	4:01:00	0
3	Richard Burney	LiverpoolH A	30:08	3:30:05	0	34	Mark Smith	DurhamCH&A	33:50	4:01:54+	2
4	Tom Minshull	TraffordAC A	28:21	3:30:19	0	35	Dave Wilby	Ilkley Har	32:49	4:02:12+	2
5	Chris Cariss	BingleyH&A	28:24	3:31:35	0	36	Ian Hayburn	StHelensS	35:20	4:02:56 -	1
6	D Swinburne	MorpethH&A A	30:15	3:33:56	0	37	S Clawson	Rossendale	34:25	4:04:59+	2
7	Tom Doughty	Sunderland	31:14	3:35:59	0	38	Paul Dodd	ElswickH	35:01	4:05:14	0
8	P Bangani	(Salford Ha)	29:22	3:36:59+	1	39	S Hargreaves	Wallsend H	33:12	4:06:14+	3
9	Chris Davison	Derby Ac	31:55	3:38:15 -	1	40	John Stephens	LowFell RC A	34:53	4:07:12+	1
10	J Prowse	BlackpoolW A	29:54	3:39:38	0	41	Steve Jackson	BeverleyA	35:34	4:07:51 -	1
11	T Cornthwaite	BlackburnH A	29:26	3:41:10	0	42	Alex Rowe	WeshamRR&A	36:10	4:12:22+	2
12	Tom Bush	Altrincham	31:42	3:44:18	0	43	D Brailsford	WakefieldD	39:30	4:15:33	0
13	Sean Cotter	LeedsCAC B	32:56	3:46:19	0	44	Mile Levery	SheffieldR	35:53	4:16:02+	1
14	Greg Clarkson	KingstonUH	31:03	3:46:25+	1	45	Mick Blackburn	(BlackburnH B)	35:04	4:17:28+	1
15	T Weatherson	HeanorRC	33:55	3:48:16 -	1	46	Andrew Smith	GatesheadH B	39:06	4:21:36+	1
16	Nigel Bedell	Keighley&C	32:37	3:49:06	0	47	Stuart Smith	SwaledaleR	35:02	4:25:34+	1
17	Darren Cooney	Rotherham	31:36	3:49:54+	7	48	Chris Wescombe	NorthSPC B	40:28	4:32:57+	1
18	M Johnson	Holmfirth	33:02	3:50:04 -	1	49	Trevor Uttley	(BlackpoolW B)	23:14	4:41:31+	2
19	James Rogers	EastHH&A	32:42	3:50:18+	1	50	Sean Dunlop	LowFell RC B	37:41	4:42:25	0
20	Andy Kanfman	Wigan Phoe	32:01	3:50:24+	5	Fastest runners over stage 10:					
21	Gary Matthews	ECH&TA	32:34	3:50:28	0	1	Trevor Uttley	(BlackpoolW B)	23:14		
22	C Hainsworth	GatesheadH A	33:16	3:50:33 -	4	2	James Walsh	LeedsCAC A	27:59		
23	Paul Rockliffe	TraffordAC B	32:42	3:50:51	0	3	Tom Minshull	TraffordAC A	28:21		
24	Tony Ditchburn	Richmond&Z	35:20	3:52:39 -	5	4	Chris Cariss	BingleyH&A	28:24		
25	Gary Moore	NorthSPC A	32:16	3:52:53+	3	5	Simon Mills	Sale Harri A	28:56		
26	John Howarth	LeighH&A	33:49	3:53:21+	1	6	P Bangani	(Salford Ha)	29:22		
27	Angus Murray	Lancaster	36:18	3:54:25 -	5	7	T Cornthwaite	BlackburnH A	29:26		
28	Steve Simpson	YorkARC	34:25	3:55:32+	2	8	J Prowse	BlackpoolW A	29:54		
29	Nigel Brown	ChesterLS&	37:33	3:56:28 -	3	9	Richard Burney	LiverpoolH A	30:08		
30	Gary Shaw	ClaytonLMH	32:19	3:57:09+	2	10	D Swinburne	MorpethH&A A	30:15		
31	David Parker	Barrow&FSA	34:40	3:58:02	0						

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

- Men's 12 Stage Stage 11 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Adam Osborne	LeedsCAC A	15:41	3:41:56	0	31	D Forrester	StHelensS	15:32	4:18:28+	5
2	David Howlett	Sale Harri A	16:09	3:44:48	0	32	Ian Glover	North York	18:31	4:18:58	0
3	R Dewhurst	LiverpoolH A	15:56	3:46:01	0	33	Ron Winward	Barrow&FSA	21:33	4:19:35	- 2
4	Chris Leigh	TraffordAC A	16:30	3:46:49	0	34	J Phillips	Ilkley Har	18:02	4:20:14+	1
5	Jon Cordingley	BingleyH&A	15:50	3:47:25	0	35	Richard Stott	Rossendale	19:15	4:24:14+	2
6	Chris Sampson	MorpethH&A A	15:33	3:49:29	0	36	Gerald Bishop	LowFell RC A	17:12	4:24:24+	4
7	Paul Merrison	Sunderland	16:48	3:52:47	0	37	Peter Sloan	ElswickH	20:58	4:26:12+	1
8	Paul Birkett	(Salford Ha)	18:23	3:55:22	0	38	Neil Bant	BeverleyA	18:59	4:26:50+	3
9	Kevin Spare	Derby Ac	18:00	3:56:15	0	39	Micky Baker	Wallsend H	21:52	4:28:06	0
10	C EssexCrosby	BlackpoolW A	17:19	3:56:57	0	40	Peter Cruse	WeshamRR&A	18:59	4:31:21+	2
11	Anthony Gotts	BlackburnH A	17:29	3:58:39	0	41	Peter Young	WakefieldD	19:26	4:34:59+	2
12	P McLoughlin	Altrincham	18:01	4:02:19	0	42	Evan Cook	(BlackburnH B)	19:52	4:37:20+	3
13	G Chatterton	LeedsCAC B	16:46	4:03:05	0	43	Adrian Eagle	SheffieldR	23:09	4:39:11+	1
14	Dave Shaw	Keighley&C	17:57	4:07:03+	2	44	K Alnwick	GatesheadH B	23:41	4:45:17+	2
15	Pete Edswards	HeanorRC	18:49	4:07:05	0	45	S Clarkson	SwaledaleR	24:24	4:49:58+	2
16	Owen Williams	KingstonUH	20:46	4:07:11	- 2	46	Kevin Watt	NorthSPC B	20:13	4:53:10+	2
17	Peter Mirrlees	Rotherham	17:30	4:07:24	0	47	Paul Calland	LowFell RC B	20:06	5:02:31+	3
18	Philip McCoy	EastHH&A	17:17	4:07:35+	1	48	M Sherwood	(BlackpoolW B)	23:14	5:04:45+	1
19	Paul Weall	Wigan Phoe	17:39	4:08:03+	1	Fastest runners over stage 11:					
20	Steve Robinson	ECH&TA	18:12	4:08:40+	1	1	D Forrester	StHelensS	15:32		
21	David Jury	TraffordAC B	18:20	4:09:11+	2	2	Chris Sampson	MorpethH&A A	15:33		
22	John Larkin	GatesheadH A	18:43	4:09:16	0	3	Adam Osborne	LeedsCAC A	15:41		
23	Danime Wilde	Holmfirth	19:41	4:09:45	- 5	4	Jon Cordingley	BingleyH&A	15:50		
24	David Watt	NorthSPC A	17:46	4:10:39+	1	5	R Dewhurst	LiverpoolH A	15:56		
25	Laurence Loxam	Lancaster	17:53	4:12:18+	2	6	David Howlett	Sale Harri A	16:09		
26	Sean Spillane	LeighH&A	19:26	4:12:47	0	7	Chris Leigh	TraffordAC A	16:30		
27	Brian Rogers	Richmond&Z	20:57	4:13:36	- 3	8	G Chatterton	LeedsCAC B	16:46		
28	Paul Priestley	YorkARC	18:15	4:13:47	0	9	Paul Merrison	Sunderland	16:48		
29	Sean Clare	ClaytonLMH	18:23	4:15:32+	1	10	Gerald Bishop	LowFell RC A	17:12		
30	Simon Wells	ChesterLS&	19:18	4:15:46	- 1						

- Men's 12 Stage Stage 12 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Darran Bilton	LeedsCAC A	15:12	3:57:08	0	31	Ray Vose	StHelensS	19:09	4:37:37	0
2	Mark Keeley	LiverpoolH A	15:37	4:01:38+	1	32	R Hamilton	Ilkley Har	19:34	4:39:48+	2
3	Ian Salisbury	TraffordAC A	15:46	4:02:35+	1	33	M O'Donnell	ClaytonLMH	24:28	4:40:00	- 4
4	Elton Davies	Sale Harri A	18:35	4:03:23	- 2	34	J Archer	LowFell RC A	16:21	4:40:45+	2
5	Aidan Johnson	BingleyH&A	16:14	4:03:39	0	35	Patrick Miller	Barrow&FSA	21:25	4:41:00	- 2
6	Neil Wilkinson	MorpethH&A A	15:57	4:05:26	0	36	Gareth Cooper	Rossendale	18:14	4:42:28	- 1
7	George Harden	Sunderland	17:03	4:09:50	0	37	Ian Hardy	ElswickH	18:14	4:44:26	0
8	Tarus Elly	(Salford Ha)	15:29	4:10:51	0	38	Anthony Beck	BeverleyA	18:58	4:45:48	0
9	S Robinson	BlackpoolW A	16:07	4:13:04+	1	39	Chris Mitsides	Wallsend H	18:00	4:46:06	0
10	J Barron	Derby Ac	18:28	4:14:43	- 1	40	John Collier	WeshamRR&A	18:42	4:50:03	0
11	Richard Stones	BlackburnH A	16:42	4:15:21	0	41	S Wilkinson	WakefieldD	19:48	4:54:47	0
12	Michael Salter	LeedsCAC B	15:54	4:18:59+	1	42	Mark Almond	(BlackburnH B)	18:41	4:56:01	0
13	Paul Knowles	Altrincham	18:22	4:20:41	- 1	43	Malcolm Taylor	SheffieldR	19:56	4:59:07	0
14	Martin Horbury	Keighley&C	17:38	4:24:41	0	44	M Thirlaway	GatesheadH B	18:38	5:03:55	0
15	Jon Wainwright	HeanorRC	18:07	4:25:12	0	45	Kenton Smith	SwaledaleR	20:54	5:10:52	0
16	David Storey	Rotherham	17:57	4:25:21+	1	46	Harry Norman	NorthSPC B	22:11	5:15:21	0
17	Philip Gibson	EastHH&A	17:50	4:25:25+	1	47	Alan Elders	LowFell RC B	23:49	5:26:20	0
18	S Lonsdale	KingstonUH	19:15	4:26:26	- 2	48	Tony Croft	(BlackpoolW B)	23:21	5:28:06	0
19	Andy Eccles	Wigan Phoe	18:42	4:26:45	0	Fastest runners over stage 12:					
20	M Hutchinson	TraffordAC B	17:52	4:27:03+	1	1	Darran Bilton	LeedsCAC A	15:12		
21	P Branston	GatesheadH A	17:56	4:27:12+	1	2	Tarus Elly	(Salford Ha)	15:29		
22	Saul Gallagher	ECH&TA	18:55	4:27:35	- 2	3	Mark Keeley	LiverpoolH A	15:37		
23	Vaughan Hemy	NorthSPC A	18:25	4:29:04+	1	4	Ian Salisbury	TraffordAC A	15:46		
24	Ian Moore	Holmfirth	19:45	4:29:30	- 1	5	Michael Salter	LeedsCAC B	15:54		
25	Rory McMahan	Lancaster	17:49	4:30:07	0	6	Neil Wilkinson	MorpethH&A A	15:57		
26	Tom Vale	YorkARC	18:16	4:32:03+	2	7	S Robinson	BlackpoolW A	16:07		
27	Chris Peacock	Richmond&Z	18:52	4:32:28	0	8	Aidan Johnson	BingleyH&A	16:14		
28	Andy Howarth	LeighH&A	20:13	4:33:00	- 2	9	J Archer	LowFell RC A	16:21		
29	David Mills	ChesterLS&	20:49	4:36:35+	1	10	Richard Stones	BlackburnH A	16:42		
30	Tom Gibbons	North York	18:15	4:37:13+	2						

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

Men's 12 Stage — Team Results — Provisional (nn) is team position after the appropriate stage.

<p>1 Leeds City Athletic Club 'A' 3:57:08</p> <p>1 Chris Birchall (6) 28:11 3 J Wilkinson (2) 15:10 5 Martin Hilton (1) 15:24 7 Simon Deakin (1) 28:30 9 Mike Burrett (1) 15:36 11 Adam Osborne (1) 15:41</p>	<p>9 Derby AC 4:14:43</p> <p>1 Jonathon Gilby (7) 28:12 3 T Lawrence (3) 16:20 5 Paul Witcomb (6) 17:10 7 David Westbury (4) 29:26 9 Russell Parkin (8) 17:44 11 Kevin Spare (9) 18:00</p>
<p>2 Liverpool Harriers & AC 'A' 4:01:38</p> <p>1 Jon Mellor (2) 27:46 3 Curtis Robb (1) 14:49 5 C Gunderson (2) 15:30 7 John McCole (2) 28:58 9 Alan Ashton (3) 16:16 11 R Dewhurst (3) 15:56</p>	<p>10 Blackburn Harriers & AC 'A' 4:15:21</p> <p>1 Ben Fish (9) 28:46 3 Peter Matthews (11) 16:03 5 Peter Banks (14) 17:09 7 Matt Nuttall (11) 30:22 9 Brian Fogarty (11) 17:35 11 Anthony Gotts (11) 17:29</p>
<p>3 Trafford Athletic Club 'A' 4:02:35</p> <p>1 A Holliday (10) 28:52 3 D Brocklehurst (6) 15:27 5 Michael Sawrey (5) 15:39 7 Darren Talbot (6) 29:54 9 Tim Egerton (4) 15:46 11 Chris Leigh (4) 16:30</p>	<p>11 Leeds City Athletic Club 'B' 4:18:59</p> <p>1 Oliver Ziff (31) 31:22 3 Pete Steel (23) 16:24 5 Jake Harman (22) 16:17 7 J Whitehead (14) 30:33 9 Leon Foster (13) 17:19 11 G Chatterton (13) 16:46</p>
<p>4 Sale Harriers Manchester 'A' 4:03:23</p> <p>1 Stuart Stokes (8) 28:34 3 Rob Jowett (7) 16:29 5 Ian Wetherall (3) 16:29 7 Glen Comish (3) 27:37 9 Andy Blair (2) 16:04 11 David Howlett (2) 16:09</p>	<p>12 Altrincham & District AC 4:20:41</p> <p>1 Dave Norman (5) 28:08 3 Phil Nichol (10) 16:38 5 Andy Ford (12) 18:44 7 Bill Crowther (12) 31:15 9 D Livingstone (12) 17:26 11 P McLoughlin (12) 18:01</p>
<p>5 Bingley Harriers & AC 4:03:39</p> <p>1 Matthew Watson (4) 28:03 3 Tim Midgeley (4) 15:41 5 Lee Athersmith (4) 15:58 7 Ian Holmes (5) 29:09 9 S Macdonald (5) 16:20 11 Jon Cordingley (5) 15:50</p>	<p>13 Keighley & Craven AC 4:24:41</p> <p>1 Will Smith (11) 29:07 3 Robert Shaw (13) 15:46 5 Marko Guero (15) 16:38 7 Adrian Jones (13) 31:21 9 Lenny Buxton (16) 17:59 11 Dave Shaw (14) 17:57</p>
<p>6 Morpeth Harriers & AC 'A' 4:05:26</p> <p>1 J Taylor (3) 28:01 3 Ross Floyd (5) 16:18 5 J Young (7) 15:40 7 Ben Harrison (7) 30:48 9 Mark Hudspith (6) 15:36 11 Chris Sampson (6) 15:33</p>	<p>14 Heanor Running Club 4:25:12</p> <p>1 Paul Mitchell (16) 29:58 3 Steve Ashmore (17) 17:08 5 Kieron Davis (13) 16:28 7 Darren Ridout (15) 31:31 9 Pete Ivens (14) 18:16 11 Pete Edwards (15) 18:49</p>
<p>7 Sunderland Harriers & AC 4:09:50</p> <p>1 B Rushworth (12) 29:12 3 Matthew Foggin (15) 17:33 5 G Massingham (9) 14:35 7 Patrick Martin (8) 28:37 9 Damien Weston (7) 16:03 11 Paul Merrison (7) 16:48</p>	<p>15 Rotherham Harriers & AC 4:25:21</p> <p>1 Paul Humphries (29) 30:55 3 Glenn James (39) 17:36 5 Peter Shaw (35) 17:29 7 Philip Hoole (27) 29:14 9 David Nuttall (24) 17:36 11 Peter Mirrlees (17) 17:30</p>
<p>8 Blackpool Wyre & Fylde 'A' 4:13:04</p> <p>1 Tom Cunningham (20) 30:26 3 Adam Hulme (18) 16:39 5 Luke Minns (8) 16:15 7 Phil Leybourne (10) 30:32 9 Brian Hall (10) 17:56 11 C Essex Crosby (10) 17:19</p>	<p>16 East Hull Harriers & AC 4:25:25</p> <p>1 Steve Bateson (13) 29:34 3 Eddie Rex (26) 17:08 5 M Vinegrad (17) 17:21 7 Ian Grewar (20) 33:51 9 M Jackson (20) 17:46 11 Philip McCoy (18) 17:17</p>

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

<p>17 Kingston Upon Hull AC 4:26:26</p> <p>1 James Johnson (26) 30:43 3 David Ricketts (28) 17:52 5 Robert Hodges (23) 15:43 7 Andy Lyons (18) 30:53 9 Graham Gagg (15) 17:40 11 Owen Williams (16) 20:46</p>	<p>26 Richmond & Zetland Harriers 4:32:28</p> <p>2 Jack Cutsforth (20) 15:58 4 Tom McKee (29) 31:48 6 Daniel Holiday (24) 18:18 8 Matthew Pye (15) 16:27 10 Greg Clarkson (14) 31:03 12 S Lonsdale (18) 19:15</p>
<p>18 Wigan Phoenix 4:26:45</p> <p>1 P Darbyshire (36) 31:43 3 Steve Nicholls (37) 17:31 5 Rod Hart (33) 16:46 7 Andy Ward (29) 30:12 9 D Waddington (25) 18:14 11 Paul Weall (19) 17:39</p>	<p>27 Leigh Harriers & AC 4:33:00</p> <p>2 Chris Wilson (37) 16:58 4 J Worthington (36) 32:40 6 Kevin Edwards (33) 18:05 8 Matt Kay (24) 16:14 10 Andy Kanfman (20) 32:01 12 Andy Eccles (19) 18:42</p>
<p>19 Trafford Athletic Club 'B' 4:27:03</p> <p>1 Jeff Prest (33) 31:34 3 D Safranausras (32) 16:41 5 James Bleakley (32) 16:38 7 Andrew Lister (25) 31:54 9 Duncan Drasdo (23) 18:36 11 David Jury (21) 18:20</p>	<p>28 Chester Le Street & Dist AC 4:36:35</p> <p>2 Richard Clancy (35) 16:57 4 Ben Liu (34) 33:11 6 Graham Hogg (28) 15:51 8 John Howe (21) 16:47 10 Paul Rockliffe (23) 32:42 12 M Hutchinson (20) 17:52</p>
<p>20 Gateshead Harriers & AC 'A' 4:27:12</p> <p>1 Robert West (39) 32:04 3 K Flannery (21) 15:57 5 Chris Paton (20) 16:12 7 John Gibson (24) 35:17 9 Marc Elliott (18) 17:01 11 John Larkin (22) 18:43</p>	<p>29 North York Moors AC 4:37:13</p> <p>2 A Carmichael (30) 15:51 4 M Thompson (24) 31:29 6 Andrew Teate (15) 15:46 8 Simon Statton (25) 17:40 10 C Hainsworth (22) 33:16 12 P Branston (21) 17:56</p>
<p>21 E Cheshire H & Tameside AC 4:27:35</p> <p>1 Paul Backhouse (32) 31:28 3 Danny Vaughn (27) 17:38 5 Mark Joynson (21) 16:56 7 A Connally (21) 32:36 9 John Bowker (21) 18:57 11 Steve Robinson (20) 18:12</p>	<p>30 St Helens Sutton AC 4:37:37</p> <p>2 S Horsfield (21) 15:25 4 James Shaw (21) 30:09 6 Gavin Browne (20) 17:32 8 Marcus Gregory (18) 17:13 10 Gary Matthews (21) 32:34 12 Saul Gallagher (22) 18:55</p>
<p>22 North Shields Poly Club 'A' 4:29:04</p> <p>1 Iain Twaddle (23) 30:32 3 Tommy Brannon (14) 16:55 5 Sean Maley (27) 17:23 7 Michael Dawson (28) 30:56 9 Andy Hayes (28) 18:45 11 David Watt (24) 17:46</p>	<p>31 Ilkley Harriers 4:39:48</p> <p>2 R Stephenson (13) 15:16 4 Terry West (25) 32:46 6 John Tuton (31) 19:50 8 Stephen Clark (29) 18:14 10 Gary Moore (25) 32:16 12 Vaughan Hemy (23) 18:25</p>
<p>23 Holmfirth Harriers 4:29:30</p> <p>1 A Langron (45) 33:04 3 Ewart John (42) 17:32 5 Nick Goodliffe (28) 15:40 7 Richard Smith (16) 32:30 9 Jared Croft (17) 18:19 11 Danime Wilde (23) 19:41</p>	<p>32 Clayton Le Moors Harriers 4:40:00</p> <p>2 Mark Dewhirst (44) 17:14 4 Dave Watson (32) 29:52 6 M Pierson (18) 14:58 8 Sean McCaffrey (17) 17:53 10 M Johnson (18) 33:02 12 Ian Moore (24) 19:45</p>
<p>24 Lancaster And Morecambe AC 4:30:07</p> <p>1 R Parrington (22) 30:29 3 Mark Hammond (25) 17:16 5 Mark Gardner (24) 17:32 7 K Rowlands (26) 32:00 9 Allan Gordon (22) 18:53 11 Laurence Loxam (25) 17:53</p>	<p>33 Low Fell RC 'A' 4:40:45</p> <p>2 P Worthington (22) 16:31 4 D McParland (20) 30:16 6 John Carr (26) 18:45 8 Mark Everard (20) 16:25 10 Angus Murray (27) 36:18 12 Rory McMahon (25) 17:49</p>
<p>25 York Acorn Running Club 4:32:03</p> <p>1 Andy Hilton (15) 29:53 3 Mark Dowson (36) 17:48 5 James Metcalfe (29) 16:22 7 A Normandale (31) 33:22 9 Mark Harney (30) 17:58 11 Paul Priestley (28) 18:15</p>	<p>34 Barrow & Furness Striders AC 4:41:00</p> <p>2 Mike Raynes (31) 18:18 4 Mark Metcalfe (31) 31:13 6 James Palmer (29) 17:58 8 Gavn Bannister (31) 18:15 10 Steve Simpson (28) 34:25 12 Tom Vale (26) 18:16</p>

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

35 Rossendale Harriers & AC

1 A Buttery (21) 30:27	2 M Corbishley (17) 16:05
3 Grant Cunliffe (19) 17:06	4 Chris Standish (38) 35:57
5 Aaron Kelly (38) 18:27	6 Ged Walsh (36) 17:37
7 Ian Pudge (35) 33:23	8 John Lavelle (37) 20:05
9 Paul Workman (39) 21:27	10 S Clawson (37) 34:25
11 Richard Stott (35) 19:15	12 Gareth Cooper (36) 18:14

36 Elswick Harriers

1 Paul Turner (34) 31:34	2 Mark Ketley (41) 17:38
3 John Bell (38) 17:23	4 Paul Dixon (39) 33:19
5 K Stephenson (37) 17:58	6 Ian Fenwick (37) 18:38
7 Martin Crowe (39) 35:40	8 G Southern (40) 19:19
9 Andrew Hartley (38) 18:44	10 Paul Dodd (38) 35:01
11 Peter Sloan (37) 20:58	12 Ian Hardy (37) 18:14

37 Beverley AC

1 J Leskiewicz (46) 33:19	2 D Williams (42) 16:05
3 Ian Husband (43) 18:55	4 Phil Burn (45) 34:00
5 Steve Peacock (45) 19:13	6 Ian Boardley (42) 17:47
7 James McGivern (42) 33:46	8 Ross Armstrong (41) 20:03
9 James Stathers (40) 19:09	10 Steve Jackson (41) 35:34
11 Neil Bant (38) 18:59	12 Anthony Beck (38) 18:58

38 Wallsend Harriers

1 Paul Leigh (43) 32:32	2 Mark Fenwick (36) 16:00
3 Mark Hall (33) 17:08	4 Gareth Huxley (37) 33:15
5 Chris Robson (40) 19:57	6 William Green (39) 19:00
7 Dave Anderson (41) 35:03	8 Ron Murray (42) 20:43
9 Mick Skeldon (42) 19:24	10 S Hargreaves (39) 33:12
11 Micky Baker (39) 21:52	12 Chris Mitsides (39) 18:00

39 Wesham Road Runners & AC

1 S Myerscough (47) 34:03	2 Les Cornwall (46) 16:57
3 J Bertenshaw (47) 18:40	4 Karl Lee (46) 33:05
5 David Young (49) 22:59	6 Dereck Buckley (48) 18:38
7 G Pendlebury (45) 32:38	8 Alan Glasgow (46) 19:58
9 Russel Mabbett (44) 19:14	10 Alex Rowe (42) 36:10
11 Peter Cruse (40) 18:59	12 John Collier (40) 18:42

40 Wakefield District H & AC

1 Chris Price (30) 31:13	2 M Dodsworth (34) 17:17
3 Neil Dutton (41) 19:04	4 Paul Hallas (43) 33:46
5 Tony Smith (43) 18:40	6 Dave Dawson (43) 20:22
7 Richard West (46) 36:46	8 Tony White (45) 19:14
9 Chris Ward (43) 19:41	10 D Brailsford (43) 39:30
11 Peter Young (41) 19:26	12 S Wilkinson (41) 19:48

41 Sheffield Running Club

1 Nick Swifty (42) 32:28	2 Sid Cordle (43) 17:07
3 Gary Podmore (44) 19:20	4 Chris Ireland (44) 33:09
5 Nick Duggan (44) 18:31	6 James Lee (45) 20:40
7 Mike Quinn (44) 34:36	8 Stuart Little (44) 20:29
9 Robert Booth (45) 23:49	10 Mile Levery (44) 35:53
11 Adrian Eagle (43) 23:09	12 Malcolm Taylor (43) 19:56

42 Gateshead Harriers & AC

1 Kevin Connelly (54) 35:45	2 Andrew Pulham (53) 18:59
3 Chris Burrows (50) 17:51	4 Steven Medd (50) 36:40
5 Martin Slater (48) 15:23	6 Richard Hall (47) 18:09
7 P Hindhaugh (47) 37:31	8 J Stephenson (47) 22:35
9 R Weightman (47) 19:37	10 Andrew Smith (46) 39:06
11 K Alnwick (44) 23:41	12 M Thirlaway (44) 18:38

43 Swaledale Road Runners

1 Tony Lambert (41) 32:26	2 Niall Cheyne (51) 21:41
3 John Dawson (53) 22:50	4 Shane Gray (51) 35:00
5 P Richardson (52) 22:58	6 Gary Davison (50) 21:37
7 Paul Emson (49) 35:13	8 D Parrington (48) 19:58
9 John Wilson (48) 18:49	10 Stuart Smith (47) 35:02
11 S Clarkson (45) 24:24	12 Kenton Smith (45) 20:54

44 North Shields Poly Club

1 C Walker (52) 35:30	2 Ian Richardson (54) 19:51
3 Stephen Atwell (52) 21:24	4 David Morris (52) 37:40
5 Steve Borlos (51) 19:08	6 P Lancaster (49) 21:02
7 Martin Haddon (50) 37:40	8 David Hughes (49) 19:36
9 Barry Young (49) 20:38	10 Chris Wescombe (48) 40:28
11 Kevin Watt (46) 20:13	12 Harry Norman (46) 22:11

45 Low Fell RC

1 L Johnson (56) 37:20	2 Bill Doidge (55) 21:53
3 Kevin Kerrigan (54) 21:12	4 Ross Daglish (53) 37:03
5 Gordon Long (54) 22:29	6 Allan Clark (52) 24:59
7 Colin Russell (51) 37:10	8 David Wright (51) 22:36
9 Bryan Kelly (50) 20:02	10 Sean Dunlop (50) 37:41
11 Paul Calland (47) 20:06	12 Alan Elders (47) 23:49

Disqualified -

Salford Harriers

1 David Lockett (27) 30:46	2 Simon Bruton (26) 16:33
3 William Martin (20) 16:20	4 Carl Hardman (13) 29:00
5 Robert Hughes (10) 16:00	6 DISQUALIFIED (8) 13:54
7 James Kovacs (9) 30:34	8 Phil West (9) 16:56
9 James Williams (9) 17:34	10 P Bangani (8) 29:22
11 Paul Birkett (8) 18:23	12 Tarus Ely (8) 15:29

Blackburn Harriers & AC

1 Roger Schultz (49) 34:43	2 A Shorrocks (48) 18:12
3 Mark Emmett (49) 19:22	4 DISQUALIFIED (9) 18:41
5 Michael Nolan (19) 20:20	6 Richard John (25) 19:16
7 Richard Taylor (33) 36:03	8 John Aldridge (32) 19:29
9 Martin Hoey (46) 36:18	10 Mick Blackburn (45) 35:04
11 Evan Cook (42) 19:52	12 Mark Almond (42) 18:41

Blackpool Wyre & Fylde

1 Peter Broome (53) 35:33	2 Chris Lloyd (52) 18:46
3 Mick Cronshaw (51) 20:43	4 Eddie Broome (49) 33:29
5 Jeff Wright (50) 17:51	6 Terry Bradshaw (53) 57:01
7 DISQUALIFIED (52) 20:17	8 Nick Hume (50) 18:39
9 S Williams (51) 35:58	10 Trevor Uttley (49) 23:14
11 M Sherwood (48) 23:14	12 Tony Croft (48) 23:21

Incomplete Teams:

Wirral AC

1 Mark Hulmston (37) 31:48	2 Tom Madden (33) 16:41
3 J Donnelly (30) 16:25	4 Alan Woods (28) 31:03
5 Mark Morris (36) 20:53	6 Anthony Devoy (35) 18:05
7 Kevin Buxton (36) 34:26	8 Simon Fox (35) 18:44
9 David Rampling (33) 18:30	10 Gary Brooks (33) 34:25

Durham City Harriers & AC

1 Ian Crampton (18) 30:06	2 Dan Garbutt (15) 16:12
3 Tom Hand (29) 18:27	4 Rob Hand (22) 30:14
5 Francis Turner (26) 17:37	6 Makinelliott (30) 20:05
7 John Nash (34) 34:20	8 Bob Lindsey (33) 19:28
9 Andy Biggs (36) 21:35	10 Mark Smith (34) 33:50

Bolton United Harriers

1 Tom Lancashire (1) 27:37	2 Ian Bowles (4) 16:07
3 David Shaw (8) 16:39	4 A Valentine (11) 31:12
5 B Higgins (16) 18:37	6 Paul Turner (19) 18:29
7 Sean McMyler (22) 33:36	8 John Ward (28) 19:16
9 Ian Gregory (29) 19:29	

Blackburn Harriers & AC

1 Anthony Wood (57) 40:30	2 Chris Wood (56) 22:25
3 G Woodburn (55) 20:42	4 K Broughton (54) 39:14
5 A Hargreaves (53) 16:55	6 Jason Jones (51) 17:57
7 Simon Banfield (48) 31:15	

Northern Athletics Road Relays at Catterick Garrison on Sunday 6th April 2008

Sale Harriers Manchester 'B' 2:22:36

1 Paul Barrett	(50) 35:04	2 Paul Rowley	(49) 18:11
3 F Cordingley	(48) 17:37	4 George Kirk	(48) 33:02
5 Tim Rainey	(47) 19:14	6 William Fox	(46) 19:28

Hallamshire Harriers Sheffield 1:49:03

1 Andy Thake	(14) 29:46	2 Paul Whitelam	(11) 15:35
3 Adam Dyson	(9) 15:42	4 Alex Smith	(17) 32:14
5 Andy Heyes	(11) 15:46		

Liverpool Harriers & AC 'B' 1:03:06

1 David Catt	(25) 30:40	2 L Luscombe	(24) 16:29
3 K Thompson	(16) 15:57		

Trafford Athletic Club 'C' 53:55

1 Emit McAteer	(51) 35:14	2 G Woodcock	(50) 18:41
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City Of Sheffield AC 36:05

1 Michael Plint	(55) 36:05
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Sale Harriers Manchester 'C' 2:26:53

1 Undeclared	(58) >6:53
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Fastest of all long legs — Provisional

1 Trevor Uttley	BlackpoolW	B	23:14
2 Tom Lancashire	Bolton Uni		27:37
= Glen Comish	Sale Harri	A	27:37
4 Anthony Ford	BlackpoolW	A	27:44
5 Jon Mellor	LiverpoolH	A	27:46
6 Gareth Raven	Sale Harri	A	27:48
7 James Walsh	LeedsCAC	A	27:59
8 Alan Buckley	LeedsCAC	A	28:00
9 J Taylor	MorpethH&A	A	28:01
10 Matthew Watson	BingleyH&A		28:03

Fastest of all short legs — Provisional

1 Ian Hudspith	MorpethH&A	A	14:19
2 G Massingham	Sunderland		14:35
3 Curtis Robb	LiverpoolH	A	14:49
4 Lee Turner	TraffordAC	A	14:56
5 M Pierson	Holmfirth		14:58
6 Steffan North	Sale Harri	A	15:04
7 Martin Roscoe	LeedsCAC	A	15:06
= Richard Weir	Derby Ac		15:06
9 J Wilkinson	LeedsCAC	A	15:10
10 Darran Bilton	LeedsCAC	A	15:12