

Division 2 Match 1 - Cophall Barnet, London

5 June 2005

Women's 100m A

Perf	Record	Wind	AW
Wind= +1.0 m/s			
12.0			☑
12.0			☑
12.2			☑
12.3			☑
12.4			☑
12.7			☑
13.0			☑
14.1			

1	8	Yvette Henry	Wigan Harriers
2	5	Shani Anderson	Shaftesbury Barnet Harrier
3	4	Claire Spurway	Rugby & Northampton
4	7	Mel Purkiss	Team Southampton
5	6	Laura Eastman	Swansea Harriers
6	3	Vicky Garrad	Liverpool Harriers & AC
7	2	Sian Robinson	Coventry Godiva Harriers
8	1	Julie Chandler	City of Norwich AC

Women's 100m B

Perf	Wind	AW
Wind= +1.9 m/s		
11.8		☑
12.2		☑
12.5		☑
12.5		☑
12.7		☑
12.7		☑
12.9		☑

1	88	Helen Taylor	Wigan Harriers
2	44	Vicky Barr	Rugby & Northampton
3	55	Deandra Smith	Shaftesbury Barnet Harriers
4	77	Emily Young	Team Southampton
5	66	Danielle Barker	Swansea Harriers
6	33	Laura Holdsworth	Liverpool Harriers & AC
7	22	Laura Joyce	Coventry Godiva Harriers
8			

Women's 200m A

Perf	Record	Wind	AW
Wind= +1.3 m/s			
24.9			☑
25.0			☑
25.1			☑
25.1			☑
26.2			☑
26.3			☑
26.4			☑
26.6			☑

1	5	Shani Anderson	Shaftesbury Barnet Harrier
2	7	Sian Scott	Team Southampton
3	4	Vicky Barr	Rugby & Northampton
4	8	Helen Taylor	Wigan Harriers
5	3	Vicky Garrad	Liverpool Harriers & AC
6	6	Danielle Barker	Swansea Harriers
7	1	Jemma Thake	City of Norwich AC
8	2	Laura Longowski	Coventry Godiva Harriers

Women's 200m B

Perf	Wind	AW
Wind= +0.8 m/s		
25.3		☑
25.5		☑
25.8		☑
26.0		☑
26.7		☑
26.9		☑
28.4		

1	44	Claire Spurway	Rugby & Northampton
2	55	Deandra Smith	Shaftesbury Barnet Harriers
3	88	Shona McPherson	Wigan Harriers
4	66	Leri Davies	Swansea Harriers
5	77	Rachael Lewington	Team Southampton
6	22	Sian Robinson	Coventry Godiva Harriers
7	11	Stephanie Jordan	City of Norwich AC
8			

Women's 400m A

Perf	Record	Wind	AW
54.0			☑
54.5			☑
56.2			☑
56.5			☑
57.9			☑
58.0			☑
58.6			☑

1	5	Marilyn Okoro	Shaftesbury Barnet Harrier
2	7	Mel Purkiss	Team Southampton
3	6	Anwen Rees	Swansea Harriers
4	2	Laura Longowski	Coventry Godiva Harriers
5	4	Ellena Ruddock	Rugby & Northampton
6	3	Kate McGing	Liverpool Harriers & AC
7	1	Jemma Thake	City of Norwich AC
8			

Women's 400m B

Perf	Wind	AW
55.9		☑
56.5		☑
59.5		☑
62.7		
64.0		
66.4		

1	55	Denise Gayle	Shaftesbury Barnet Harriers
2	66	Leri Davies	Swansea Harriers
3	33	Vicky Griffiths	Liverpool Harriers & AC
4	77	Vicki Burgess	Team Southampton
5	44	Helen Small	Rugby & Northampton
6	11	Stephanie Jordan	City of Norwich AC
7			
8			

Women's 800m A

Perf	Record	Wind	AW
02:13.6			☑
02:15.8			☑
02:17.3			☑
02:20.0			☑
02:20.8			☑
02:22.7			☑
02:43.4			

1	5	Nina Andersen	Shaftesbury Barnet Harrier
2	3	Vicky Griffiths	Liverpool Harriers & AC
3	2	Sarah Hayward	Coventry Godiva Harriers
4	1	Claire Everett	City of Norwich AC
5	4	Kathryn Arnold	Rugby & Northampton
6	7	Sasha Mucci	Team Southampton
7	6	Angharad Randall	Swansea Harriers
8			

Women's 800m B

Perf	Wind	AW
02:17.9		☑
02:19.8		☑
02:20.1		☑
02:29.1		
02:47.4		
02:49.3		

1	55	Victoria Webster	Shaftesbury Barnet Harriers
2	44	Alice Naylor	Rugby & Northampton
3	11	Amy Dungar	City of Norwich AC
4	77	Rachael Lewington	Team Southampton
5	33	Samantha Appleby	Liverpool Harriers & AC
6	66	Elin Leyshon	Swansea Harriers
7			
8			

Women's 1500m A

Perf	Record	Wind	AW
04:32.7			☑
04:35.7			☑
04:37.0			☑
04:37.3			☑
04:44.5			☑
04:47.9			☑
04:55.9			☑

1	4	Celia Brown	Rugby & Northampton
2	55	Victoria Webster	Shaftesbury Barnet Harrier
3	2	Katie Thomas	Coventry Godiva Harriers
4	6	Catherine Dugdale	Swansea Harriers
5	3	Laura Carney	Liverpool Harriers & AC
6	1	Esther Hope	City of Norwich AC
7	7	Sasha Mucci	Team Southampton
8			

Women's 1500m B

Perf	Wind	AW
04:45.5		☑
04:57.1		☑
05:00.7		
05:18.0		

1	33	Christine Murphy	Liverpool Harriers & AC
2	11	Amy Dungar	City of Norwich AC
3	5	Emily Ferenczi	Shaftesbury Barnet Harriers
4	77	Lucy Bowers	Team Southampton
5			
6			
7			
8			

Women's 3000m A

Perf	Record	Wind	AW
09:45.5			☑
09:47.6			☑
10:34.5			☑
10:54.9			☑
11:16.9			

1	3	Laura Carney	Liverpool Harriers & AC
2	55	Victoria Webster	Shaftesbury Barnet Harrier
3	2	Maria Thomas	Coventry Godiva Harriers
4	7	Lucy Bowers	Team Southampton
5	4	Molly Jones	Rugby & Northampton
6			
7			
8			

Women's 3000m B

Perf	Wind	AW
09:57.7		☑
10:00.6		☑
11:38.3		
12:08.2		

1	5	Gemma Turtle	Shaftesbury Barnet Harriers
2	33	Christine Murphy	Liverpool Harriers & AC
3	44	Sarah Halliday	Rugby & Northampton
4	22	Jayne Mumford	Coventry Godiva Harriers
5			
6			
7			
8			

Division 2 Match 1 - Cophall Barnet, London

				Perf	Record	Wind	AW	5 June 2005									
				Perf	Record	Wind	AW										
Women's 400m Hurdles A								Women's 400m Hurdles B									
1	6	Anwen Rees	Swansea Harriers	59.7			☑	1	33	Samantha Appleby	Liverpool Harriers & AC	66.8	☑				
2	8	Shona McPherson	Wigan Harriers	62.4			☑	2	44	Helen Small	Rugby & Northampton	68.7	☑				
3	3	Kathryn Dunn	Liverpool Harriers & AC	63.9			☑	3	88	Emma Holmes	Wigan Harriers	71.4					
4	4	Claire Brason	Rugby & Northampton	68.5			☑	4	66	Elin Leyshon	Swansea Harriers	71.6					
5	7	Rachel Rogers	Team Southampton	71.9				5	77	Vicky Burgess	Team Southampton	83.4					
6	2	Jenny Adams	Coventry Godiva Harriers	72.8				6									
7	5	Lauren Thomas	Shaftesbury Barnet Harrier	87.4				7									
8								8									
Women's 100m Hurdles A								Women's 100m Hurdles B									
				Wind=	-1.5 m/s								Wind=	+0.4 m/s			
1	2	Nicola Robinson	Coventry Godiva Harriers	14.0			☑	1	55	Lorna Rogers	Shaftesbury Barnet Harriers	14.9	☑				
2	5	Lauren McLoughlin	Shaftesbury Barnet Harrier	14.2			☑	2	33	Vicky Garrad	Liverpool Harriers & AC	15.3	☑				
3	3	Katey Read	Liverpool Harriers & AC	14.4			☑	3	66	Anwen Rees	Swansea Harriers	15.6	☑				
4	4	Claire Pearson	Rugby & Northampton	14.4			☑	4	44	Vicky Nealon	Rugby & Northampton	16.4	☑				
5	6	Laura Eastman	Swansea Harriers	14.9			☑	5	22	Jenny Adams	Coventry Godiva Harriers	17.9					
6	8	Karen Moorcroft	Wigan Harriers	15.3			☑	6	77	Clare Ridgley	Team Southampton	17.9					
7	7	Emily Young	Team Southampton	15.6			☑	7									
8								8									
Women's Hammer A								Women's Hammer B									
1	4	Lucy Marshall	Rugby & Northampton	50.24			☑	1	44	Jenny Gilette	Rugby & Northampton	33.31	☑				
2	55	Julie Dunkley	Shaftesbury Barnet Harrier	41.60			☑	2	1	Laura Seaman	City of Norwich AC	32.31	☑				
3	6	Sally Hinds	Swansea Harriers	39.95			☑	3	77	Becky Ridgley	Team Southampton	30.58	☑				
4	11	Olivia Birkett	City of Norwich AC	39.00			☑	4	5	Jenny Grimstone	Shaftesbury Barnet Harrier	24.45					
5	7	Debbie Callaway	Team Southampton	33.48			☑	5	66	Kathryn Evans	Swansea Harriers	20.03					
6	3	Faye Jones	Liverpool Harriers & AC	19.18				6									
7								7									
8								8									
Women's Discus A								Women's Discus B									
1	8	Kara Nwidobie	Wigan Harriers	51.67			☑	1	55	Trecia Smith	Shaftesbury Barnet Harriers	38.41	☑				
2	4	Emma Merry	Rugby & Northampton	49.30			☑	2	44	Jenny Gilette	Rugby & Northampton	33.26	☑				
3	5	Navdeep Dhaliwal	Shaftesbury Barnet Harrier	44.47			☑	3	11	Olivia Birkett	City of Norwich AC	25.76					
4	7	Debbie Callaway	Team Southampton	40.70			☑	4	6	Sally Hinds	Swansea Harriers	21.74					
5	1	Laura Seaman	City of Norwich AC	33.28			☑	5	77	Sarah Ellis	Team Southampton	18.10					
6	3	Faye Jones	Liverpool Harriers & AC	31.51			☑	6	33	Jenny Owens	Liverpool Harriers & AC	16.04					
7	66	Anna Leyshon	Swansea Harriers	22.24				7	22	Sarah Hayward	Coventry Godiva Harriers	13.42					
8	2	Tracy Morris	Coventry Godiva Harriers	16.91				8									
Women's Javelin A								Women's Javelin B									
1	7	Katy Watts	Team Southampton	48.24	DR		☑	1	5	Jenny Grimstone	Shaftesbury Barnet Harriers	39.28	☑				
2	55	Trecia Smith	Shaftesbury Barnet Harrier	39.49			☑	2	77	Sarah Ellis	Team Southampton	35.76	☑				
3	1	Laura Seaman	City of Norwich AC	30.82			☑	3	4	Aimiee Williams	Rugby & Northampton	25.28					
4	3	Rebecca Jones	Liverpool Harriers & AC	28.46				4	66	Kathryn Evans	Swansea Harriers	24.80					
5	8	Kara Nwidobie	Wigan Harriers	26.33				5	33	Liz Sweeney	Liverpool Harriers & AC	21.80					
6	6	Sara Barry	Swansea Harriers	26.01				6	11	Stephanie Jordan	City of Norwich AC	15.86					
7	44	Claire Spurway	Rugby & Northampton	25.60				7	22	Sally Ollenshaw	Coventry Godiva Harriers	5.03					
8	2	Tracy Morris	Coventry Godiva Harriers	17.88				8									
Women's Shot Putt A								Women's Shot Putt B									
1	5	Julie Dunkley	Shaftesbury Barnet Harrier	15.84			☑	1	55	Navdeep Dhaliwal	Shaftesbury Barnet Harriers	11.39	☑				
2	8	Kara Nwidobie	Wigan Harriers	14.84			☑	2	4	Emma Merry	Rugby & Northampton	10.80	☑				
3	6	Sally Hinds	Swansea Harriers	14.05			☑	3	66	Kathryn Evans	Swansea Harriers	9.59					
4	1	Claire Everett	City of Norwich AC	11.88			☑	4	77	Carol Dawkins	Team Southampton	8.04					
5	7	Debbie Callaway	Team Southampton	11.36			☑	5	11	Olivia Birkett	City of Norwich AC	7.73					
6	44	Lucy Marshall	Rugby & Northampton	10.92			☑	6	33	Faye Jones	Liverpool Harriers & AC	7.33					
7	3	Rebecca Jones	Liverpool Harriers & AC	9.70				7	22	Tracy Morris	Coventry Godiva Harriers	7.13					
8	2	Aneska Binks	Coventry Godiva Harriers	8.93				8									

Division 2 Match 1 - Cophall Barnet, London

				Perf	Record	Wind	AW	5 June 2005				Perf	Wind	AW
<u>Women's Long Jump A</u>								<u>Women's Long Jump B</u>						
1	55	Nony Mordi	Shaftesbury Barnet Harrier	5.49		-0.7	☑	1	5	Nadia Williams	Shaftesbury Barnet Harrier:	5.41	+2.1	☑
2	3	Liz Sweeney	Liverpool Harriers & AC	5.26		-0.6	☑	2	66	Angharad Randall	Swansea Harriers	4.56	-0.4	
3	6	Laura Eastman	Swansea Harriers	5.08		-1.6	☑	3	33	Gayle O'Connor	Liverpool Harriers & AC	4.56	-1.5	
4	4	Vicky Nealon	Rugby & Northampton	5.05		-0.4	☑	4	77	Rachel Rogers	Team Southampton	4.55	-1.0	
5	7	Clare Ridgley	Team Southampton	4.96		-4.0		5	44	Simone Glover	Rugby & Northampton	4.51	-1.0	
6	1	Julie Chandler	City of Norwich AC	4.86		-1.9		6	11	Carole Filer	City of Norwich AC	4.51	-0.6	
7	2	Jenny Adams	Coventry Godiva Harriers	4.28		-1.1		7	8	Helen Taylor	Wigan Harriers	2.04	+1.1	
8	88	Emma Holmes	Wigan Harriers	3.70		-1.0		8						

Women's Triple Jump A

1	55	Nony Mordi	Shaftesbury Barnet Harrier	12.07		+0.5	☑
2	6	Sara Barry	Swansea Harriers	11.40		-2.6	☑
3	1	Becky Allen	City of Norwich AC	10.06		-0.8	☑
4	4	Vicky Nealon	Rugby & Northampton	9.98		+0.9	
5	7	Becky Ridgley	Team Southampton	9.81		-0.2	
6	33	Laura Holdsworth	Liverpool Harriers & AC	9.76		-1.6	
7	8	Karen Moorcroft	Wigan Harriers	9.54		-0.7	
8							

Women's Triple Jump B

1	5	Nadia Williams	Shaftesbury Barnet Harrier:	11.83		-1.3	☑
2	44	Simone Glover	Rugby & Northampton	9.88		+2.5	
3	3	Natasha Awang	Liverpool Harriers & AC	9.59		-2.1	
4	77	Vicky Burgess	Team Southampton	9.39		+1.9	
5	88	Emma Holmes	Wigan Harriers	8.93		-0.6	
6							
7							
8							

Women's High Jump A

1	3	Rebecca Jones	Liverpool Harriers & AC	1.73			☑
2	6	Ceri Stokoe	Swansea Harriers	1.70			☑
3	4	Ambrose Lauren	Rugby & Northampton	1.65			☑
4	55	Trecia Smith	Shaftesbury Barnet Harrier	1.60			☑
5	1	Claire Everett	City of Norwich AC	1.60			☑
6	2	Aneska Binks	Coventry Godiva Harriers	1.60			☑
7	88	Shona McPherson	Wigan Harriers	1.50			
8	7	Sarah Ellis	Team Southampton	1.45			

Women's High Jump B

1	33	Liz Sweeney	Liverpool Harriers & AC	1.65			☑
2	66	Rhian Horlock	Swansea Harriers	1.50			
3	5	Nadia Williams	Shaftesbury Barnet Harrier:	1.45			
4	8	Karen Moorcroft	Wigan Harriers	1.40			
5	77	Rachael Lewington	Team Southampton	1.40			
6	11	Carole Filer	City of Norwich AC	1.35			
7	44	Simone Glover	Rugby & Northampton	1.25			

Women's Pole Vault A

1	55	Ellie Spain	Shaftesbury Barnet Harrier	3.90			☑
2	8	Michelle Sharrock	Wigan Harriers	3.40			☑
3	7	Clare Ridgley	Team Southampton	3.10			☑
4=	6	Anna Leyshon	Swansea Harriers	2.80			☑
4=	4	Kirsty Bale	Rugby & Northampton	2.80			☑
6	33	Cara Brady	Liverpool Harriers & AC	2.10			

Women's Pole Vault B

1	5	Zoe Brown	Shaftesbury Barnet Harrier:	3.70			☑
2	88	Melanie McCoy	Wigan Harriers	3.00			☑
3	77	Becky Ridgley	Team Southampton	3.00			☑
4	44	Sophie Gibson	Rugby & Northampton	2.30			☑

Women's 4x100m Relay

1	4	Rugby & Northampton	Claire Pearson	Vicky Barr	Ellena Ruddock	Claire Spurway	47.5	☑
2	5	Shaftesbury Barnet Harriers	Nadia Williams	Lauren McLoughlin	Nony Mordi	Shani Anderson	48.0	☑
3	7	Team Southampton	Vicky Burgess	Mel Purkiss	Emily Young	Sian Scott	48.6	☑
4	6	Swansea Harriers	Leri Davies	Laura Eastman	Anna Leyshon	Danielle Barker	48.8	☑
5	8	Wigan Harriers	Michelle Sharrock	Helen Taylor	Karen Moorcroft	Shona McPherson	49.3	☑
6	2	Coventry Godiva Harriers	Laura Joyce	Laura Longowski	Nicola Robinson	Sian Robinson	50.6	☑
7	3	Liverpool Harriers & AC	Gayle O'Connor	Katey Read	Kate McGing	Vicky Garrad	50.8	☑
8	1	City of Norwich AC	Stephanie Jordan	Julie Chandler	Becky Allen	Jemma Thake	52.1	

Women's 4x400m Relay

1	5	Shaftesbury Barnet Harriers	Denise Gayle	Deandra Smith	Nina Andersen	Marilyn Okoro	03:51.3	☑
2	7	Team Southampton	Sian Scott	Rachael Lewington	Rachel Rogers	Mel Purkiss	03:55.0	☑
3	4	Rugby & Northampton	Celia Brown	Vicky Barr	Claire Brason	Ellena Ruddock	03:55.1	☑
4	3	Liverpool Harriers & AC	Liz Sweeney	Kathryn Dunn	Vicky Griffiths	Katey Read	04:00.3	☑
5	6	Swansea Harriers	Angharad Randall	Catherine Dugdale	Leri Davies	Anwen Rees	04:10.5	☑
6	8	Wigan Harriers	Karen Moorcroft	Emma Holmes	Helen Taylor	Shona McPherson	04:11.5	☑
7	1	City of Norwich AC	Claire Everett	Jemma Thake	Esther Hope	Amy Dungan	04:13.0	☑
8	2	Coventry Godiva Harriers	Sarah Hayward	Katie Thomas	María Thomas	Laura Longowski	04:24.1	



Division 2 Match 1 - Cophall Barnet, London

Women's 100m Non Scoring

Record	Wind	AW	Perf
			Wind=
			1 No Races Held
			2
			3
			4
			5
			6
			7
			8

5 June 2005

Women's 100m Non Scoring

Record	Wind	AW	Perf
			Wind=
			1 No Races Held
			2
			3
			4
			5
			6
			7
			8

MATCH RESULT	League Points	Match
1 SBH	8	254.0
2 RUG&N	7	191.5
3 L'POOL H	6	160.0
4 SOTON	5	158.0
5 SWANSEA	4	147.5
6 WIGAN H	3	102.0
7 NORWICH	2	93.0
8 COVENTRY	1	70.0

STANDINGS	League Points	Match
1 SBH	8	254.0
2 RUG&N	7	191.5
3 L'POOL H	6	160.0
4 SOTON	5	158.0
5 SWANSEA	4	147.5
6 WIGAN H	3	102.0
7 NORWICH	2	93.0
8 COVENTRY	1	70.0