

# YOUNG ATHLETES LEAGUE TIMETABLE OF EVENTS

## TRACK EVENTS

T1	12:00	300m Hurdles	u17	W
T2		400m Hurdles	u17	M
T3	12:15	150m	u13	G
T4		150m	u13	B
T5		200m	u15	G
T6		200m	u15	B
T7		200m	u17	W
T8		200m	u17	M
T9	12:55	800m	u13	G
T10		800m	u13	B
T11		800m	u15	G
T12		800m	u15	B
T13		800m	u17	W
T14		800m	u17	M
T15	13:25	70 Hurdles	u13	G
T16/17	13:30	3000m	u17/u15	M
T18	13:45	75 Hurdles	u13	B
T19		75 Hurdles	u15	G
T20	14:00	3000m	u17	W
T21	14:15	80 Hurdles	u17	W
T22		80 Hurdles	u15	B
T23	14:30	1200m	u13	G
T24	14:40	100m Hurdles	u17	M
T25	14:45	400m	u15	B
T26		400m	u17	M
T27		300m	u15	G
T28		300m	u17	W
T29	15:05	75m	u13	B
T30		75m	u13	G
T31		100m	u15	B
T32		100m	u15	G
T33		100m	u17	M
T34		100m	u17	W
T35	15:30	1500m	u13	B
T36		1500m	u15	B
T37		1500m	u15	G
T38		1500m	u17	M
T39		1500m	u17	W
T40	16:05	4 x 100m	u13	B
T41		4 x 100m	u13	G
T42		4 x 100m	u15	B
T43		4 x 100m	u15	G
T44		4 x 100m	u17	M
T45		4 x 100m	u17	W
T46	16:35	1500m S/chase	u17	M
<b>ATHLETE OF THE MATCH AWARDS</b>				
T47	16:55	4 x 400m	u17	W
T48		4 x 400m	u15	B
T49		4 x 400m	u17	M

## FIELD EVENTS

F1	11:45	Hammer [4k]	u15	B
F2		Hammer [5k]	u17	M
F3	12:00	Long Jump	u15	G
F4		Long Jump	u17	W
F5		High Jump [1.05]	u13	B
F6		High Jump [1.05]	u13	G
F7	12:45	Discus [1.25k]	u15	B
F8		Discus [1.5k]	u17	M
F9	13:00	Pole Vault [1.70]	u15	B
F10		Pole Vault [2.00]	u17	M
F11		Shot Putt [3.25k]	u13	B
F12		Shot Putt [2.72k]	u13	G
F13	13:15	Long Jump	u13	G
F14		Long Jump	u13	B
F15	13:30	High Jump [1.15]	u15	G
F16		High Jump [1.25]	u17	W
F17	13:45	Discus [1.0k]	u17	W
F18		Discus [1.0k]	u15	G
F19	14:15	Shot Putt [5.0k]	u17	M
F20		Shot Putt [4.0k]	u15	B
F21	14:30	Long Jump	u15	B
F22		Long Jump	u17	M
F23	14:45	Javelin [600g]	u17	W
F24		Javelin [600g]	u15	G
F25	15:00	High Jump [1.25]	u15	B
F26		High Jump [1.35]	u17	M
F27	15:30	Shot Putt [3.25k]	u15	G
F28		Shot Putt [4.0k]	u17	W
F29	15:45	Javelin [700g]	u17	M
F30		Javelin [600g]	u15	B
F31		Triple Jump	u17	W
F32		Triple Jump	u17	M

### EVENTS UNDER UKA RULES

ATHLETES AND OFFICIALS ARE REMINDED THAT TIMES ARE COMPETITION START TIMES AND DO NOT INCLUDE ANY WARM UP PERIOD. PLEASE BE AT THE EVENT EARLY TO ALLOW FOR REGISTRATION AND WARM UP

REGISTERED CLUB COLOURS AND ALLOCATED CLUB LETTERS TO BE WORN AS SUPPLIED

