



Posn	No:	Name	Club	M/F	Age	Times	Race 1 Time	Diff.	Race 2 Time	Diff.	Race 3 Time	Diff.
						Dry, Humid						
							Windy, Overcast		Drizzle, Low Wind		Overcast, Dry	
1	363	Colin Potts	Liverpool H	M	38	16.09	16.22	-0.13	16.26	-0.17	16.18	-0.09
2	346	James Meldrum	Liverpool Harriers	M	29	16.38						
3	344	Paul Quine	Liverpool Running Club	M	48	17.23						
4	394	Carl Wright	Penny Lane Striders	M	35	17.26					17.42	-0.16
5	348	Dave Barr	Liverpool H	M	38	17.47					18.16	-0.29
6	385	Nigel Grant	Penny Lane Striders	M	46	17.51						
7	380	Paul Schumann	Roby Runners	M	46	17.55	18.16	-0.21	17.59	-0.04	17.56	-0.01
8	362	Bryan Renton	Liverpool H	M	31	17.58			18.34	-0.36	18.32	-0.34
9	371	Clark Roberts	Liverpool Pembroke & Sefton	M	21	18.28						
10	404	Mark Davies	St Helens Sutton	M	32	18.34			19.07	-0.33		
11	417	Patrick Boyle	Liverpool Running Club	M	34	18.37	18.37					
12	350	Peter Warburton	Unattached	M	49	18.44	19.05	-0.21	18.41	0.03	18.46	-0.02
13	376	Matthew Nelson	Unattached	M	49	18.45	19.03	-0.18				
14	373	Derek Ashcroft	Penny Lane Striders	M	54	18.48	18.48		18.42	0.06		
15	368	Martin Hirrell	Penny Lane Striders	M	43	18.58	19.06	-0.08	19.02	-0.04	19.29	-0.31
16	366	Laura Murphy	Liverpool H	F	19	19.07	20.55	-1.48				
17	387	Bai Jerome	Unattached	M	35	19.16	19.48	-0.32				
18	375	George Pierce	Liverpool Running Club	M	40	19.23			19.20	0.03		
19	379	Seonaid Murray	Liverpool H	F	24	19.35	19.50	-0.15				
20	364	Paul Cliff	Liverpool Running Club	M	41	19.36	19.51	-0.15				
21	381	L Midghall	Unattached	M	34	19.52			20.49	-0.57		
22	372	Colin Sefton	Unattached	M	49	19.58	21.02	-1.04	20.48	-0.50		
23	361	Billy Hargreaves	Liverpool H	M	62	20.00	20.09	-0.09	19.44	0.16		
24	359	Sue Cooper	Southport Waterloo AC	F	55	20.05			20.10	-0.05		
25	402	Graham Randfield	Penny Lane Striders	M	34	20.15						
26	351	Marc Wharmby	Unattached	M	31	20.18	21.06	-0.48	20.12	0.06		
27	365	Joseph Smith	Unattached	M	53	20.23	20.49	-0.26			20.25	-0.02
28	370	Keith Lester	Liverpool Pembroke & Sefton	M	34	20.25			20.53	-0.28	20.51	-0.26
29	388	Peter Morgan	Unattached	M	54	20.46						
30	405	Tony Lawlor	Unattached	M	45	20.51						
31	382	Pamela Thurtle	Penny Lane Striders	F	33	20.52					20.54	-0.02
32	393	Michael Devereux	Penny Lane Striders	M	59	20.58			21.56	-0.58		
33	360	Rebecca Donohue	Liverpool H	F	14	21.06						
34	358	Chris Hirst	Unattached	M	42	21.14						
35	377	Thomas Burke	Penny Lane Striders	M	60	21.17			20.38	0.39		
36	410	Milan Juricek	Unattached	M	57	21.34	22.34	-1.00				
37	406	Andrew Herring	Unattached	M	33	21.35			21.11	0.24	22.08	-0.33
38	390	Andrew Stansfield	Penny Lane Striders	M	46	21.45	22.00	-0.15	21.33	0.12	21.50	-0.05
39	352	Stan Erlam	St Helens Sutton	M	68	22.06	22.36	-0.30	22.20	-0.14	22.46	-0.40
40	349	Cristina Puccini	Penny Lane Striders	F	42	22.09						
41	409	Steve Bennett	Unattached	M	45	22.38			21.35	1.03	22.41	-0.03
42	407	Paul Hannigan	Roby Runners	M	52	22.56	22.08	0.48	21.51	1.05		
43	374	Mark Spittle	Liverpool Running Club	M	20	23.03						
44	391	Keith Boyle	Penny Lane Striders	M	37	23.15					24.25	-1.10
45	357	Charles Boulton	Unattached	M	61	23.28						
46	389	Zoe Turner	Rohersa (Spain)	F	36	23.29						
47	392	Emma Lucy	Penny Lane Striders	F	27	23.32						
48	345	Michelle Kelly	Penny Lane Striders	F	50	24.04	24.09	-0.05	24.18	-0.14	24.27	-0.23
49	369	Geoffrey McIntosh	Unattached	M	49	24.11			25.39	-1.28	25.58	-1.47
50	403	Darren Wilson	Unattached	M	36	24.17					25.22	-1.05

Course Records:

Men - Phil McGlory Liverpool H 15.30 (2002)

Women - Jenny Clague, Liverpool H, 16.55 (2006) **Next Race : Wednesday 9 September 2009**

Sprints Software (07973 827735)



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						Dry, Humid						
							Windy, Overcast		Drizzle, Low Wind		Overcast, Dry	
51	347	David Cummings	Unattached	M	63	24.32					27.14	-2.42
52	354	Paul Skinner	Unattached	M	33	25.23						
53	386	Mike Warnes	Unattached	M	42	25.46						
54	378	Cath Nevin	Penny Lane Striders	F	53	25.54			25.18	0.36		
55	413	Michael Breslin	Unattached	M	49	26.04						
56	353	Paul Vaughan	Penny Lane Striders	M	31	26.43						
57	408	Howard Byrne	Unattached	M	44	26.58						
58	367	Kevin O'Brien	Penny Lane Striders	M	68	27.05			27.56	-0.51		
59	355	Heetu Bhandari	Unattached	F	30	27.22						
60	356	Anthony D Neary	Unattached	M	38	27.22						
61	412	Paul Quigley	Unattached	M	46	27.37						
62	416	Val Smith	Unattached	F	45	27.40	28.21	-0.41				
63	414	Paul Lee	Unattached	M	23	28.42			28.51	-0.09	31.43	-3.01
64	383	Christine Whitcombe	Unattached	F	35	31.17						
65	384	Garry Highton	Unattached	M	52	31.17						
66	411	Paula Daley	Liverpool Running Club	F	42	31.20						
67	415	Ronald Thornton	Unattached	M	68	31.24					31.45	-0.21
68	398	Kim McAlashan	Unattached	F	24	32.13						
69	401	Rachel Church	Unattached	F	21	38.34						
70	396	Helen Woods	Unattached	F	33	44.14						
71	400	Angela Church	Unattached	F	52	44.43						
72	397	Clare Garside	Unattached	F	28	49.25						
73	395	Rachel Bushell	Unattached	F	20	57.00						
74	399	Gillian Bates	Unattached	F	44	57.00						