



Posn	No:	Name	Club	M/F	Age	Times	Race 1 Time	Diff.
						Drizzle, Low Wind		Windy, Overcast
1	319	Jonny Mellor	Liverpool Harriers	M	23	15.03		
2	332	John McCole	Liverpool Harriers	M	30	15.20		
3	311	Simon Mills	Sale H Manchester	M	24	15.41		
4	324	Ricky Challinor	Liverpool Harriers	M	20	15.43		
5	406	Colin Potts	Liverpool Harriers	M	40	16.04		
6	331	Alan Ashton	Liverpool Harriers	M	39	16.11	16.22	-0.11
7	387	Bernie Murphy	Liverpool Pembroke & Sefton	M	44	16.23		
8	317	Nathan Vengdasalam	Liverpool Harriers	M	46	16.31		
9	340	Gary Slevin	City of Derby AC	M	23	16.51		
10	307	James Toohey	Liverpool Harriers	M	19	16.55		
11	326	Luke Towers	Liverpool Harriers	M	14	17.00	16.45	0.15
12	325	Phil Edge	Deeside AAC	M	19	17.18		
13	323	Owen Sharp	Liverpool Harriers	M	13	17.20	17.25	-0.05
14	328	Julian Ferraro	London Heathside AC	M	44	17.35		
15	352	Mark Dodd	Ellesmere Port R C	M	35	17.45		
16	327	Tim Anthony	Mersey Tri	M	31	17.47		
17	310	Simon Marriott	Liverpool Harriers	M	37	17.50		
18	355	Glen Groves	Liverpool Harriers	M	41	17.50	16.52	0.58
19	430	David Clarke	Mersey Tri	M	29	17.53	18.33	-0.40
20	330	Rob Dewhurst	Liverpool Harriers	M	35	17.57		
21	422	Nigel Grant	Penny Lane Striders	M	47	17.58		
22	309	David Barr	Liverpool Harriers	M	39	18.14		
23	346	Lee Midghall	Liverpool Running Club	M	35	18.19		
24	364	Paul Schumann	Roby Runners	M	47	18.21	18.24	-0.03
25	372	Stephen Laker	Wirral AC	M	38	18.22		
26	303	Lawrence McDonald	Unattached	M	42	18.23		
27	316	Jordan Rugg	Unattached	M	18	18.24		
28	370	Mark Hargreaves	Penny Lane Striders	M	37	18.26	20.24	-1.58
29	367	Niall Porter	Liverpool Harriers	M	28	18.30	18.41	-0.11
30	373	Jason Bennett	Ellesmere Port R C	M	39	18.31		
31	350	Rob Marsh	St Helens Sutton AC	M	39	18.36		
32	318	Alan McNally	St Helens Sutton AC	M	47	18.48		
33	365	Chris Breen	Unattached	M	27	18.54		
34	383	David Quinn	Liverpool Harriers	M	34	18.56	19.10	-0.14
35	314	Martin Bateman	Liverpool Harriers	M	21	18.57		
36	371	Dave Lovatt	Penny Lane Striders	M	51	18.58		
37	413	Tim Fletcher	Penny Lane Striders	M	30	19.00		
38	329	Charlotte Wilson	Liverpool Harriers	F	21	19.01	19.21	-0.20
39	336	Phil Bailey	Southport Waterloo	M	59	19.06	19.08	-0.02
40	408	Neil Wilcock	Penny Lane Striders	M	31	19.08	18.50	0.18
41	344	Peter Johnson	St Helens Sutton AC	M	42	19.10		
42	431	Michael Hodgkinson	Mersey Tri	M	29	19.15		
43	359	Sarah Jarvis	University of Liverpool/LHAC	F	22	19.18	19.24	-0.06
44	343	Matthew Nelson	Southport Waterloo	M	50	19.22		
45	384	Syd Omar	Penny Lane Striders	M	40	19.24	20.07	-0.43
46	333	Martin Hirrell	Penny Lane Striders	M	44	19.25	18.50	0.35
47	308	Phil Leggett	Liverpool Harriers	M	18	19.26		
48	394	Chris Mills	Penny Lane Striders	M	36	19.28		
49	414	Tony Man	Penny Lane Striders	M	42	19.31	19.22	0.09
50	361	Jerome Bai	Unattached	M	36	19.32	19.14	0.18



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						Drizzle, Low Wind		Windy, Overcast
51	385	Ian Fitchett	Mersey Tri	M	28	19.32		
52	347	George Pierce	Liverpool Running Club	M	41	19.32		
53	351	Dave Hampson	St Helens Sutton AC	M	48	19.34		
54	313	Sarah McRobie	Liverpool Harriers	F	24	19.35		
55	353	Dennis Wharton	St Helens Sutton AC	M	54	19.37		
56	366	Gerard McTague	Liverpool Harriers	M	28	19.42	19.07	0.35
57	304	Katherine Walker	Liverpool Harriers	F	15	19.42		
58	438	Jack Gannon	Unattached	M	22	19.45		
59	358	Paul Collins	Wirral AC	M	45	19.47		
60	339	Graham Halsall	Penny Lane Striders	M	33	19.48		
61	437	Paul Searle	Unattached	M	22	19.57		
62	345	Ian White	St Helens Sutton AC	M	48	19.58		
63	401	Andrew Webster	Roby Runners	M	23	19.59		
64	417	Keith Leslie	Liverpool Pembroke & Sefton	M	35	20.00		
65	421	Pat Bryan	Penny Lane Striders	M	36	20.02	19.37	0.25
66	382	Steve Pemberton	Penny Lane Striders	M	55	20.08	19.47	0.21
67	411	Mick Noorp	Mersey Tri	M	48	20.22		
68	362	Paul Rainford	Liverpool Running Club	M	44	20.23	20.23	
69	320	Katie Bowers Folan	Liverpool Harriers	F	15	20.29		
70	416	Tony Peacock	Northern Vets	M	59	20.34	20.38	-0.04
71	335	Rebecca Donoghue	Liverpool Harriers	F	15	20.48		
72	397	Sam Darby	Penny Lane Striders	M	53	20.48	20.28	0.20
73	322	Sarah Weatherill	LJMU Athletics	F	34	20.51	20.41	0.10
74	360	Tim Warn	Penny Lane Striders	M	60	20.53	20.48	0.05
75	342	James McCarthy	Unattached	M	20	20.54		
76	334	Craig Northover	Liverpool Harriers	M	40	21.03	21.01	0.02
77	388	Andrew Stansfield	Penny Lane Striders	M	47	21.07	20.37	0.30
78	348	Colin Dobbs	Penny Lane Striders	M	34	21.07		
79	376	Pamela Thurtle	Penny Lane Striders	F	34	21.15		
80	341	David Owens	Penny Lane Striders	M	37	21.44		
81	429	Neil Stephenson	Penny Lane Striders	M	28	21.45	21.57	-0.12
82	428	Milan Juricek	Unattached	M	52	21.49		
83	424	David Lynan	Penny Lane Striders	M	37	21.56	21.21	0.35
84	410	Michael Devereux	Penny Lane Striders	M	60	22.00	21.22	0.38
85	399	Les Desay	Picton	M	??	22.03		
86	407	Tom Fletcher	Unattached	M	31	22.03		
87	404	Ian Upton	Unattached	M	32	22.16	21.38	0.38
88	337	Jane Eardley	Penny Lane Striders	F	30	22.18	22.13	0.05
89	315	Barry Chambers	Vale Royal	M	58	22.23	22.33	-0.10
90	386	Mark Finch	Penny Lane Striders	M	45	22.27	22.47	-0.20
91	427	Jon Moorhouse	Mersey Tri	M	43	22.29	23.15	-0.46
92	356	Karen Dalby	Liverpool Harriers	F	47	22.30	23.01	-0.31
93	419	Keith Boyle	Penny Lane Striders	M	38	22.33	22.39	-0.06
94	426	Gareth Jarvis	Mersey Tri	M	39	22.37		
95	398	Lee McNeil	Unattached	M	26	22.45		
96	379	Kris Lee	Unattached	M	25	22.47		
97	312	Stan Erlam	St Helens Sutton AC	M	69	22.52		
98	434	Trevor Bradshaw	Unattached	M	44	22.53	24.16	-1.23
99	396	Gill Darby	Penny Lane Striders	F	49	23.09	23.16	-0.07
100	400	Andrew Webster	Roby Runners	M	48	23.10	24.06	-0.56



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						Drizzle, Low Wind	Windy, Overcast	
101	354	Alex Forde	Liverpool Harriers	F	17	23.12		
102	390	Grant Davidson	Mersey Tri	M	36	23.12		
103	412	Andrew Wyllie	Unattached	M	51	23.14	23.12	0.02
104	393	Alan Clarey	Mossley Hill AC	M	57	23.30	24.05	-0.35
105	389	Martin Wilby	Penny Lane Striders	M	39	23.34		
106	415	Elizabeth Lynan	Penny Lane Striders	F	34	23.39		
107	420	Frank Green	Liverpool Running Club	M	63	23.40		
108	375	Shane Knott	Penny Lane Striders	M	33	23.41	23.12	0.29
109	392	Andy Fearn	Unaz	M	41	23.42		
110	380	Andrew Leslie	Penny Lane Striders	M	23	23.44		
111	433	Andy Sale	Liverpool Harriers	M	42	24.11		
112	349	Louise Hogg	St Helens Sutton AC	F	38	24.16		
113	395	Ellie Darby	Liverpool Harriers	F	16	24.20	24.31	-0.11
114	321	Michelle Kelly	Penny Lane Striders	F	51	24.25	23.41	0.44
115	435	Russell Burnham	Penny Lane Striders	M	37	24.30		
116	357	Mike Roxburgh	Penny Lane Striders	M	40	24.41		
117	369	Janice McKinney	Penny Lane Striders	F	30	25.02	23.42	1.20
118	405	Martin Gratton	Unattached	M	31	25.42		
119	423	Geoffrey McIntosh	Unattached	M	50	25.46		
120	374	Carolyn Houghton	Penny Lane Striders	F	38	25.53		
121	338	Joanne Hayes	Penny Lane Striders	F	31	25.56		
122	409	Stephen Critchley	Unattached	M	42	26.11	25.19	0.52
123	432	Val Smith	Mersey Tri	F	46	26.15		
124	440	Robert Hilton	Unattached	M	27	26.30		
125	381	Karen Grady	Penny Lane Striders	F	26	26.32		
126	391	Joey Galloway	Littlewoods Running Club	M	50	26.32		
127	425	Hannah Moorhouse	Mersey Tri	F	39	26.39		
128	403	Eunice Nopondo	Penny Lane Striders	F	45	27.19	26.40	0.39
129	402	Robert Hilton	Roby Runners	M	51	27.20		
130	436	Marie Motley	Penny Lane Striders	F	47	27.30		
131	306	Terry Kelly	Unattached	M	37	27.49		
132	368	Gillian Peiser	Penny Lane Striders	F	38	28.48	28.28	0.20
133	378	Paul Lee	Unattached	M	24	29.04		
134	418	Graham Flynn	Unattached	M	34	29.10		
135	305	Geoff Howarth	Northern Vets	M	75	29.27		
136	377	Ronald Thornton	Unattached	M	69	31.06		
137	363	Maurice Collins	Liverpool Running Club	M	47	DNF		
138	302	Clive James Rigby	Liverpool Harriers	M	62	DNF		
139	439	Thomas Bradley	Unattached	M	21	DNF		
140	301	Joey Parkinson	Liverpool Harriers	M	46	DNF		