

ERNIE GALLAGHER MEMORIAL MEDAL MEETING LIVERPOOL HARRIERS & ATHLETIC CLUB Sunday 10th APRIL 2016 @ WAVERTREE 1st Track Event @ 10.00 a.m. Field @ 10.15 a.m.



enter online at

- http://www.liverpoolharriers.co.uk/ or http://merseysidecountyaa.org.uk
- or complete form below

First Nam	e								
Surname									
Contact Phone/Mobile									
Email									
Athletics Club									
School									
Date of Birth			School Year						
			Please tick events below you wish to enter						
Event Yea		4 & 5	Year 6		Year 7			Year 8 & 9	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	
75m								_	
100m									
150m									
200m									
300m									
600m or									
1200m ¹									
800m or									
1500m ²									
60mH									
70mH									
75mH									
80mH									
Long J									
High J									
Soft Jav									
Javelin									
Shot									
1. Athletes may only compete in 600m OR 1200m BUT NOT BOTH									
2. Athletes may only compete in 800m or 1500m BUT NOT BOTH									
Athletes may not compete in more than 3 events									
Medals: will be awarded for the first 3 individuals in each event.									
FEES (FOR ENTRIES ON THE DAY PLEASE ADD £1 EXTRA)									
£3.00 (one event)									
Cheques only, made payable to: <u>LIVERPOOL HARRIERS & AC</u>									
Send to Mike Dooling, MBE, 19 Mooreway, Rainhill, Prescot, Merseyside, L35 6PD by Thursday, 7th April 2016									