



LIVERPOOL HARRIERS & ATHLETIC CLUB
MYSTERY PARK 5K ROAD RACE SERIES 2015

RACE 5 of 5
THURSDAY, 3rd SEPTEMBER 2015

| Posn | Bib | Athlete | Club | M/F | Age | Time | Race 4 | Race 3 | Race 2 | Race 1 |
|------|-----|---------------------------|-----------------------------|-----|-----|-------|--------|--------|--------|--------|
| 1 | 13 | Gezimu DEJENE | Liverpool Harriers & AC | M | 22 | 15.46 | | 15.21 | 15.24 | |
| 2 | 10 | Andrew MILES | Vale Royal AC | M | 21 | 16.31 | | | | |
| 3 | 25 | James THOMPSON | Knowsley Harriers & AC | M | 32 | 16.32 | | 16.47 | | 17.06 |
| 4 | 44 | Michael FITZSIMMONS | Liverpool Harriers & AC | M | 32 | 16.34 | | | 16.52 | |
| 5 | 29 | Ian MORAN | Kirkby Milers | M | 35 | 16.40 | 16.48 | | | |
| 6 | 50 | Adrian ROACH | Liverpool Harriers & AC | M | 40 | 16.55 | | 16.43 | | |
| 7 | 11 | John CAIN | Liverpool Harriers & AC | M | ?? | 17.00 | | | | |
| 8 | 30 | Stephen DOYLE | Knowsley Harriers & AC | M | 40 | 17.03 | 16.59 | 17.06 | | 16.56 |
| 9 | 31 | Tony LAWLOR | Knowsley Harriers & AC | M | 51 | 17.07 | 17.02 | | | 17.39 |
| 10 | 7 | Gareth HOWELL | Liverpool Harriers & AC | M | 34 | 17.17 | 17.37 | 17.39 | | |
| 11 | 122 | Al SMITHSON | Mersey Tri | M | 32 | 17.18 | | | | |
| 12 | 1 | Ashley CRAWFORD | Unattached | M | 29 | 17.19 | 17.22 | 17.17 | 17.16 | 17.22 |
| 13 | 172 | Alistair DAVIES | Unattached | M | 25 | 17.28 | | 17.53 | | |
| 14 | 55 | John CONNOLLY | Penny Lane Striders | M | 44 | 17.29 | | 17.25 | | |
| 15 | 20 | Kelvin DICKINSON | Wirral AC | M | 44 | 17.32 | 17.36 | | | |
| 16 | 110 | Andy MCQUE | Liverpool Harriers & AC | M | 36 | 17.33 | | | | |
| 17 | 14 | Joe LAZENBY | Liverpool Running Club | M | 30 | 17.48 | | | | 18.09 |
| 18 | 138 | Michael HEYES | Mersey Tri | M | 29 | 17.49 | 16.59 | | 17.11 | 17.17 |
| 19 | 108 | Andrew DUNNING | Unattached | M | 29 | 17.51 | | | | |
| 20 | 12 | Mark HOWARD | Mersey Tri | M | 39 | 17.52 | 18.01 | | 18.19 | |
| 21 | 112 | Paul SCHUMANN | Knowsley Harriers & AC | M | 52 | 17.53 | 17.38 | 18.10 | 18.00 | |
| 22 | 104 | Stephen WATKIN | Penny Lane Striders | M | 34 | 17.55 | 18.20 | 18.32 | 25.15 | 19.33 |
| 23 | 164 | Rob DEWHURST | Liverpool Harriers & AC | M | 40 | 17.57 | | | 17.04 | |
| 24 | 6 | Anthony WILCOX | Liverpool Harriers & AC | M | 53 | 17.59 | 17.49 | 17.55 | 18.17 | |
| 25 | 158 | Mark BISSELL | Knowsley Harriers & AC | M | 27 | 18.02 | | | | 17.34 |
| 26 | 72 | David NORMAN | Wirral AC | M | 55 | 18.04 | | | | |
| 27 | 5 | Sarah SINGLETON | Liverpool Harriers & AC | F | 49 | 18.04 | 17.53 | 18.33 | 18.35 | 18.55 |
| 28 | 19 | Max DE SALIS | Unattached | M | 45 | 18.04 | | | | 18.00 |
| 29 | 175 | Greg ROBERTS | Mossley Hill AC | M | 31 | 18.10 | | | | |
| 30 | 41 | Chris MARSHALL | Unattached | M | 47 | 18.21 | | | | |
| 31 | 18 | Chris PEDDER | Liverpool Pembroke & Sefton | M | 58 | 18.22 | 18.07 | | 18.36 | |
| 32 | 106 | Luke JONES | Penny Lane Striders | M | 24 | 18.25 | | | | |
| 33 | 32 | Paul GRAY | Liverpool Harriers & AC | M | 46 | 18.26 | 18.25 | | 17.56 | |
| 34 | 173 | Steven WILKINSON | Southport Waterloo AC | M | 41 | 18.27 | | | | |
| 35 | 98 | David LAWTON | Liverpool Running Club | M | 35 | 18.31 | 18.34 | 18.41 | 19.01 | |
| 36 | 90 | Andrew STARKEY | Unattached | M | 38 | 18.39 | | | | |
| 37 | 52 | Gary ENGLISH | Liverpool Running Club | M | 52 | 18.40 | 18.37 | | | 18.51 |
| 38 | 149 | Chris PRICE | Unattached | M | 48 | 18.51 | | | 19.21 | 18.52 |
| 39 | 2 | David COLLINS | Wigan Harriers | M | 53 | 18.53 | | | | |
| 40 | 38 | Ian FITZPATRICK | Southport Waterloo AC | M | 52 | 19.00 | | | | |
| 41 | 125 | Ailbhe MCDAID | Liverpool Harriers & AC | F | 30 | 19.04 | 19.38 | 18.48 | 19.20 | 18.55 |
| 42 | 78 | Chris POWNELL | Knowsley Harriers & AC | M | 25 | 19.05 | | | | |
| 43 | 81 | Paul WILLIAMS | Mersey Tri | M | 33 | 19.06 | 19.17 | | | |
| 44 | 155 | Ian ROCHE | Mersey Tri | M | 52 | 19.07 | | | 18.53 | 18.28 |
| 45 | 3 | Jayne TAYLOR | Wigan Harriers | F | 54 | 19.08 | | | | |
| 46 | 162 | Graham CAIRNS | Liverpool Pembroke & Sefton | M | 58 | 19.09 | | | | |
| 47 | 139 | Rob GARTH | Unattached | M | 27 | 19.15 | 19.16 | | | |
| 48 | 48 | Gary CLARE | St Helens Striders | M | 49 | 19.20 | | | | |
| 49 | 165 | Charlotte WILSON-DEWHURST | Liverpool Harriers & AC | F | 26 | 19.21 | | 19.17 | | |
| 50 | 59 | Gary THOMPSON | Kirkby Milers | M | 35 | 19.22 | | | | |
| 51 | 28 | Kyle DENTITH | Liverpool Harriers & AC | M | 15 | 19.24 | | | | |
| 52 | 153 | Tom RIMMER | Penny Lane Striders | M | 28 | 19.26 | 19.32 | 19.39 | 19.54 | 19.56 |
| 53 | 126 | William John JONES | Knowsley Harriers & AC | M | 49 | 19.26 | 19.32 | | 19.06 | 19.39 |
| 54 | 70 | Chris HUTTON | Unattached | M | 32 | 19.35 | | | | |
| 55 | 119 | Andrew BIDDLE | Penny Lane Striders | M | 40 | 19.38 | | | 21.49 | 20.16 |
| 56 | 151 | Tim GRACE | Mersey Tri | M | 43 | 19.39 | | | 20.18 | 20.46 |
| 57 | 157 | Beth HANKINSON | Penny Lane Striders | F | 30 | 19.40 | 19.45 | 19.52 | 20.00 | |
| 58 | 166 | Lee WARBURTON | Penny Lane Striders | M | 40 | 19.41 | | | | |
| 59 | 156 | Lee CLARK | Penny Lane Striders | M | 0 | 19.44 | 19.52 | | 20.23 | |



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|------|-----|---------------------|-----------------------------|-----|-----|-------|--------|--------|--------|--------|
| 60 | 123 | Stuart JOHNSON | Spectrum Striders | M | 23 | 19.45 | 19.20 | | | |
| 61 | 92 | Nathan PARRY | Unattached | M | 17 | 19.48 | 19.27 | | 20.13 | 20.09 |
| 62 | 74 | John MCLAREN | Unattached | M | 34 | 19.50 | | | | |
| 63 | 160 | Jack POLAND | Wallasey AC | M | 26 | 19.50 | | | | |
| 64 | 152 | John JENSEN | Penny Lane Striders | M | 38 | 19.52 | 19.26 | 19.32 | | 20.06 |
| 65 | 116 | John CLARK | Unattached | M | 41 | 19.55 | 19.55 | 20.10 | | |
| 66 | 86 | Gillian VERDIN | Liverpool Running Club | F | 22 | 19.57 | 19.55 | 20.15 | | 21.04 |
| 67 | 63 | Stuart SHARP | Unattached | M | 43 | 19.57 | 20.08 | | | |
| 68 | 117 | Matthew NELSON | Southport Waterloo AC | M | 56 | 20.00 | 20.28 | | | |
| 69 | 100 | Michelle KING | Penny Lane Striders | F | 28 | 20.03 | | 20.17 | | 21.09 |
| 70 | 80 | Andy CANTWELL | Penny Lane Striders | M | 37 | 20.03 | | 19.07 | 25.14 | 20.51 |
| 71 | 96 | Paul RILEY | Penny Lane Striders | M | 45 | 20.05 | | 19.13 | | 19.44 |
| 72 | 75 | David MCNIVEN | Liverpool Harriers & AC | M | 46 | 20.06 | 20.10 | 20.14 | 20.41 | 21.37 |
| 73 | 51 | Keith SWIFT | Southport Waterloo AC | M | 39 | 20.10 | 20.40 | | | |
| 74 | 99 | Michael O'ROURKE | Penny Lane Striders | M | 31 | 20.11 | | 20.41 | 20.56 | 20.37 |
| 75 | 47 | Paul BRADY | Penny Lane Striders | M | 46 | 20.13 | | | | |
| 76 | 82 | Andrew CONWAY | Liverpool Pembroke & Sefton | M | 50 | 20.14 | 20.53 | 20.55 | | 20.58 |
| 77 | 154 | Ian WILLIAMS | Mossley Hill AC | M | 49 | 20.15 | 20.00 | | | |
| 78 | 130 | Julien TOUR | Penny Lane Striders | M | 32 | 20.16 | 20.50 | | | 20.03 |
| 79 | 131 | Grant DAVIDSON | Mersey Tri | M | 42 | 20.22 | | 20.46 | 20.58 | 21.32 |
| 80 | 61 | Graham CUSHION | Liverpool Running Club | M | 39 | 20.25 | 20.22 | 20.18 | 20.46 | 21.05 |
| 81 | 43 | Eamonn BRADY | Penny Lane Striders | M | 47 | 20.26 | 22.16 | 25.31 | 21.17 | |
| 82 | 9 | Helen SAHGAL | Liverpool Harriers & AC | F | 32 | 20.27 | | | | |
| 83 | 137 | Danny FEGAN | St Helens Striders | M | 49 | 20.35 | | | | |
| 84 | 120 | Paul RUST | Mersey Tri | M | 38 | 20.45 | 20.31 | | 20.19 | 20.49 |
| 85 | 66 | Lewis HOUGHTON | Kirkby Milers | M | 17 | 20.46 | 20.46 | | | |
| 86 | 89 | Gavin PARRY | Knowsley Harriers & AC | M | 46 | 20.47 | 21.40 | | 21.32 | |
| 87 | 15 | Andrew GLEN | Knowsley Harriers & AC | M | 52 | 20.50 | | 21.18 | | |
| 88 | 161 | Kate MACFARLANE | Penny Lane Striders | F | 28 | 20.51 | | 20.44 | | 20.45 |
| 89 | 62 | Robert GIVNAN | Liverpool Running Club | M | ?? | 21.00 | 20.38 | | | |
| 90 | 76 | Paul MCLAREN | Unattached | M | 33 | 21.01 | | | | |
| 91 | 54 | Thomas KING | Penny Lane Striders | M | 29 | 21.04 | | | | |
| 92 | 85 | Paul CLIFF | Liverpool Running Club | M | 48 | 21.07 | | 20.43 | 20.30 | 20.15 |
| 93 | 134 | Andrew JAMES-WYLLIN | Unattached | M | 19 | 21.12 | 23.28 | 24.06 | | |
| 94 | 145 | Steve DIPPLE | Penny Lane Striders | M | 42 | 21.13 | | 21.30 | | |
| 95 | 73 | Kevin MARTIN | Unattached | M | ?? | 21.17 | | | | |
| 96 | 46 | Trevor ASTELI | Penny Lane Striders | M | 56 | 21.18 | 21.09 | 21.29 | | 21.38 |
| 97 | 27 | Neil SAHGAL | UKNetrunner | M | 39 | 21.19 | | | 21.39 | |
| 98 | 128 | Phil MACKLIN | Penny Lane Striders | M | 39 | 21.20 | | | 23.45 | |
| 99 | 58 | Michael HALLARON | Kirkby Milers | M | 35 | 21.22 | | | | |
| 100 | 111 | Helen ALEXANDER | Mersey Tri | F | 34 | 21.32 | 21.51 | 21.40 | 22.01 | |
| 101 | 8 | George PIERCE | Liverpool Running Club | M | 47 | 21.38 | 21.51 | 21.19 | 22.07 | 22.08 |
| 102 | 150 | Tony PEACOCK | Unattached | M | 64 | 21.39 | | | 22.32 | |
| 103 | 21 | Kathryn SHARKEY | Penny Lane Striders | F | 35 | 21.40 | 21.36 | 22.35 | | |
| 104 | 45 | Jerome DOYLE | Penny Lane Striders | M | ?? | 21.41 | 19.25 | | | |
| 105 | 87 | Nigel FOO | Penny Lane Striders | M | 46 | 21.42 | 21.25 | 22.10 | 23.55 | |
| 106 | 60 | Louise WARN | Penny Lane Striders | F | 24 | 21.45 | 21.34 | | | 23.07 |
| 107 | 107 | Robert JOHNSON | Mersey Tri | M | 52 | 21.49 | | 21.47 | 22.02 | 22.15 |
| 108 | 79 | Greg HOCKING | Penny Lane Striders | M | 43 | 21.50 | 21.38 | 21.35 | | 22.34 |
| 109 | 127 | Peter SMITH | Unattached | M | 40 | 21.51 | | | | |
| 110 | 167 | Tom PRITCHARD | Knowsley Harriers & AC | M | 35 | 21.54 | | | | |
| 111 | 68 | Stephen GORMAN | Penny Lane Striders | M | 43 | 21.54 | | | | 22.45 |
| 112 | 124 | Katie JOHNSON | Penny Lane Striders | F | 34 | 22.04 | 21.53 | | | |
| 113 | 113 | Craig HAWLEY | Penny Lane Striders | M | 57 | 22.08 | | | | |
| 114 | 141 | Kieron CARR | Knowsley Harriers & AC | M | 44 | 22.13 | 22.10 | 22.22 | 23.51 | 22.47 |
| 115 | 4 | Tony GREEN | Liverpool Harriers & AC | M | 58 | 22.14 | 22.35 | 22.20 | | 21.32 |
| 116 | 56 | Alan SPINKS | Mossley Hill AC | M | 44 | 22.15 | | | | |
| 117 | 33 | Mark THOMAS | Penny Lane Striders | M | 50 | 22.26 | 22.01 | 22.36 | 22.37 | 22.38 |
| 118 | 37 | John ROBERTS | Penny Lane Striders | M | 29 | 22.28 | | | | |



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|------|-----|--------------------|------------------------|-----|-----|-------|--------|--------|--------|--------|
| 119 | 84 | David LIMBRICK | Unattached | M | 52 | 22.36 | 22.59 | 22.48 | 23.12 | 22.52 |
| 120 | 118 | Joe MCGLYNN | Penny Lane Striders | M | 58 | 22.43 | 22.26 | 22.33 | 27.03 | 28.32 |
| 121 | 132 | Lorna HARPER | Mersey Tri | F | 28 | 22.44 | | | | |
| 122 | 16 | Neil BRAITHWAITE | Penny Lane Striders | M | 36 | 22.47 | 23.44 | 24.25 | 26.47 | |
| 123 | 169 | Sara KELLY | Penny Lane Striders | F | 33 | 22.49 | | | 23.18 | 23.38 |
| 124 | 135 | Keith BOYLE | Penny Lane Striders | M | 43 | 22.55 | 24.05 | 23.12 | 24.51 | |
| 125 | 35 | Lynsey UNSWORTH | Knowsley Harriers & AC | F | 32 | 22.57 | 27.45 | | 20.50 | |
| 126 | 24 | Phillip STANLEY | Mersey Tri | M | 52 | 22.59 | | | | |
| 127 | 83 | Paul DOYLE | Penny Lane Striders | M | 52 | 23.04 | 22.51 | 23.00 | 22.28 | 22.48 |
| 128 | 136 | Andy BATES | Penny Lane Striders | M | 28 | 23.06 | 23.10 | | 24.43 | 24.37 |
| 129 | 103 | Anna WATKIN | Penny Lane Striders | F | 33 | 23.10 | | 24.30 | 23.35 | 23.20 |
| 130 | 91 | Karen PARRY | Knowsley Harriers & AC | F | 45 | 23.21 | 24.01 | | 24.28 | 25.03 |
| 131 | 163 | Natalie WHITEHURST | Nike Running Club | F | 28 | 23.21 | | | | |
| 132 | 23 | John GUY | Penny Lane Striders | M | 39 | 23.30 | | 22.39 | | 22.27 |
| 133 | 170 | David WEBB | Penny Lane Striders | M | 33 | 23.38 | | | | |
| 134 | 57 | Marie MOTLEY | Penny Lane Striders | F | 51 | 23.51 | 23.52 | 23.45 | | 24.07 |
| 135 | 39 | Adam MCGLORY | Penny Lane Striders | M | 27 | 23.54 | 25.29 | | | |
| 136 | 121 | Kat MCGREGOR | Mersey Tri | F | 29 | 24.28 | | | | |
| 137 | 69 | Jon WINDLE | Penny Lane Striders | M | 42 | 24.36 | 25.23 | 25.35 | | 25.04 |
| 138 | 114 | Mal TAYLOR | Penny Lane Striders | M | 39 | 24.36 | | | 24.52 | |
| 139 | 26 | Billy HARGREAVES | Southport Waterloo AC | M | 68 | 24.50 | 24.21 | 23.52 | 24.15 | 24.42 |
| 140 | 115 | Julie HOUGHTON | Mossley Hill AC | F | 44 | 24.57 | 25.17 | | | |
| 141 | 147 | Lisa CROSBY | Mossley Hill AC | F | 42 | 24.57 | | 20.58 | | |
| 142 | 159 | James HOLLAND | Unattached | M | 47 | 25.08 | | | | |
| 143 | 102 | James STANSFIELD | Penny Lane Striders | M | 25 | 25.11 | 25.35 | 23.53 | 24.05 | 24.59 |
| 144 | 143 | Lisa DAVIDSON | Mersey Tri | F | 43 | 25.20 | | | | |
| 145 | 171 | Andrea CLARK | Penny Lane Striders | F | 29 | 25.27 | | 26.04 | | |
| 146 | 77 | Rebecca VARNOUSE | Penny Lane Striders | F | 33 | 25.28 | 25.36 | 26.01 | | 26.43 |
| 147 | 101 | Mary HEERY | Penny Lane Striders | F | 55 | 25.36 | | | | |
| 148 | 22 | Michael SHARKEY | Penny Lane Striders | M | 67 | 25.58 | 25.15 | 25.49 | 25.29 | |
| 149 | 142 | Tracey CARR | Knowsley Harriers & AC | F | 50 | 26.07 | 26.48 | 27.45 | 28.53 | 28.46 |
| 150 | 105 | Rebecca HILL | Mersey Tri | F | 46 | 26.14 | | | | |
| 151 | 17 | Soraya MEAH | Penny Lane Striders | F | 53 | 26.18 | 26.29 | | | |
| 152 | 174 | Joanne SARGINSON | Unattached | F | 21 | 26.25 | | | | |
| 153 | 146 | Michael TARPEY | Unattached | M | 44 | 26.41 | | | | |
| 154 | 42 | Elizabeth DENNETT | Penny Lane Striders | F | 45 | 26.52 | | | | |
| 155 | 140 | Elinor CHAPMAN | Penny Lane Striders | F | 28 | 26.57 | 27.23 | 28.56 | 28.10 | |
| 156 | 64 | Jenny HOUGHTON | Kirkby Milers | F | 31 | 27.23 | 26.53 | 26.52 | | |
| 157 | 109 | Tommy GATES | Penny Lane Striders | M | 55 | 27.42 | | 25.14 | 28.51 | |
| 158 | 53 | Njidela AGWUNA | Penny Lane Striders | F | 43 | 27.53 | | | | |
| 159 | 129 | John WINDER | Unattached | M | 61 | 27.55 | | | | |
| 160 | 34 | Vincent HESSEY | Penny Lane Striders | M | 65 | 27.59 | 29.42 | 28.54 | 28.29 | 28.20 |
| 161 | 67 | Ron THORNTON | Unattached | M | 74 | 28.32 | 28.45 | 28.37 | 28.41 | 28.30 |
| 162 | 168 | Matthew BATES | Knowsley Harriers & AC | M | 29 | 28.44 | | | | |
| 163 | 49 | Michael MORTON | Unattached | M | 49 | 29.06 | | | | |
| 164 | 144 | Nicholas WONG | Unattached | M | 32 | 29.08 | 30.14 | | | 29.26 |
| 165 | 148 | Jo SUTHERLAND | Penny Lane Striders | F | 40 | 29.17 | | | 28.51 | 29.13 |
| 166 | 93 | Philip MOODY | Liverpool Running Club | M | 38 | 29.48 | | | | |
| 167 | 95 | Claire BUTTERWORTH | Penny Lane Striders | F | 29 | 29.48 | 29.46 | 32.04 | 34.18 | 29.38 |
| 168 | 71 | Rebecca NORMAN | Unattached | F | 21 | 30.02 | | | | |
| 169 | 88 | Joanne EDWARDS | Unattached | F | 45 | 30.10 | | | | |
| 170 | 36 | Kevin O'BRIEN | Penny Lane Striders | M | 74 | 31.14 | | | | 32.01 |
| 171 | 40 | Debi MCMILLAN | Penny Lane Striders | F | 43 | 32.08 | 35.07 | 32.17 | 34.18 | |
| 172 | 94 | Joanne MOODY | Liverpool Running Club | F | 34 | 35.28 | | | | |
| 173 | 97 | Leanne HUGHES | Liverpool Running Club | F | 39 | 30.00 | | | | |
| 174 | 133 | Stan COTTIER | Liverpool Running Club | M | 68 | 30.00 | 26.50 | | | 27.16 |