

Merseyside County Schools AA

19, Mooreway, Rainhill, Prescot, Merseyside L35 6PD
Home Tel 0151 – 289 – 8082 Mob 078100 53328
E mail mcsaa2014@gmail.com

JANUARY 15 , UPDATE 2014

Dear Colleague,

I enclose a reminder of the 2014 Merseyside County Schools XC Championships to be held in Sefton Park, Liverpool [at the Café end of the main obelisk field] on Saturday 1st February starting at 10-30am.

NON ENGLISH SCHOOLS AGE GROUPS

We will be holding races for Yr 5 & 6 pupils at a cost of £1 per individual , as well as the yr 7 races, also at a cost of £1 per individual

NB In Both these age groups the lowest scoring three teams of five individuals from each district will receive team awards , as well as the first three individuals in each race

In the Year 7 & Junior [ie yr 8/9] events, teams of five will make up the District teams, with only four to count in the Inter [10+11] & Senior [12 + 13] age groups. The inter & senior girls event will run together as teams, although awards will be given for the first three individuals in each of the two age groups

NB The cost for each individual runner **is £2 per individual** with numbers & registration from the café

[ie **the first FIVE individuals**, in the ESAA age group races, will be automatically invited to compete for MCSAA in the forthcoming ESAA XC Champs]

Please email though entry details ie name, dob, school & age group through to me at this NEW EMAIL ADDRESS - mcsaa2014@gmail.com
It would be helpful if people could forward details by Thursday 20 January

The timetable has been altered & this is the current timetable !!

<u>10-30</u>	Year 5&6 Boys	<u>10.35</u>	5&6 Girls	1,500m
<u>10-45</u>	Year 7 Boys			2,500m
<u>10-50</u>	Year 7 Girls			2,000m
<u>11 05</u>	Year 12 & 13 Senior Boys			7,000m
<u>11-10</u>	Year 8/9 Girls		[Jun Girls]	3,000m
<u>11-35</u>	Year 8/9 Boys		[Jun Boys]	4,000m
<u>11-55</u>	Year 10/11 [Int Girls] & 12/13 [Sen G]			4,000m
<u>12-20</u>	Year 10 / 11 Boys [Int Boys]			6,000m

This year's ESAA Cross Country championships are to be held on Saturday 15 March at Castle Donnington, Leicestershire

Regards & Best Wishes Mike Dooling [Event Co-ordinator]