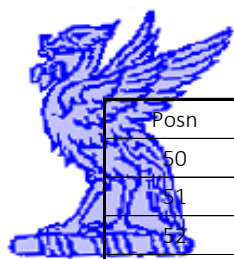


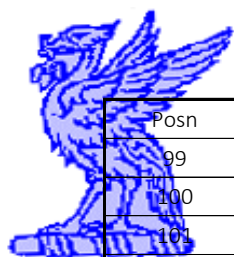
LIVERPOOL HARRIERS 5K MYSTERY SERIES 2017
Race 2 of 5 : Tuesday 13th June 2017 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 1
1	268	Martin SWENSSON	Penny Lane Striders	M	41	15.47	15.46
2	140	James TOOHEY	Liverpool Running Club	M	25	15.59	
3	12	Alan ASHTON	Liverpool Harriers & AC	M	46	16.29	16.37
4	54	Paul SANKEY	Liverpool Harriers & AC	M	48	16.36	
5	13	Mark WYNNE	Liverpool Pembroke & Sefton	M	40	16.40	
6	41	Andy SHELBOURNE	Widnes Running Club	M	30	16.42	
7	93	Rob PEARSE	Wallasey AC	M	43	16.45	
8	232	Stephen WATKIN	Penny Lane Striders	M	36	16.48	16.52
9	55	Amanda CROOK	Southport Waterloo AC	F	31	17.01	
10	257	Dean HANWELL	Mersey Tri	M	30	17.02	
11	111	Chris MAHER	Penny Lane Striders	M	31	17.06	
12	42	Andrew DUNNING	Liverpool Harriers & AC	M	31	17.12	16.59
13	50	Adrian ROACH	Liverpool Harriers & AC	M	41	17.16	
14	169	Stephen DOYLE	Knowsley Harriers & AC	M	42	17.23	17.23
15	86	Mark CLAIR	Mersey Tri	M	34	17.29	
16	174	Mark HOWARD	Mersey Tri	M	39	17.30	
17	237	Andrew PARKINSON	Penny Lane Striders	M	27	17.31	
18	233	Ross WHITE	Penny Lane Striders	M	24	17.37	
19	16	Christian HARVEY	Knowsley Harriers & AC	M	17	17.38	
20	109	Paul TYSON	Unattached	M	20	17.39	
21	124	Tom EVANS	Penny Lane Striders	M	34	17.39	18.08
22	215	Colin BISHOP	Helsby Runners	M	57	17.39	
23	164	Phil RIDING	Penny Lane Striders	M	42	17.42	
24	251	Ben LEWINGTON	Kirkby Milers	M	25	17.45	17.19
25	23	Alex RIGBY	Liverpool Running Club	M	25	17.47	17.36
26	125	Sam EVANS	Penny Lane Striders	M	36	17.48	
27	17	Kyle HARRISON	Liverpool Running Club	M	32	17.48	18.24
28	38	Will KOZER	Widnes Road Runners	M	33	17.57	18.13
29	137	Carl MURPHY	LRC	M	36	17.59	
30	113	Callum GRANT	Liverpool Harriers & AC	M	21	18.06	18.55
31	65	Paul SCHUMANN	Knowsley Harriers & AC	M	54	18.07	17.58
32	145	Lee MOORE	Kirkby Milers	M	31	18.11	18.28
33	186	Andrew STARKEY	Penny Lane Striders	M	39	18.14	17.59
34	8	David WILLSHIRE	Unattached	M	35	18.15	
35	216	Ant CASSIDY	Mossley Hill AC	M	43	18.19	
36	222	Anthony BARBAT	Wallasey AC	M	57	18.24	
37	25	Melissa RONAN	LRC	F	28	18.28	
38	141	Ian MAGILL	Liverpool Running Club	M	47	18.29	
39	260	Matt COLLINS	Mersey Tri	M	36	18.30	
40	292	Bradley WILLIAMS	Penny Lane Striders	M	23	18.35	
41	170	Matthew CLAIR	LRC	M	28	18.36	20.18
42	49	Phil MCDONALD	LPS	M	37	18.37	
43	171	Jonathon TOFT	Penny Lane Striders	M	28	18.38	
44	236	Owen BARDEN	Mersey Tri	M	43	18.39	
45	173	Rob GARTH	Penny Lane Striders	M	28	18.49	
46	71	Faye O'HARE	Liverpool Harriers & AC	F	13	18.50	
47	258	Colin DOBBS	Penny Lane Striders	M	40	18.51	18.19
48	130	Steven IRWIN	Kirkby Milers	M	54	18.52	
49	97	Ian ORFORD	St Helens Tri	M	37	18.53	



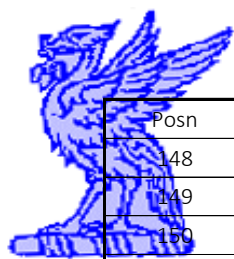
LIVERPOOL HARRIERS 5K MYSTERY SERIES 2017
Race 2 of 5 : Tuesday 13th June 2017 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 1
50	211	Matthew WHALLEY	Kirkby Milers	M	18	18.54	
51	168	Mark DUNN	Kirkby Milers	M	36	18.55	18.29
52	230	Gary ENGLISH	Liverpool Running Club	M	52	18.58	
53	229	John MCLAREN	Knowsley Harriers & AC	M	36	18.59	
54	250	Ian JOINSON	Kirkby Milers	M	25	19.01	
55	58	Nigel GRANT	Penny Lane Striders	M	53	19.03	19.02
56	262	Ian ROCHE	Mersey Tri	M	54	19.04	19.21
57	78	Kevin DUNBAR	St Helens Tri	M	38	19.06	
58	247	Luke BUSHNELL-WYE	Penny Lane Striders	M	28	19.09	18.33
59	161	Julien TOUR	Penny Lane Striders	M	33	19.12	
60	110	Kevin CORNWELL	Liverpool Harriers & AC	M	34	19.14	
61	33	Andrew KEELEY	Penny Lane Striders	M	53	19.15	
62	26	Paul ROBERTS	Widnes Running Club	M	40	19.16	
63	202	Rob EAGLES	Penny Lane Striders	M	31	19.20	
64	115	Carl CUMMINGS	Unattached	M	40	19.21	
65	46	Joseph CHEDGEZOY	Kirkby Milers	M	30	19.23	19.32
66	104	Felicity WOLOHAN	Penny Lane Striders	F	31	19.25	
67	206	Andrew BIDDLE	Penny Lane Striders	M	41	19.29	
68	28	Rob MOORE	Knowsley Harriers & AC	M	40	19.35	
69	101	David DALY	Unattached	M	33	19.35	
70	132	Noora RONKAINEN	Liverpool Harriers & AC	F	32	19.35	
71	75	Rob BRUCHEZ-CORBETT	Penny Lane Striders	M	34	19.36	
72	285	Lee WARBURTON	Penny Lane Striders	M	40	19.37	19.15
73	19	Alex BENTLEY	Knowsley Harriers & AC	M	38	19.40	20.20
74	112	Mal GORDON	Penny Lane Striders	M	37	19.48	
75	199	Hazel MACCORMICK	Penny Lane Striders	F	35	19.51	19.12
76	47	Dave BARR	Liverpool Harriers & AC	M	44	19.52	19.43
77	267	John JENSEN	Penny Lane Striders	M	40	19.56	19.42
78	32	Graham CUSHION	Liverpool Running Club	M	40	19.56	20.08
79	87	Robbie COLLINS	Liverpool Harriers & AC	M	32	19.57	19.13
80	294	Andrew BOULGER	Kirkby Milers	M	45	20.06	
81	241	Katie JOHNSON	Penny Lane Striders	F	34	20.07	
82	231	Rich PEERS	Mersey Tri	M	35	20.08	20.19
83	255	Lindsey HARLAND	Unattached	F	31	20.09	
84	40	Robert WOOD	Liverpool Pembroke & Sefton	M	60	20.10	20.03
85	172	Paul RILEY	Penny Lane Striders	M	46	20.11	
86	62	Tadie ABEKI	Knowsley Harriers & AC	M	40	20.12	19.39
87	117	George DWIGHT	Highworth Running Club	M	22	20.13	20.21
88	53	Tamzin DENTITH	Liverpool Harriers & AC	F	13	20.14	
89	154	Andrew GLEN	Knowsley Harriers & AC	M	54	20.18	21.12
90	269	Stella HAYDEN	Penny Lane Striders	F	32	20.20	
91	293	Michael HOMAN	Unattached	M	29	20.21	
92	252	Steve DIPPLE	Penny Lane Striders	M	44	20.21	20.25
93	4	Paul WILSON	LRC	M	47	20.24	
94	214	Shaun MCGRATH	Widnes Road Runners	M	20	20.26	20.26
95	120	Richard COSTAIN	Penny Lane Striders	M	27	20.33	20.52
96	185	Steve PEMBERTON	Penny Lane Striders	M	62	20.42	21.10
97	105	Colin SEFTON	Mossley Hill AC	M	56	20.44	
98	64	Andrew CONWAY	Liverpool Pembroke & Sefton	M	50	20.48	20.38



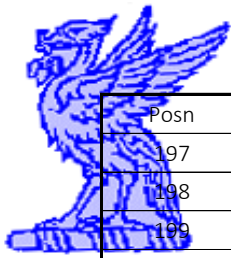
LIVERPOOL HARRIERS 5K MYSTERY SERIES 2017
Race 2 of 5 : Tuesday 13th June 2017 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 1
99	106	Carl YU	Liverpool Running Club	M	42	20.50	21.14
100	271	Grant DAVIDSON	Mersey Tri	M	43	20.52	21.39
101	180	Alan SPENCER	Knowsley Harriers & AC	M	57	20.56	21.48
102	119	Chris SPRUCE	Penny Lane Striders	M	28	20.59	21.51
103	102	Martin HIRRELL	Penny Lane Striders	M	49	21.05	
104	209	Paul CUNNINGHAM	Kirkby Milers	M	21	21.07	
105	284	Ian CLARIDGE	Unattached	M	45	21.08	
106	166	Michael O'ROURKE	Penny Lane Striders	M	33	21.09	20.55
107	273	David GRIFFITHS	Penny Lane Striders	M	46	21.10	
108	146	Andrew MCGLONE	Kirkby Milers	M	33	21.12	
109	188	Georgina GILLEN	Kirkby Milers	F	39	21.14	
110	15	William MERRITT	Knowsley Harriers & AC	M	55	21.15	20.46
111	280	Chris MCELROY	Mossley Hill AC	M	39	21.16	22.20
112	296	Matt HELME	LRC	M	56	21.30	
113	39	Michael CONNOR	Knowsley Harriers & AC	M	52	21.32	
114	244	Sara KELLY	Penny Lane Striders	F	35	21.32	
115	83	Tony PEACOCK	Penny Lane Striders	M	66	21.40	21.36
116	263	Francis KELLY	Mersey Tri	M	47	21.43	
117	77	Louie RELPH	Liverpool Harriers & AC	M	13	21.44	
118	193	Stephen BENNETT	Penny Lane Striders	M	26	21.45	21.13
119	59	Matt FEELEY	Unattached	M	31	21.46	
120	238	Lee WARD	Unattached	M	43	21.47	
121	79	Caroline BARROW	Widnes Running Club	F	42	21.48	
122	134	Mark SKELTON	Penny Lane Striders	M	55	21.49	21.50
123	240	David WEBB	Penny Lane Striders	M	34	21.50	20.47
124	191	Robbie TRECARIHI	Knowsley Harriers & AC	M	42	21.51	21.18
125	261	Scott BROOKS	Mersey Tri	M	52	21.52	22.23
126	1	Rebecca DONOHUE	Liverpool Harriers & AC	F	22	21.53	
127	52	Jamie STEEL	Unattached	M	27	21.54	
128	72	Aimee PIERCE	Liverpool Harriers & AC	F	15	21.55	
129	219	David QUINN	Liverpool Harriers & AC	M	41	21.56	22.42
130	196	Kathryn SHARKEY	Penny Lane Striders	F	36	21.59	21.16
131	45	Jennifer O'SULLIVAN	Kirkby Milers	F	29	22.01	21.54
132	246	Jenny HOUGHTON	Kirkby Milers	F	33	22.02	20.57
133	14	Paul WATERS	Knowsley Harriers & AC	M	32	22.03	
134	189	Steven OWENS	Unattached	M	38	22.04	22.40
135	116	Philip MCEVOY	Unattached	M	62	22.05	
136	217	P LEADBETTER	Knowsley Harriers & AC	M	52	22.06	21.47
137	287	Les JONES	Unattached	M	64	22.07	22.28
138	239	Andrew TROY	Penny Lane Striders	M	26	22.08	
139	278	Karl COLLINS	Unattached	M	46	22.09	23.44
140	156	Stuart ATHERTON	Knowsley Harriers & AC	M	33	22.10	
141	3	Tony HOLMES	Liverpool Running Club	M	56	22.11	21.35
142	136	David MCKENNA	Penny Lane Striders	M	50	22.12	
143	147	Kieron CARR	Knowsley Harriers & AC	M	46	22.19	22.25
144	43	Chris WILLS	Knowsley Harriers & AC	M	39	22.20	22.16
145	192	David MARSH	Southport Waterloo AC	M	57	22.20	
146	150	Wayne JOYCE	St. Helens Sutton AC	M	36	22.20	21.49
147	34	Mark FINCH	Penny Lane Striders	M	51	22.22	



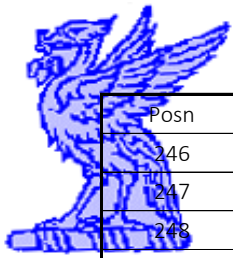
LIVERPOOL HARRIERS 5K MYSTERY SERIES 2017
Race 2 of 5 : Tuesday 13th June 2017 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 1
148	218	Charlotte SANDERSON	Penny Lane Striders	F	28	22.24	
149	81	Michael MALONEY	Knowsley Harriers & AC	M	65	22.24	22.39
150	212	Robert JOHNSON	Mersey Tri	M	52	22.26	
151	129	Susan PAELZOLD	Knowsley Harriers & AC	F	38	22.27	
152	201	Michelle MURPHY	Liverpool Harriers & AC	F	51	22.28	
153	272	John DAVIES	Knowsley Harriers & AC	M	43	22.29	
154	57	Isabel LEYLAND	Liverpool Harriers & AC	F	13	22.30	
155	92	Dan MCCORMICK	Unattached	M	28	22.32	21.45
156	35	George PIERCE	Liverpool Running Club	M	48	22.33	21.46
157	118	Scott MONTGOMERY	Penny Lane Striders	M	36	22.34	
158	299	Glen GROVES	Liverpool Harriers & AC	M	47	22.36	21.40
159	221	Helen RODDY	Mossley Hill AC	F	25	22.38	
160	9	Tony GREEN	Penny Lane Striders	M	58	22.38	22.13
161	162	Dave FOULKES	Unattached	M	52	22.40	22.48
162	133	Kenny GARNER	Mossley Hill AC	M	56	22.41	23.02
163	167	Leslie OWENS	Liverpool Running Club	M	60	22.42	
164	121	Robert COOPER	Penny Lane Striders	M	35	22.43	
165	123	James STANSFIELD	Penny Lane Striders	M	26	22.45	22.32
166	254	Lynn LEWINGTON	Kirkby Milers	F	51	23.03	
167	122	Sarah JACKSON	Penny Lane Striders	F	39	23.05	23.53
168	151	Laura ROACH	Liverpool Running Club	F	32	23.09	
169	207	Kenny WORRALL	Liverpool Running Club	M	43	23.18	
170	63	David LIMBRICK	Islwyn	M	54	23.22	23.57
171	51	Richard REID	Unattached	M	27	23.25	24.05
172	203	Rachael HOLDEN	Helsby Runners	F	33	23.27	
173	160	James ROBERTS	Penny Lane Striders	M	30	23.28	
174	163	Rebecca FOULKES	Unattached	F	19	23.29	24.40
175	152	Neil ROACH	Unattached	M	33	23.30	
176	276	Diane HENNIGAN	Penny Lane Striders	F	43	23.31	
177	277	Neil HENNIGAN	Penny Lane Striders	M	40	23.32	18.44
178	24	Billy HARGREAVES	Southport Waterloo AC	M	69	23.42	23.43
179	208	Michael EDWARDS	Penny Lane Striders	M	57	23.43	
180	66	Emma REID	Penny Lane Striders	F	30	23.44	
181	138	Amena MADDEN	Liverpool Running Club	F	44	23.45	23.39
182	274	Lucy HELSBY	Kirkby Milers	F	26	23.50	
183	48	Brian HIGGINS	Penny Lane Striders	M	54	23.51	
184	249	Jonny WALMSLEY	Penny Lane Striders	M	31	23.52	
185	2	Andy DIXON	LRC	M	42	23.53	22.33
186	259	Jon MORRIS	Penny Lane Striders	M	26	23.54	
187	256	Nick KILTY	Knowsley Harriers & AC	M	35	24.01	
188	60	John DOBIE	Liverpool Pembroke & Sefton	M	69	24.04	
189	198	John GUY	Penny Lane Striders	M	41	24.05	24.10
190	94	Richard O'LOUGHLIN	Unattached	M	45	24.09	
191	275	Pat HELSBY	Kirkby Milers	F	61	24.10	
192	85	Vicki COLLINS	Liverpool Running Club	F	30	24.10	24.08
193	291	Anne PHILLIPS	Knowsley Harriers & AC	F	39	24.18	24.25
194	295	Peter ATKIN	Liverpool Running Club	M	29	24.25	27.28
195	158	Dawn ATHERTON	Knowsley Harriers & AC	M	28	24.28	
196	139	Bhav MISTRY	Kirkby Milers	F	46	24.35	



LIVERPOOL HARRIERS 5K MYSTERY SERIES 2017
Race 2 of 5 : Tuesday 13th June 2017 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 1
197	245	Kenneth DAY	Kirkby Milers	M	37	24.35	19.10
198	76	Jo BRUCHEZ-CORBETT	Penny Lane Striders	F	39	24.45	
199	36	Stephen GORMAN	Penny Lane Striders	M	44	24.46	23.26
200	227	Billy SERGESON	Penny Lane Striders	M	48	24.47	25.24
201	5	Ray BESSANT	Widnes Running Club	M	51	24.54	
202	243	Ian PINNINGTON	Mossley Hill AC	M	52	24.58	24.19
203	165	Louis ATKINSON	Kirkby Milers	M	25	25.04	
204	226	Helen OSBORNE	Penny Lane Striders	F	28	25.10	25.55
205	67	Olivia DUNNING	Liverpool Harriers & AC	F	15	25.11	
206	126	Onnor HAMPSON	Knowsley Harriers & AC	F	47	25.12	25.47
207	144	Jane NICHOLSON	Penny Lane Striders	F	53	25.16	24.58
208	253	Fidelma HAWES	Mossley Hill AC	F	46	25.19	
209	286	Judith DYER	Penny Lane Striders	F	51	25.23	25.07
210	107	Carys SCHOFIELD	Penny Lane Striders	F	29	25.23	25.50
211	69	Kim HANIQUE	Unattached	F	38	25.24	
212	205	Andrew HANKINSON	Widnes Running Club	M	23	25.27	
213	108	John TOPPING	Unattached	M	52	25.29	26.11
214	91	Ellie DARBY	Unattached	F	22	25.34	
215	225	Keith BOYLE	Penny Lane Striders	M	43	25.35	
216	282	Kedar OHOPADE	Knowsley Harriers & AC	M	??	25.36	
217	80	Hilary PRICE	Widnes Running Club	F	46	25.37	
218	143	Denise GARRIGAN	kirkby Milers	F	36	25.37	26.22
219	131	Leanne IRWIN	Kirkby Milers	F	24	25.38	
220	298	Karen DALBY	Mersey Tri	F	53	25.47	
221	155	Katy DAVITT	Kirkby Milers	F	39	25.49	
222	84	Debby COAREL	Widnes Running Club	F	55	25.53	
223	223	Ian BURROWS	Widnes Running Club	M	44	25.54	
224	224	Mike WELSBY	Penny Lane Striders	M	51	25.55	
225	100	Finoa HALL	Widnes Running Club	F	38	25.58	
226	21	Ian SINNOTT	Unattached	M	44	26.03	
227	27	Clare MASON	Widnes Running Club	F	50	26.06	
228	210	Rebecca VARNOUSE	Penny Lane Striders	F	34	26.07	25.28
229	179	Mick O'BRIEN	Knowsley Harriers & AC	M	49	26.08	26.40
230	56	Christine GRANT	Penny Lane Striders	F	50	26.09	26.23
231	73	Andrew BRADLEY	Knowsley Harriers & AC	M	33	26.10	
232	228	Claire MEADOWS	Penny Lane Striders	F	48	26.15	
233	127	Claudia MCLEAN	Knowsley Harriers & AC	F	47	26.21	
234	290	Kathryn GRIFFIN	Knowsley Harriers & AC	F	40	26.21	27.09
235	289	Katie CUNLIFFE	Knowsley Harriers & AC	F	27	26.29	
236	30	Hannah COYNE-WILLIAMS	Unattached	F	22	26.30	
237	178	Barry BRIGHT	Penny Lane Striders	M	59	26.35	
238	187	Matt FORSHAW	Penny Lane Striders	M	32	26.35	
239	266	Isabelle LIVESLY	Kirkby Milers	F	14	26.46	
240	281	Nick BARTLETT	Knowsley Harriers & AC	M	43	26.55	26.50
241	264	Carolyn KNOTT	Penny Lane Striders	F	45	26.57	
242	153	Jonathan CALDER	Unattached	M	31	26.58	
243	265	Helen LIVESLY	Kirkby Milers	F	42	27.06	
244	37	Daniel COPE	Kirkby Milers	M	14	27.15	30.11
245	6	Mark QUINN	Unattached	M	47	27.21	



LIVERPOOL HARRIERS 5K MYSTERY SERIES 2017
Race 2 of 5 : Tuesday 13th June 2017 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 1
246	95	Sarah SHAW	Widnes Running Club	F	39	27.29	
247	20	Alison LYSONS	Widnes Road Runners	F	53	27.32	28.37
248	82	Sarah MATTHEWS	Widnes Running Club	F	37	27.33	
249	270	Alison SOHL	Knowsley Harriers & AC	F	36	27.37	
250	22	Michelle KELLY	Penny Lane Striders	F	56	27.40	27.15
251	190	Stan COTTIER	LRC	M	70	27.49	
252	29	Stephen HOLMES	Newsham Park	M	40	27.52	
253	128	Katie LLOYD	Knowsley Harriers & AC	F	21	27.53	28.49
254	181	Kath HORSLEY	Knowsley Harriers & AC	F	44	28.01	27.21
255	297	Chris JONES	Penny Lane Striders	M	35	28.03	
256	70	David DODD	Knowsley Harriers & AC	M	44	28.06	
257	98	Tony WOODS	Penny Lane Striders	M	45	28.08	30.54
258	149	Fiona BRADBURY	Knowsley Harriers & AC	F	30	28.09	28.28
259	135	Elaine RILEY	Widnes Running Club	F	48	28.11	
260	220	Elizabeth CHAPMAN	Unattached	F	31	28.19	
261	184	Maia ROBINSON	Knowsley Harriers & AC	F	16	28.32	28.23
262	103	Andy HIRRELL	Kingston AC	M	26	28.32	30.38
263	90	Jan SWALES	Widnes Running Club	F	57	28.37	
264	288	Sarah WRIGHT	Knowsley Harriers & AC	F	42	28.40	
265	11	Michael CHARMAN	Knowsley Harriers & AC	M	67	28.42	
266	7	Lisa PRITCHARD	Mossley Hill AC	F	36	28.47	
267	31	Liz SIMPSON	Penny Lane Striders	F	70	28.55	28.46
268	44	Soraya MEAH	Penny Lane Striders	F	53	28.55	
269	74	Ian LEWIS	Unattached	M	35	28.57	28.27
270	279	Vincent HESSEY	Penny Lane Striders	M	67	29.17	29.10
271	18	Christine HO	Knowsley Harriers & AC	F	42	29.21	28.48
272	242	Phillip HEWITT	Knowsley Harriers & AC	M	39	29.23	29.52
273	182	Scarlett ROBINSON	Knowsley Harriers & AC	F	13	29.27	
274	89	Penny WORTHINGTON	Widnes Running Club	F	49	29.34	
275	88	Rita TRACY	Widnes Running Club	F	60	29.46	
276	183	Joanne EDWARDS	Penny Lane Striders	F	45	29.51	
277	159	Jim GARVEY	Penny Lane Striders	M	71	30.00	
278	177	Neil WILSON	Knowsley Harriers & AC	M	50	30.03	29.35
279	235	Matthew BATES	Knowsley Harriers & AC	M	30	30.18	30.59
280	213	Gill SWADKINS	Knowsley Harriers & AC	F	55	30.39	30.39
281	99	Tommy GATES	Penny Lane Striders	M	57	31.01	
282	61	Ron THORNTON	Knowsley Harriers & AC	M	75	31.03	32.26
283	234	Nicola MADDOCK	Knowsley Harriers & AC	F	41	31.08	30.24
284	175	Jenny PEEL	Mersey Tri	F	71	31.23	
285	96	Jane WOODS	Penny Lane Striders	F	46	31.34	30.55
286	283	Reena OHOPADE	Knowsley Harriers & AC	F	??	31.45	
287	10	Steph CHARMAN	Spectrum Striders	F	66	33.22	
288	176	Elizabeth MORGAN	Widnes Running Club	F	26	35.10	
289	195	Matthew PITT	Unattached	M	29	35.13	
290	194	Liam DOBSON	Unattached	M	29	35.13	