

Division 2W Match 3 - Trafford

				Perf	Record	Wind	AW	3 July 2016					
				Perf									
<u>Men's 100m A</u>				Wind=				<u>Men's 100m B</u>					
1	4	Daniel Heald	Sale Harriers Manch	10.9			<input checked="" type="checkbox"/>	1	33	Charles Burke	Manchester Harriers	11.1	<input checked="" type="checkbox"/>
2	2	Elliot Jones	Liverpool Pembroke	11.1			<input checked="" type="checkbox"/>	2	22	Danny Higham	Liverpool Pembroke	11.2	<input checked="" type="checkbox"/>
3	3	Ian Fennell	Manchester Harriers	11.2			<input checked="" type="checkbox"/>	3	11	David Kapenda	Liverpool Harriers	11.5	<input checked="" type="checkbox"/>
4	6	Jonathan Holden	Wigan & District	11.5			<input checked="" type="checkbox"/>	4	44	Harry Lord	Sale Harriers Manch	12.0	
5	5	Andy Curphey	Team Isle of Man	12.1				5	66	Louis Cater	Wigan & District	12.4	
6	1	Sam Meredith	Liverpool Harriers	DNQ				6	55	Stephen Teale	Team Isle of Man	12.4	
7								7					
8								8					
<u>Men's 200m A</u>				Wind=				<u>Men's 200m B</u>					
1	4	Daniel Heald	Sale Harriers Manch	21.9			<input checked="" type="checkbox"/>	1	22	Wayne Ashall	Liverpool Pembroke	22.8	<input checked="" type="checkbox"/>
2	2	Joe Milton	Liverpool Pembroke	22.5			<input checked="" type="checkbox"/>	2	66	Jacob Maguire	Wigan & District	23.5	
3	6	Adam Harvey	Wigan & District	22.9			<input checked="" type="checkbox"/>	3	11	David Kapenda	Liverpool Harriers	23.7	
4	3	Faisal Othman	Manchester Harriers	23.5				4	44	Dylan Battick	Sale Harriers Manch	24.6	
5	1	Kingston Amaechi	Liverpool Harriers	23.5				5	55	George Skidmore	Team Isle of Man	24.9	
6	5	Kian Broadhead	Team Isle of Man	25.1				6					
7								7					
8								8					
<u>Men's 400m A</u>								<u>Men's 400m B</u>					
1	2	Danny Higham	Liverpool Pembroke	49.1			<input checked="" type="checkbox"/>	1	66	Jacob Maguire	Wigan & District	50.6	<input checked="" type="checkbox"/>
2	6	Adam Harvey	Wigan & District	50.2			<input checked="" type="checkbox"/>	2	44	Dylan Battick	Sale Harriers Manch	52.7	<input checked="" type="checkbox"/>
3	5	Brandon Atchison	Team Isle of Man	51.3			<input checked="" type="checkbox"/>	3	22	Jonathon Bride	Liverpool Pembroke	52.9	<input checked="" type="checkbox"/>
4	4	Jacob Lingard	Sale Harriers Manch	51.4			<input checked="" type="checkbox"/>	4	33	Liam Bartlett	Manchester Harriers	54.8	
5	3	Andy Parsonage	Manchester Harriers	52.4			<input checked="" type="checkbox"/>	5	11	Christian Woods	Liverpool Harriers	55.3	
6	1	Dan Corrigan	Liverpool Harriers	54.5				6	55	Rhys Owen	Team Isle of Man	56.2	
7								7					
8								8					
<u>Men's 800m A</u>								<u>Men's 800m B</u>					
1	2	Luke Edwards	Liverpool Pembroke	1.56.9				1	22	Jonathon Bride	Liverpool Pembroke	1.59.1	
2	3	Rocco Zaman	Manchester Harriers	2.00.1				2	33	Andy Parsonage	Manchester Harriers	2.00.1	
3	6	Andy Kauffman	Wigan & District	2.01.1				3	44	Luke Chesters	Sale Harriers Manch	2.02.4	
4	5	Rhys Owen	Team Isle of Man	2.01.9				4	66	Jack Dee Inham	Wigan & District	2.03.2	
5	4	Alex Bradford	Sale Harriers Manch	2.03.6				5	11	Ryan Whiston	Liverpool Harriers	2.03.7	
6	1	Ammon Yeardsley	Liverpool Harriers	2.06.1				6	55	George Dickenson	Team Isle of Man	2.09.4	
7								7					
8								8					
<u>Men's 1500m A</u>								<u>Men's 1500m B</u>					
1	4	David Rich	Sale Harriers Manch	4.05.6				1	11	Aaron Jarvis	Liverpool Harriers	4.12.1	
2	1	Laurie Luscombe	Liverpool Harriers	4.08.8				2	5	Stephen Garrett	Team Isle of Man	4.13.5	
3	55	Andy Barron	Team Isle of Man	4.09.9				3	44	David Marsh	Sale Harriers Manch	4.15.1	
4	2	Sean Kirkbride	Liverpool Pembroke	4.14.8				4	22	Jack Crook	Liverpool Pembroke	4.20.2	
5	6	Tim Hartley	Wigan & District	4.17.1				5	33	Matty Fox	Manchester Harriers	4.22.3	
6	3	Ed Fazakerley	Manchester Harriers	4.21.1				6	66	Jack Dee Inham	Wigan & District	4.36.7	
7								7					
8								8					
<u>Men's 3000m S/Chase A</u>								<u>Men's 3000m S/Chase B</u>					
1	4	James Wignall	Sale Harriers Manch	10.09.8				1	44	Gary Lyons	Sale Harriers Manch	11.40.7	
2	6	Danny Hinds	Wigan & District	10.24.4				2	66	Andy Kauffman	Wigan & District	13.42.7	
3	1	Dale Higham	Liverpool Harriers	11.08.2				3					
4	2	Matt Thompson	Liverpool Pembroke	11.26.3				4					
5	3	Chris Sykes	Manchester Harriers	12.53.9				5					
6								6					
7								7					
8								8					

Division 2W Match 3 - Trafford

				Perf	Record	Wind	AW	3 July 2016				Perf	Wind	AW
<u>Men's 5000m A</u>								<u>Men's 5000m B</u>						
1	4	Gareth Raven	Sale Harriers Manch	15.17.00				1	22	Mark Wynne	Liverpool Pembroke	16.21.3		
2	1	Richard Burney	Liverpool Harriers	15.29.1				2	44	Rob Jowett	Sale Harriers Manch	16.26.5		
3	2	James Loftus	Liverpool Pembroke	16.09.7				3	11	Alan Ashton	Liverpool Harriers	16.27.1		
4	55	Jack Okell	Team Isle of Man	16.25.3				4	66	Andy Kauffman	Wigan & District	16.51.3		
5	6	Gary Fitzpatrick	Wigan & District	16.31.0				5	33	Donnacha Maguire	Manchester Harriers	17.38.4		
6	3	Ed Fazakerley	Manchester Harriers	16.33.0				6	5	Oliver Dickenson	Team Isle of Man	17.57.6		
7								7						
8								8						
<u>Men's 400m Hurdles A</u>								<u>Men's 400m Hurdles B</u>						
1	1	Andrew Desmond	Liverpool Harriers	56.3			☑	1	11	Steve Freeman	Liverpool Harriers	64.4		
2	6	Danny Hinds	Wigan & District	63.4				2	55	Stephen Teare	Team Isle of Man	67.5		
3	2	Matt Thompson	Liverpool Pembroke	63.8				3	66	Ian Gouldthorpe	Wigan & District	70.9		
4	5	Ethan McNaught	Team Isle of Man	66.0				4	44	Gary Lyons	Sale Harriers Manch	74.2		
5	4	Dave Marsh	Sale Harriers Manch	71.0				5						
6	3	Chris Sykes	Manchester Harriers	75.1				6						
7								7						
8								8						
<u>Men's 110m Hurdles A</u>					Wind=			<u>Men's 110m Hurdles B</u>					Wind=	
1	4	Alex Wort	Sale Harriers Manch	15.0			☑	1	66	Ian Gouldthorpe	Wigan & District	28.4		
2	1	Mike Sweeney	Liverpool Harriers	17.5			☑	2						
3	5	Daniel Clague	Team Isle of Man	19.8				3						
4	6	Danny Hinds	Wigan & District	20.3				4						
5								5						
6								6						
7								7						
8								8						
<u>Men's Hammer A</u>								<u>Men's Hammer B</u>						
1	4	Mike Floyd	Sale Harriers Manch	56.75			☑	1	44	William Schofield	Sale Harriers Manch	39.82		☑
2	1	Shaun Livett	Liverpool Harriers	43.64			☑	2	11	Mike Ashworth	Liverpool Harriers	36.97		☑
3	2	Gary Ireland	Liverpool Pembroke	38.25			☑	3	22	Dave Brown	Liverpool Pembroke	23.98		
4	5	Andy McKee	Team Isle of Man	28.34			☑	4	55	Geoff Hall	Team Isle of Man	18.85		
5	6	Trevor Painter	Wigan & District	21.39				5	66	Ian Gouldthorpe	Wigan & District	17.92		
6	33	Mikey Fennell	Manchester Harriers	13.62				6	3	Kes Salmom	Manchester Harriers	13.48		
7								7						
8								8						
<u>Men's Discus A</u>								<u>Men's Discus B</u>						
1	6	Tom Dobbs	Wigan & District	41.85			☑	1	66	Scott Jones	Wigan & District	37.37		☑
2	11	Alnis Kulkovs	Liverpool Harriers	37.19			☑	2	1	Ryan Murray	Liverpool Harriers	35.00		☑
3	2	Gary Ireland	Liverpool Pembroke	29.84			☑	3	22	Dave Brown	Liverpool Pembroke	29.67		☑
4	5	Andy McKee	Team Isle of Man	29.50			☑	4	55	Gepff Hall	Team Isle of Man	15.62		
5	4	Will Schofield	Sale Harriers Manch	22.84				5	3	Kes Salmom	Manchester Harriers	15.42		
6	33	Liam Bartlett	Manchester Harriers	16.41				6	44	Daniel Henderson	Sale Harriers Manch	15.26		
7								7						
8								8						
<u>Men's Javelin A</u>								<u>Men's Javelin B</u>						
1	5	Brandon Atchison	Team Isle of Man	52.07			☑	1	55	Daniel Clague	Team Isle of Man	44.45		☑
2	4	Alex Wort	Sale Harriers Manch	49.33			☑	2	1	Ryan Murray	Liverpool Harriers	41.64		☑
3	6	Tom Dobbs	Wigan & District	47.36			☑	3	22	Ben Harding	Liverpool Pembroke	40.02		☑
4	11	David McKown	Liverpool Harriers	46.91			☑	4	44	Michael Porter	Sale Harriers Manch	29.81		
5	2	Will Hynd	Liverpool Pembroke	40.36			☑	5	66	Louis Cater	Wigan & District	25.82		
6	3	Liam Bartlet	Manchester Harriers	33.86				6	33	Kes Salmom	Manchester Harriers	16.60		
7								7						
8								8						

Division 2W Match 3 - Trafford

				Perf	Record	Wind	AW	3 July 2016					
				Perf	Record	Wind	AW						
<u>Men's Shot Putt A</u>								<u>Men's Shot Putt B</u>					
1	4	John Nicholls	Sale Harriers Manch	14.05			<input checked="" type="checkbox"/>	1	66	Scott Jones	Wigan & District	11.93	<input checked="" type="checkbox"/>
2	1	Ryan Murray	Liverpool Harriers	12.49			<input checked="" type="checkbox"/>	2	11	David McKown	Liverpool Harriers	10.17	<input checked="" type="checkbox"/>
3	6	Tom Dobbs	Wigan & District	12.36			<input checked="" type="checkbox"/>	3	22	Dave Brown	Liverpool Pembroke	9.89	
4	2	Gary Ireland	Liverpool Pembroke	11.05			<input checked="" type="checkbox"/>	4	55	Gepff Hall	Team Isle of Man	7.08	
5	5	Andy McKee	Team Isle of Man	10.83			<input checked="" type="checkbox"/>	5	44	Daniel Henderson	Sale Harriers Manch	6.04	
6	33	Mikey Fennell	Manchester Harriers	7.84				6	3	Kes Salmom	Manchester Harriers	5.63	
7								7					
8								8					
<u>Men's Long Jump A</u>								<u>Men's Long Jump B</u>					
1	3	Mikey Fennell	Manchester Harriers	6.48			<input checked="" type="checkbox"/>	1	4	Harry lord	Sale Harriers Manch	5.96	<input checked="" type="checkbox"/>
2	44	Matt Cullen	Sale Harriers Manch	6.15			<input checked="" type="checkbox"/>	2	22	Rob Ward	Liverpool Pembroke	5.67	
3	2	Matthew Ingram	Liverpool Pembroke	6.15			<input checked="" type="checkbox"/>	3	11	Kingston Amaechi	Liverpool Harriers	5.11	
4	5	Daniel Clague	Team Isle of Man	6.03			<input checked="" type="checkbox"/>	4	33	Stephen Armstrong	Manchester Harriers	4.97	
5	6	Jonathan Holden	Wigan & District	5.86			<input checked="" type="checkbox"/>	5	66	Adam Standbie	Wigan & District	4.94	
6	1	Mike Sweeney	Liverpool Harriers	5.49				6	55	Harrison Kirk	Team Isle of Man	4.92	
7								7					
8								8					
<u>Men's Triple Jump A</u>								<u>Men's Triple Jump B</u>					
1	4	Jonathan Ferryman	Sale Harriers Manch	12.52			<input checked="" type="checkbox"/>	1	33	Liam Bartlett	Manchester Harriers	10.74	
2	2	Matthew Ingram	Liverpool Pembroke	12.51			<input checked="" type="checkbox"/>	2	55	Harrison Kirk	Team Isle of Man	9.81	
3	66	Adam Standbie	Wigan & District	11.64				3	6	Dary Hinds	Wigan & District	9.09	
4	3	Mikey Fennell	Manchester Harriers	11.23				4	22	Dave Brown	Liverpool Pembroke	7.85	
5	5	Stephen Teare	Team Isle of Man	10.98				5	44	Glen Savage	Sale Harriers Manch	7.51	
6								6					
7								7					
8								8					
<u>Men's High Jump A</u>								<u>Men's High Jump B</u>					
1	2	Kai Finch	Liverpool Pembroke	1.90			<input checked="" type="checkbox"/>	1	22	Billy Williams	Liverpool Pembroke	1.80	<input checked="" type="checkbox"/>
2=	44	Shane Connell	Sale Harriers Manch	1.85			<input checked="" type="checkbox"/>	2	1	Mike Sweeney	Liverpool Harriers	1.80	<input checked="" type="checkbox"/>
2=	11	Alex Rafferty	Liverpool Harriers	1.85			<input checked="" type="checkbox"/>	3	4	Alex Wort	Sale Harriers Manch	1.75	<input checked="" type="checkbox"/>
4=	66	Harry Coppell	Wigan & District	1.80			<input checked="" type="checkbox"/>	4	55	Ethan McNaught	Team Isle of Man	1.65	
4=	5	Daniel Clague	Team Isle of Man	1.80			<input checked="" type="checkbox"/>						
<u>Men's Pole Vault A</u>								<u>Men's Pole Vault B</u>					
1	4	Harry Lord	Sale Harriers Manch	3.90			<input checked="" type="checkbox"/>	1	44	Matt Cullen	Sale Harriers Manch	3.80	<input checked="" type="checkbox"/>
2	1	Chris Roose	Liverpool Harriers	3.90			<input checked="" type="checkbox"/>	2	11	Aaron Humphreys	Liverpool Harriers	3.00	<input checked="" type="checkbox"/>
3	66	Christopher Lamb	Wigan & District	3.80			<input checked="" type="checkbox"/>	3	22	Dave McComb	Liverpool Pembroke	2.10	
4	5	Daniel Clague	Team Isle of Man	2.90									
5	2	Gary Ireland	Liverpool Pembroke	2.10									
<u>Men's 4x100m Relay</u>													
1	2	Liverpool Pembroke	Danny Higham	Luke Edwards	Joe Milton	Elliot Jones	43.5	<input checked="" type="checkbox"/>					
2	6	Wigan & District	Adam Harvey	Louis Cater	Jonathan holden	Harry Coppell	45.1						
3	3	Manchester Harriers	Charles Burke	Faisal Othman	Stephen Armstrong	Ian Fennell	45.8						
4	1	Liverpool Harriers	Sam Meredith	Kingston Amaechi	David Kapenda	Abdul Azam	46.8						
5	5	Team Isle of Man	Andy Curphey	Stephen Teare	George Skidmore	Kian Broadhead	47.7						
6	4	Sale Harriers Manchestr	Jacob Lingard	Dave Marsh	Jonathan Ferryman	Dylan Battick	48.4						
7													
8													

Division 2W Match 3 - Trafford

Perf Record Wind AW

3 July 2016

Perf Wind AW

Men's 4x400m Relay

	Perf	Record	Wind	AW		Perf	Wind	AW	
1	2	Liverpool Pembroke	Danny Higham	Wayne Ashall	Joe Milton	Luke Edwards			3.20.6
2	6	Wigan & District	Adam Harvey	Jack Dee Inham	Tim Hartley	Jacob Maguire			3.36.4
3	4	Sale Harriers Manchestr	James Wignall	Alex Bradford	Alex Wort	Jacob Lingard			3.37.0
4	1	Liverpool Harriers	Dan Corrigan	Christian Woods	Ammon Yearsley	C Tighe			3.37.7
5	5	Team Isle of Man	Brandon Atchison	Stephen Garrett	Rhys Owen	Andrew Barron			3.41.5
6									
7									
8									

MATCH RESULT			League Points	Match	STANDINGS			League Points	Match
1	Sale		6	393.5	1	Liverpool	14	1146.5	
2	Pembroke		5	374.5	2	Wigan	12	1109.0	
3	Isle Man		4	371.5	3	Pembroke	12	1105.0	
4	Wigan		3	362.0	4	Sale	12	1018.5	
5	Liverpool		2	319.5	5	Isle Man	10	1007.0	
6	Manchester		1	225.0	6	Manchester	3	675.0	
7					7				
8					8	#N/A	#N/A	#N/A	

Men's 100m Non Scoring

Wind=

1	Kingston Amaechi	11.6
2	Sam Meredith	11.6
3	Stephen Armstrong	11.8
4	Christopher Lamb	12.2
5	George Skidmore	12.4
6	KianBroadhead	12.6
7	Abdul Azam	13.5
8		

Men's 100m Non Scoring

Wind=

1		
2		
3		
4		
5		
6		
7		
8		

Division 2W Match 3 - Trafford

3 July 2016

				Perf	Record	Wind	AW					Perf	Record	Wind	AW
<u>Women's 100m A</u>				Wind=				<u>Women's 100m B</u>				Wind=			
1	6	Rebecca Walkden	Wigan & District	12.8			☑	1	55	Bethan Pilley	Team Isle of Man	13.1			
2	3	Marie Fournena	Manchester Harriers	12.9			☑	2	66	Ellie Robinson	Wigan & District	13.1			
3	5	Meghan Pilley	Team Isle of Man	12.9			☑	3	22	Evelyn Smalley	Liverpool Pembroke	13.6			
4	4	Ellie Jackson	Sale Harriers Manch	13.0			☑	4	44	Shelby Rashford	Sale Harriers Manch	13.9			
5	2	Emma Givens	Liverpool Pembroke	13.2			☑	5	11	Beth Sale	Liverpool Harriers	14.1			
6	1	Lydia Reynolds	Liverpool Harriers	14.4				6	33	Debbie Beresford	Manchester Harriers	19.8			
7								7							
8								8							
<u>Women's 200m A</u>				Wind=				<u>Women's 200m B</u>				Wind=			
1	6	Rebecca Walkden	Wigan & District	26.2			☑	1	66	Ellie Robinson	Wigan & District	26.9			
2	5	Meghan Pilley	Team Isle of Man	26.8			☑	2	22	Jessica Fitzgerald	Liverpool Pembroke	27.8			
3	3	Marie Fournena	Manchester Harriers	27.5				3	44	Olivia Crompton	Sale Harriers Manch	28.3			
4	2	Emma Givens	Liverpool Pembroke	27.5				4	55	Emma Snell	Team Isle of Man	29.4			
5	4	Ellie Jackson	Sale Harriers Manch	27.6				5	11	Emily Henshall	Liverpool Harriers	29.5			
6	1	Lydia Reynolds	Liverpool Harriers	29.6				6	33	Chloe Davies	Manchester Harriers	46.8			
7								7							
8								8							
<u>Women's 400m A</u>								<u>Women's 400m B</u>							
1	5	Ashleigh Lachenicht	Team Isle of Man	60.6			☑	1	66	Georgia Walsh	Wigan & District	61.5			
2	2	Lucy Townson	Liverpool Pembroke	62.7			☑	2	11	Beth Sale	Liverpool Harriers	63.1			
3	6	Ella Jennings	Wigan & District	63.6			☑	3	22	Jessica Fitzgerald	Liverpool Pembroke	67.1			
4	4	Eleanor Twite	Sale Harriers Manch	64.9				4	55	Gail Griffiths	Team Isle of Man	75.6			
5	1	Tenisha Maher	Liverpool Harriers	66.5				5	44	Sinead Ferguson	Sale Harriers Manch	89.4			
6	3	Chloe Davies	Manchester Harriers	74.8				6	33	Debbie Beresford	Manchester Harriers	1.41.6			
7								7							
8								8							
<u>Women's 800m A</u>								<u>Women's 800m B</u>							
1	5	Ashleigh Lachenicht	Team Isle of Man	2:19.5				1	55	Amie Cringle	Team Isle of Man	2:27.3			
2	1	Megan Ball	Liverpool Harriers	2:23.0				2	66	Aimee Taylor	Wigan & District	2:33.0			
3	4	Frankie Reid	Sale Harriers Manch	2:25.6				3	44	Helen Armitage	Sale Harriers Manch	2:33.5			
4	6	Sophie Elsdon	Wigan & District	2:28.4				4	11	Jade Morgan	Liverpool Harriers	2:33.8			
5	2	Alex Bunclark	Liverpool Pembroke	2:35.9				5	22	Holly Rylance	Liverpool Pembroke	2:39.8			
6	3	Debbie Beresford	Manchester Harriers	3:36.3				6	33	Chloe Davies	Manchester Harriers	3:01.8			
7								7							
8								8							
<u>Women's 1500m A</u>								<u>Women's 1500m B</u>							
1	55	Sarah Webster	Team Isle of Man	4:55.2				1	5	Caroline Myers	Team Isle of Man	5:05.6			
2	2	Tessa Robinson	Liverpool Pembroke	4:58.8				2	44	Helen Armitage	Sale Harriers Manch	5:20.0			
3	6	Charlotte Newsham	Wigan & District	5:09.7				3	11	Anna Le Wilson	Liverpool Harriers	5:43.2			
4	4	Chiara Young	Sale Harriers Manch	5:18.4				4	33	Debbie Beresford	Manchester Harriers	7:31.2			
5	1	Jade Morgan	Liverpool Harriers	5:20.7				5							
6	3	Jackie Ellison	Manchester Harriers	7:14.7				6							
7								7							
8								8							
<u>Women's 3000m A</u>								<u>Women's 3000m B</u>							
1	2	Tessa Robinson	Liverpool Pembroke	10:18.9				1	55	Gail Griffiths	Team Isle of Man	11:09.4			
2	5	Sarah Webster	Team Isle of Man	10:28.2				2	11	Anna Lee Wilson	Liverpool Harriers	12:39.2			
3	1	Megan Ball	Liverpool Harriers	10:47.0				3	44	Helen Regan	Sale Harriers Manch	12:46.6			
4	4	Alice Ball	Sale Harriers Manch	11:35.6				4	22	Julie Lang	Liverpool Pembroke	14:40.9			
5	3	Debbie Beresford	Manchester Harriers	15:14.4				5	33	Samantha Gartside	Manchester Harriers	16:10.5			
6								6							
7								7							
8								8							

Division 2W Match 3 - Trafford

Women's 400m Hurdles A

	Perf	Record	Wind	AW	
1	5	Sarat Watterson	Team Isle of Man	67.7	<input checked="" type="checkbox"/>
2	2	Lucy Townson	Liverpool Pembroke	72.6	<input checked="" type="checkbox"/>
3	1	Emily Henshall	Liverpool Harriers	80.0	
4	4	Belinda Hammond	Sale Harriers Manch	91.7	
5					
6					
7					
8					

Women's 100m Hurdles A

	Perf	Record	Wind	AW	
1	4	Grace Bower	Sale Harriers Manch	15.0	<input checked="" type="checkbox"/>
2	2	Emma Givens	Liverpool Pembroke	15.5	<input checked="" type="checkbox"/>
3	5	Sarah Watterson	Team Isle of Man	16.0	<input checked="" type="checkbox"/>
4	1	Elizabeth Henshall	Liverpool Harriers	19.8	
5					
6					
7					
8					

Women's Hammer A

	Perf	Record	Wind	AW	
1	1	Charlotte Stuchburry	Liverpool Harriers	42.00	<input checked="" type="checkbox"/>
2	4	Hannah Blood	Sale Harriers Manch	35.03	<input checked="" type="checkbox"/>
3	5	Alice Bell	Team Isle of Man	33.85	<input checked="" type="checkbox"/>
4	22	Rachel Hutchinson	Liverpool Pembroke	31.90	<input checked="" type="checkbox"/>
5	6	Emmily Hartley	Wigan & District	29.15	<input checked="" type="checkbox"/>
6	3	Karen Spilsbury	Manchester Harriers	18.20	
7					
8					

Women's Discus A

	Perf	Record	Wind	AW	
1	1	Charlotte Stuchburry	Liverpool Harriers	23.44	
2	6	Millie Forrest	Wigan & District	21.98	
3	2	Ruth Doran	Liverpool Pembroke	20.75	
4	4	Hannah Blood	Sale Harriers Manch	18.88	
5	55	Amie Cringle	Team Isle of Man	17.74	
6	3	Karen Spilsbury	Manchester Harriers	15.88	
7					
8					

Women's Javelin A

	Perf	Record	Wind	AW	
1	55	Sara Watterson	Team Isle of Man	27.46	<input checked="" type="checkbox"/>
2	4	Mia Davies	Sale Harriers Manch	27.06	<input checked="" type="checkbox"/>
3	6	Micaela Brindle	Wigan & District	23.78	
4	1	Lucinda V S Shannon	Liverpool Harriers	21.64	
5	2	Ruth Doran	Liverpool Pembroke	21.02	
6	33	Caroline Baba	Manchester Harriers	15.64	
7					
8					

Women's Shot Putt A

	Perf	Record	Wind	AW	
1	2	Ruth Doran	Liverpool Pembroke	10.10	<input checked="" type="checkbox"/>
2	66	Micaela Brindle	Wigan & District	9.77	<input checked="" type="checkbox"/>
3	1	Charlotte Stuchburry	Liverpool Harriers	8.07	
4	4	Hannah Blood	Sale Harriers Manch	7.36	
5	55	Amie Cringle	Team Isle of Man	7.18	
6	3	Chloe Davies	Manchester Harriers	5.65	
7					
8					

3 July 2016

Women's 400m Hurdles B

	Perf	Record	Wind	AW	
1	55	Emma Snell	Team Isle of Man	80.0	
2	44	Jannike Vanbeijnum	Sale Harriers Manch	1.51.4	
3					
4					
5					
6					
7					
8					

Women's 100m Hurdles B

	Perf	Record	Wind	AW	
1	55	Emma Snell	Team Isle of Man	19.7	
2					
3					
4					
5					
6					
7					
8					

Women's Hammer B

	Perf	Record	Wind	AW	
1	2	Charlotte Christian	Liverpool Pembroke	24.53	
2	55	Bridget Kaneen	Team Isle of Man	15.85	
3	44	Lauren Blood	Sale Harriers Manch	14.56	
4	33	Jean Skitt	Manchester Harriers	11.98	
5					
6					
7					
8					

Women's Discus B

	Perf	Record	Wind	AW	
1	22	Charlotte Christian	Liverpool Pembroke	19.69	
2	5	Alice Bell	Team Isle of Man	14.00	
3	66	Emily Hartley	Wigan & District	13.98	
4	44	Lauren Blood	Sale Harriers Manch	13.28	
5	33	Jean Skitt	Manchester Harriers	10.09	
6					
7					
8					

Women's Javelin B

	Perf	Record	Wind	AW	
1	22	Alex Bunclark	Liverpool Pembroke	20.32	
2	5	Bethan Pillely	Team Isle of Man	18.69	
3	3	Jessica Morrissey	Manchester Harriers	10.58	
4	66	Aimee Taylor	Wigan & District	10.30	
5	44	Eleanor Twite	Sale Harriers Manch	9.12	
6	11	Tenisha Maher	Liverpool Harriers	9.05	
7					
8					

Women's Shot Putt B

	Perf	Record	Wind	AW	
1	22	Rachel Hutchinson	Liverpool Pembroke	8.12	
2	6	Millie Forrest	Wigan & District	7.07	
3	5	Alice Bell	Team Isle of Man	6.91	
4	11	Lucinda V S Shannon	Liverpool Harriers	6.84	
5	33	Karen Spilsbury	Manchester Harriers	5.36	
6	44	Lauren Blood	Sale Harriers Manch	4.82	
7					
8					

Division 2W Match 3 - Trafford

Women's Long Jump A

	Perf	Record	Wind	AW
1	4	Grace Bower	Sale Harriers Manch	5.44
2	5	Bethan Pilley	Team Isle of Man	5.29
3	6	Katie Shingler	Wigan & District	5.04
4	2	Evelyn Smalley	Liverpool Pembroke	4.76
5	3	Jessica Morrissey	Manchester Harriers	4.68
6	1	Elizabeth Henshall	Liverpool Harriers	4.63
7				
8				

Women's Triple Jump A

1	6	Katie Shingler	Wigan & District	11.06
2	3	Marie Fournena	Manchester Harriers	9.48
3	4	Sinead Ferguson	Sale Harriers Manch	8.33
4	5	Alice Bell	Team Isle of Man	7.69
5				
6				
7				
8				

Women's High Jump A

1	5	Sara Watterson	Team Isle of Man	1.65
2	4	Grace Bower	Sale Harriers Manch	1.60
3=	6	Eva Coppel	Wigan & District	1.50
3=	2	Deborah Dasse	Liverpool Pembroke	1.50
5	1	Elizabeth Henshall	Liverpool Harriers	1.50
6	3	Karen Spilsbury	Manchester Harriers	1.10

Women's Pole Vault A

Women's 4x100m Relay

1	6	Wigan & District	Rebecca Walkden	Katie Shingler	Ellie Robinson	Ellie Jennings	51.7
2	5	Team Isle of Man	Meghan Pilley	Bethan Pilley	Emma Snell	Sara Watterson	52.2
3	2	Liverpool Pembroke	Emma Givens	Jessica Fitzgerald	Evelyn Smalley	Lucy Townson	52.9
4	4	Sale Harriers Manchester	Olivia Crompton	Grace Bower	Ellie Jackson	Shelby Rashford	54.0
5	1	Liverpool Harriers	Lydia Reynolds	Emily Henshall	Elizabeth Henshall	Anna Lee Wilson	58.0
6	3	Manchester Harriers	Jessica Morrissey	Caroline Baba	Chloe Davies	Marie Fournena	63.9
7							
8							

Women's 4x400m Relay

1	6	Wigan & District	Georgia Walsh	Amy Taylor	Ellie Robinson	Sophie Elsdon	4.13.6
2	5	Team Isle of Man	Ashleigh Lachenicht	Amie Cringle	Sarah Webster	Caroline Myers	4.21.9
3	1	Liverpool Harriers	Tenisha Maher	Beth Sale	Jade Morgan	Megan Ball	4.26.7
4	4	Sale Harriers Manchester	Eleanor Twite	Helen Armitage	Jannike Vanbeijnum	Alice Ball	4.58.2
5							
6							
7							
8							

3 July 2016

Women's Long Jump B

	Perf	Wind		
1	55	Amie Cringle	Team Isle of Man	4.93
2	66	Sophie Elsdon	Wigan & District	4.32
3	33	Marie Fournena	Manchester Harriers	4.27
4	44	Olivia Crompton	Sale Harriers Manch	4.17
5	22	Jessica Fitzgerald	Liverpool Pembroke	3.85
6				
7				
8				

Women's Triple Jump B

1				
2				
3				
4				
5				
6				
7				
8				

Women's High Jump B

1	6	Katie Shingler	Wigan & District	1.50
2	44	Emily Barker	Sale Harriers Manch	1.45
3	22	Alex Bunclark	Liverpool Pembroke	1.40
4	11	Emily Henshall	Liverpool Harriers	1.30
5	55	Alice Bell	Team Isle of Man	1.20

Women's Pole Vault B



# Northern T&F League

Division 2W Match 3 - Trafford

Women's 100m Non Scoring

		Perf	Record	Wind	AW
	Wind=				
1	Ella Jenning	13.8			
2	Sophie Elsdon	14.4			
3					

3 July 2016

Women's 100m Non Scoring

		Perf	Record	Wind	AW
	Wind=				
1					
2					
3					