



Wirral AC Open Medal Meeting
 Oval Sports Centre. Old Chester Rd. Bebington. CH63 7LF
Sunday 10th May 2015



Supported by URENCO (UK) Ltd

Field Events start 11-00am

Track Events start 11-30am

Year 3&4 Boys	75m / Turbo Javelin
Year 3&4 Girls	75m / Turbo Javelin
Under 11 Boys	75m 150m 600m L/Jump Turbo Javelin
Under 11 Girls	75m 150m 600m L/Jump Turbo Javelin
Under 13 Boys	75m Hurdles 100m 200m 800m 1500m L/Jump H/Jump Shot
Under 13 Girls	70m Hurdles 75m 150m 800m 1200m L/Jump H/Jump Javelin
Under 15 Boys	75m Hurdles 100m 200m 800m 1mile L/Jump H/Jump Shot
Under 15 Girls	75m Hurdles 100m 200m 800m 1mile L/Jump H/Jump Discus
Under 17 Men	100m
Under 17 Women	80m Hurdles 100m
Open Over 17 Men/Women/U15Boys/Girls	The Urenco 1 Mile Start at 11-30 am

Track Events Approximate Timetable

Field Events Approximate Timetable

11-30am	1 Mile	11-00am	U11B/G L/J U13/15 Boys H/Jump
12-00 noon	All Hurdles		U13 Girls Javelin
12-45pm	600m 800m	12-30pm	U15Boy Shot U13/15 Girls L/J
1-20 pm	75m 100m	1-15pm	U15 Girls Discus U13 Boys Shot
2-00 pm	1200m	2-00pm	U13/15 Boys L/Jump
2-15pm	1500m (U13B)		Yr 3&4 / U11/ Boys & Girls Turbo Javelin
2-30pm	150m	2-30pm	U13/15 Girls H/Jump
3-00pm	200m		

Track Events - Time Trials

Field Events - Max 4 Trials U11 | Yr3&4 - 3 Trials only

Medals to the first three in each event

Numbers to be collected on the day

Postal Entries --£3-00 per event

Entries on the day £4-00 per event

Closing date for postal entries Saturday 2nd May
 UK Athletics rules apply – max 3 events U17 and below
 Ages for U11 and older on Aug 31st, 2015

Postal Entries to ---R Kearney 11 Lorne Road Prenton Wirral CH43 1XD

Name ----- Male/Female (please circle)

Address -----

Age Group Date of Birth Club

Events you wish to compete in -----