



Wirral AC Open Medal Meeting
 Oval Sports Centre. Old Chester Rd. Bebington. CH63 7LF
Sunday 11th May 2014



Supported by URENCO (UK) Ltd

Field Events start 11-00am

Track Events start 11-30am

Under 11 Boys	75m 150m 600m L/Jump Turbo Javelin
Under 11 Girls	75m 150m 600m L/Jump Turbo Javelin
Under 13 Boys	75m Hurdles 100m 200m 800m 1500m L/Jump H/Jump Shot
Under 13 Girls	70m Hurdles 75m 150m 800m 1200m L/Jump H/Jump Javelin
Under 15 Boys	75m Hurdles 100m 200m 800m 1mile L/Jump H/Jump Shot
Under 15 Girls	75m Hurdles 100m 200m 800m 1mile L/Jump H/Jump Discus
Under 17 Men	100m
Under 17 Women	80m Hurdles 100m
Open Over 17 Men/Women/U15Boys/Girls	The Urengo 1 Mile Start at 11-30 am

Track Events Approximate Timetable

11-30am	1 Mile
12-00 noon	All Hurdles
12-45pm	600m 800m
1-20 pm	75m 100m
2-00 pm	1200m
2-15pm	1500m (U13B)
2-30pm	150m
3-00pm	200m

Field Events Approximate Timetable

11-00am	U11B/G L/J U13/15 Boys H/Jump U13 Girls Javelin
12-30pm	U15Boy Shot U13/15 Girls L/J
1-15pm	U15 Girls Discus U13 Boys Shot
2-00pm	U13/15 Boys L/Jump U11Boys/Girls Turbo Javelin
2-30pm	U13/15 Girls H/Jump

Track Events - Time Trials

Field Events - Max 4 Trials Under 11- 3 Trials only

Medals to the first three in each event

Numbers to be collected on the day

Postal Entries --£3-00 per event

Entries on the day £4-00 per event

Closing date for postal entries Saturday 3rd May

UK Athletics rules apply –max 3 events U17 and below. Minimum age for entry 8yrs

Ages on Aug 31st, 2014

Postal Entries to ---R Kearney 11 Lorne Road Prenton Wirral CH43 1XD

Name ----- Male/Female (please circle)

Address -----

Age Group Date of Birth Club

Events you wish to compete in -----