

MERSEYSIDE COUNTY TRACK & FIELD

CHAMPIONSHIPS 2015

Under UKA Rules

SATURDAY, 23rd MAY 2015 AT BEBINGTON OVAL

MALE ATHLETES

ENTER ONLINE <http://merseysidecountyaa.org.uk/>

OR complete this entry form and post to Mike Dooling (FOR ADDRESS SEE BELOW),

QUALIFICATIONS TO COMPETE

In order to compete in the County Championships you must have been BORN in the county OR you should have been living in the county for AT LEAST 9 MONTHS i.e. since 22 August 2014. Please remember to sign the declarations and tick either the BIRTH or RESIDENCY box.

CLOSING DATE Saturday 16th May, 2015

ENTRY FEE (Cheques **ONLY** made payable to Merseyside County AA)

£4 per event **BEFORE** the closing date;

£5 per event on line entry **AFTER** the closing date.

NO ENTRIES ON THE DAY BUT ONLINE ENTRIES WILL BE ACCEPTED UNTIL 10.00pm on TUESDAY 19th May, 2015

NOTES AND RULES OF COMPETITION

- IF by the **official closing date** i.e. **16th May, 2015** there are **NO** entries for an event, that event will **NOT** be held. Such events will therefore not be available even online after this date.
- The organisers may stage event/age groups simultaneously to improve the competition opportunities and for timetable purposes.
- AWARDS:** Medals for 1st 3 in each event.
- UKA AGE GROUPS**
 - Under 13 athletes must be born on or between 01/09/2002 & 31/08/2004
 - Under 15 athletes must be born on or between 01/09/2000 & 31/08/2002
 - Under 17 athletes must be born on or between 01/09/1998 & 31/08/2000
 - Under 20 athletes must be born on or between 01/01/1996 & 31/08/1998
 - Senior athletes must be born on or before 31/12/1995
- CLUB COLOURS** – In all events, competitors must wear at least vest and shorts (or equivalent clothing) which are clean and so designed and worn as not to be objectionable, even when wet. Competitors must wear the vest of their first claim Club, County, Area or National vest.



AGE-GROUP LIMITATIONS TO COMPETITION

- Under 13 – may compete in a MAXIMUM of 3 events. Only one of these is allowed to be between 600m and 1500m inclusive;
- Under 15 – may compete in a MAXIMUM of 3 events. Only one of these is allowed to be between 800m and 3000m inclusive;
- Under 17 – may compete in a MAXIMUM of 3 events;
- Under 20 – may compete in a MAXIMUM of 5 events;
- Seniors – No Limitations

ONLINE ENTRIES [Available until 10pm Tuesday 19th May]

The cost of entry is £4 per event before the closing date. After that date the only way to enter will be online and the cost will be £5 per event. Any unpaid entry fees prior to the Championship may render your entry VOID. Please check on the website that your event is still included in the programme and that there are still spaces in that event.

DECLARATIONS

- TRACK ATHLETES MUST DECLARE and THEN pick up their number for their event(s) to the operator at the computer at least one **hour** before the event start time.
- FIELD athletes pick up their number and then report direct to field event area, at least 30 minutes before the published event start time.

The organisers will have the right to limit entries for each event.

The Final Programme & Event schedule will appear on the website by 8.00 pm. on Wednesday 20th May 2015

To assist the seeding process please provide personal best performances in the last column on the entry form

DEFINITELY NO ENTRIES ON THE DAY. NB ATHLETES WILL NOT BE ALLOWED TO CHANGE EVENTS ON THE DAY.

See <http://merseysidecountyaa.org.uk/> website for further details.

Under 11s (School Years 4 & 5) Development Events – 75m; 150m; 600m; Long Jump & Soft Javelin. U11s can only compete in a maximum of 2 track events and no more than 3 events in total at a cost of £2.00 per event

Enter online is the preferred option.

<http://merseysidecountyaa.org.uk/>

If this is not possible then complete the entry form alongside and enclose a cheque payable to MCAA and post to:

Mike Dooling

19 Mooreway

Rainhill, Prescot, MERSEYSIDE, L35 6PD

MERSEYSIDE COUNTY TRACK & FIELD ENTRY FORM 2015 (MALES)

ENTER ONLINE AT <http://merseysidecountyaa.org.uk>

Event/Age Group	Senior M	Junior M	U17M	U15B	U13B	U11B	Enter PB
You may only compete within one age group (see UKA Rule 107)							
100m/75m U11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
200m/150m U11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
400m/300m U15	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
800m/600m U11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1500m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
3000m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Sprint Hurdles	110mH <input type="checkbox"/>	110mH <input type="checkbox"/>	100mH <input type="checkbox"/>	80mH <input type="checkbox"/>	75mH <input type="checkbox"/>		
400mH	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Steeplechase	3km <input type="checkbox"/>	2km <input type="checkbox"/>	1½km <input type="checkbox"/>				
Long Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Triple Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Pole Vault	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
High Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Hammer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Discus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Shot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Javelin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Soft Javelin						<input type="checkbox"/>	
PLEASE provide the following information using BLOCK CAPITALS							
FIRST NAME							
SURNAME							
CLUB							
DATE OF BIRTH							
CONTACT NUMBER							
EA. LICENCE No.							
EMAIL ADDRESS							
QUALIFICATION	BIRTH <input type="checkbox"/> or RESIDENCY <input type="checkbox"/>						
I have read and understood the rules of competition and conditions of entry AND I declare that I am an amateur eligible to compete under UKA rules in these County Championships <input type="checkbox"/>							
Signed [Parent/Guardian Signature if you are under 16 years of age]							

