



LIVERPOOL HARRIERS 5K MYSTERY SERIES 2016
Race 5 of 5 : Thursday 5th September 2019 @ Wavertree

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 4	Race 3	Race 2	Race 1
1	3	Jon-Jo DOHERTY	St Helens Sutton	M	33	16.00	15.51	15.47	16.02	
2	25	Adrian ROACH	Liverpool Harriers & AC	M	44	16.38		16.58		
3	61	Paul MARTIN	North Endurance	M	33	16.44	17.11	17.10	17.17	
4	71	Mark CLAIR	Mersey Tri	M	38	17.18		17.09	17.02	16.35
5	122	Adam SIMPKIN	Liverpool Running Club	M	34	17.20	17.38		17.29	17.46
6	16	Ashley CRAWFORD	Unattached	M	33	17.20		17.50		
7	73	Thomas WILSON	Liverpool Running Club	M	24	17.32				
8	89	Phil MACDONALD	Liverpool Pembroke & Sefton	M	39	17.40	17.44		17.50	
9	128	Neil HENNIGAN	Penny Lane Striders	M	42	17.41				
10	62	Alex RIGBY	Liverpool Running Club	M	25	17.52				
11	44	David WILLSHIRE	Penny Lane Striders	M	37	17.59		17.43	18.03	17.52
12	35	Paul GRAY	Penny Lane Striders	M	51	18.07	18.25	18.23	18.26	
13	10	Paul RILEY	Penny Lane Striders	M	49	18.12	19.13	18.14	18.44	18.01
14	74	Colin WALSH	Penny Lane Striders	M	37	18.29			18.39	
15	58	Julian TOUR	Penny Lane Striders	M	36	18.44	19.01		18.47	19.08
16	9	Paul WILLIAMS	North Endurance	M	37	18.48	19.16			
17	20	Luke CURTIS	Penny Lane Striders	M	37	18.48	18.52	19.20		19.15
18	65	Fabian DEVLIN	Unattached	M	31	19.02				
19	81	Paul SCHUMANN	Knowsley Harriers & AC	M	56	19.06		19.08	19.02	18.59
20	29	David LAWTON	Liverpool Running Club	M	37	19.09				
21	117	Matthew CLAIR	Liverpool Running Club	M	31	19.18	18.36	18.13		17.34
22	53	Phil RIDING	Penny Lane Striders	M	44	19.19		18.33	18.24	19.10
23	105	Kevin CORNWELL	Liverpool Harriers & AC	M	36	19.20	19.18			19.04
24	56	George AYLWARD	Penny Lane Striders	M	33	19.24	21.25		20.14	19.33
25	119	Rich PEERS	Mersey Tri	M	37	19.27		19.40		
26	124	Tim GRACE	Mersey Tri	M	48	19.30	19.54	20.23		
27	18	David BARR	Unattached	M	48	19.30	19.32			19.07
28	54	Nigel GRANT	Penny Lane Striders	M	56	19.34		19.36	19.31	19.10
29	47	Haney FOWLER-WILLIAMS	Unattached	M	28	19.35	20.08			
30	49	Joe MCCARTHY	Mersey Tri	M	50	19.37	19.44		19.40	
31	31	Vicky UNSWORTH	Liverpool Harriers & AC	F	37	19.40		19.51		19.16
32	21	Duncan KENNEDY	Liverpool Running Club	M	42	19.42				
33	103	Colin DOBBS	Penny Lane Striders	M	42	19.48	19.56	20.32	20.05	
34	132	Graham WEIGHTS	Penny Lane Striders	M	48	19.52				
35	13	David OWENS	Penny Lane Striders	M	46	20.00	20.21			20.08
36	86	Christopher LEE	Liverpool Running Bugs	M	50	20.02				19.31
37	5	Chris PEDDER	Liverpool Pembroke & Sefton	M	62	20.03		19.26	19.49	
38	85	David LYNAN	Penny Lane Striders	M	46	20.03	19.43		21.13	19.50
39	59	Trace ALLAN	Southport Waterloo AC	F	37	20.04	19.49		20.06	
40	67	Richard COSTAIN	Penny Lane Striders	M	30	20.11	20.05		20.10	20.19
41	133	Thomas BACK	Penny Lane Striders	M	18	20.17		20.22	20.21	
42	108	Paul KELLY	Penny Lane Striders	M	39	20.18				
43	87	Adam JOHNSON	Mersey Tri	M	29	20.25		20.14	20.32	
44	126	Paul SMITH	Unattached	M	48	20.26				
45	1	Andrew GLEN	Liverpool Running Bugs	M	56	20.28	20.44			20.35
46	109	Jon KELLY	Unattached	M	37	20.35				
47	90	Alan MCDERMOTT	Penny Lane Striders	M	55	20.36	20.38		20.14	19.59
48	15	Graham LIU	Southport Waterloo AC	M	54	20.42	21.46	20.36	20.22	21.05
49	100	Andrew CONWAY	Liverpool Pembroke & Sefton	M	54	20.44	20.52	20.52	20.34	20.44



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Posn	Bib	Athlete	Club	M/F	Age	Time	Race 4	Race 3	Race 2	Race 1
50	104	Kate MACFARLANE	Penny Lane Striders	F	32	20.47			20.36	20.13
51	4	Hayley FAIRCLOUGH	Liverpool Running Club	F	37	20.51			20.53	21.24
52	6	Robert WOOD	Liverpool Pembroke & Sefton	M	62	20.53	20.49	20.39	20.24	20.42
53	69	Michael WILKINSON	Wirral AC	M	32	20.59	18.55	21.48		
54	91	Michael O'ROURKE	Penny Lane Striders	M	36	21.02	22.34	20.37	20.42	20.02
55	68	Craig O'BRIEN	Wirral AC	M	28	21.03	21.04	21.49		
56	45					21.03				
57	57	Mike WALKER	Southport Waterloo AC	M	70	21.05	20.36		20.31	
58	48	Craig HACKING	Penny Lane Striders	M	42	21.12	21.38			
59	79	Joe LANGLEY	Unattached	M	28	21.17	21.19	21.27		
60	113	Danny FEGAN	St Helens Striders	M	53	21.17	21.30	21.26	21.18	20.52
61	38	Joshua MCGOVERN	Liverpool Running Bugs	M	26	21.23	21.21		21.45	
62	121	Peter ATKIN	Liverpool Running Club	M	31	21.24			20.33	
63	7	Lenka VIDAMOUR	Penny Lane Striders	F	39	21.25			21.54	21.45
64	52	Martin HIRRELL	Penny Lane Striders	M	54	21.30	21.29	21.44		21.55
65	111	Andrea BOND	Penny Lane Striders	F	40	21.32	21.45	22.13		22.24
66	19	Peter FOALE	Unattached	M	67	21.43	22.01			
67	64	Ben SINNOTT	Liverpool Running Club	M	32	21.45				
68	60	Paul CLARKE	North Endurance	M	49	21.49	21.54		23.09	
69	120	Matt HELME	Liverpool Running Club	M	58	21.50				
70	34	Matt DUTTON	Penny Lane Striders	M	42	21.57		22.15	22.44	
71	26	Donna MCKENNA	Penny Lane Striders	F	46	21.58	22.20		23.28	
72	125	David GRIFFITHS	Penny Lane Striders	M	50	22.00	22.10		22.24	
73	78	Steve L BENNETT	Penny Lane Striders	M	55	22.04		22.03	22.25	
74	95	Ian KING	Liverpool Running Club	M	62	22.12				
75	36	Greg HOCKING	Penny Lane Striders	M	47	22.17		21.54		22.20
76	8	Carl YU	Liverpool Running Club	M	44	22.20				20.59
77	66	Tony PEACOCK	Penny Lane Striders	M	68	22.23	22.54	21.55	22.16	
78	24	Andrew TROY	Penny Lane Striders	M	28	22.24				
79	93	Andy WILSON	Liverpool Running Club	M	40	22.26				
80	51	Laura HENNAHANE	Penny Lane Striders	F	35	22.28	21.51		22.29	22.40
81	30	Ella RADFORD	Liverpool Harriers & AC	F	15	22.30		21.36	21.08	22.13
82	112	Terry LYNCH	Penny Lane Striders	M	50	22.35	22.18	22.37	22.33	22.17
83	27	David QUINN	Liverpool Harriers & AC	M	43	22.36	22.40		22.48	
84	50	Michelle MURPHY	Liverpool Harriers & AC	F	53	22.45	22.55	23.08		23.26
85	23	George PIERCE	Liverpool Running Club	M	50	22.55	22.32	22.55		22.01
86	114	Josh LAKE	North Endurance	M	29	22.58		23.07	23.38	
87	97	Tony WOODS	Penny Lane Striders	M	49	23.13	24.02			24.56
88	94	Joe MCGLYNN	Penny Lane Striders	M	62	23.17	22.57			
89	99	John BROWN	Penny Lane Striders	M	60	23.20	23.12	23.05	23.21	24.27
90	17	Michael MALONEY	Knowsley Harriers & AC	M	67	23.24			22.40	23.14
91	82	Helen LAVELLE	Southport Waterloo AC	F	42	23.27	23.36			
92	134	Lewis RODEN	Liverpool Harriers & AC	M	15	23.34	25.10			23.53
93	32					23.38				
94	131	Glen GROVES	Liverpool Harriers & AC	M	50	23.45				20.06
95	102	Cheryl PACE	Penny Lane Striders	F	39	23.46		24.52		24.20
96	39	Paul MCMILLAN	Penny Lane Striders	M	46	23.49	24.21	24.23		
97	80	Laura SCHUMANN	Liverpool Running Bugs	F	25	23.59	25.05	24.28		
98	33	Supanki KAMALANATHAN	Penny Lane Striders	F	30	24.06	23.57			



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99	83	Kathryn BRADLEY	Penny Lane Striders	F	29	24.15	21.42			21.19
100	12	John FAY	Unattached	M	41	24.19				
101	63	Chris PROBERT	Penny Lane Striders	M	57	24.19	24.38		24.40	
102	77	Rebecca VARNOUSE	Penny Lane Striders	F	37	24.27	25.04		25.01	25.09
103	92	Hannah BELLAMY	Penny Lane Striders	F	27	24.36	26.44			
104	127	Stan COTTIER	Liverpool Running Club	M	72	24.52	25.08			
105	98	Samantha BENTALL	Penny Lane Striders	F	53	24.54		23.42	23.14	23.36
106	41	Jane NICHOLSON	Penny Lane Striders	F	55	24.57				25.02
107	28	Mal TAYLOR	Penny Lane Striders	M	43	25.05				26.25
108	72	David LIMBRICK	Islwyn	M	57	25.10		25.18	24.58	
109	2	Billy HARGREAVES	Southport Waterloo AC	M	72	25.19	25.26	25.39	25.58	
110	123	Sara KELLY	Penny Lane Striders	F	37	25.38				21.25
111	110	Carolyn KNOTT	Penny Lane Striders	F	47	25.40	26.14	26.06		
112	46	Joanne SUTHERLAND	Penny Lane Striders	F	44	25.41	26.14	27.25		27.53
113	42	Ken TINSLEY	Penny Lane Striders	M	53	25.42				
114	115	Michael EAKIN	Penny Lane Striders	M	62	25.49				
115	129	Karen DALBY	Mersey Tri	F	56	26.01		25.59	26.24	27.38
116	88	Judie KO	Penny Lane Striders	F	53	26.10				
117	107	Claudia MCLEAN	Liverpool Running Bugs	F	48	26.54	28.09	29.12	26.58	
118	70	Emma CAREY	Mersey Tri	F	32	27.21		26.48	26.12	
119	22	Mark SPITTLE	Liverpool Running Club	M	30	27.25	28.08			
120	43	John TOPPING	Unattached	M	55	27.26	29.38		29.19	
121	75	Mo GHAROONI	Penny Lane Striders	M	61	27.28	28.54			
122	106	James STANSFIELD	Penny Lane Striders	M	28	27.33		25.10	25.04	24.46
123	101	Thomas WILCOCK	Penny Lane Striders	M	66	28.12				
124	55	Christine GRANT	Penny Lane Striders	F	53	28.23			27.42	30.02
125	118	Tommy GATES	Penny Lane Striders	M	59	28.26	29.02	29.35		
126	40	Debi MCMILLAN	Penny Lane Striders	F	47	28.38	30.53		29.49	
127	14	Michelle KELLY	Penny Lane Striders	F	58	28.59				
128	116	Joanne EDWARDS	Penny Lane Striders	F	49	29.38				
129	96	Vincent HESSEY	Penny Lane Striders	M	70	30.47	32.46			30.47
130	76	Rachel RICK	Penny Lane Striders	F	60	31.13				
131	84	Johanna ROBERTS	Unattached	F	57	31.13				
132	37	Ron THORNTON	Liverpool Running Bugs	M	78	33.04	32.09	30.37	30.49	30.02



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Posn	Bib	Athlete	Club	M/F	Age	Time	Race 4	Race 3	Race 2	Race 1
		Best 4 from 5 Races				Aggregate Time				
1	3	Jon-Jo DOHERTY	St Helens Sutton	M	33	63.00				
2	90	Rob PEARSE	Wallasey AC	M	45	64.97				
3	71	Mark CLAIR	Mersey Tri	M	38	67.64				
4	61	Paul MARTIN	North Endurance	M	33	67.82				
5	122	Adam SIMPKIN	Liverpool Running Club	M	34	69.33				
6	44	David WILLSHIRE	Penny Lane Striders	M	37	70.57				
7	10	Paul RILEY	Penny Lane Striders	M	49	72.71				
8	35	Paul GRAY	Penny Lane Striders	M	51	72.81				
9	117	Matthew CLAIR	Liverpool Running Club	M	31	73.01				
10	53	Phil RIDING	Penny Lane Striders	M	44	74.86				
11	58	Julian TOUR	Penny Lane Striders	M	36	75.00				
12	20	Luke CURTIS	Penny Lane Striders	M	37	75.35				
13	81	Paul SCHUMANN	Knowsley Harriers & AC	M	56	75.75				
14	54	Nigel GRANT	Penny Lane Striders	M	56	77.11				
15	103	Colin DOBBS	Penny Lane Striders	M	42	79.41				
16	56	George AYLWARD	Penny Lane Striders	M	33	79.96				
17	85	David LYNAN	Penny Lane Striders	M	46	80.09				
18	67	Richard COSTAIN	Penny Lane Striders	M	30	80.45				
19	90	Alan MCDERMOTT	Penny Lane Striders	M	55	80.47				
20	6	Robert WOOD	Liverpool Pembroke & Sefton	M	62	81.54				
21	100	Andrew CONWAY	Liverpool Pembroke & Sefton	M	54	81.74				
22	91	Michael O'ROURKE	Penny Lane Striders	M	36	81.83				
23	15	Graham LIU	Southport Waterloo AC	M	54	82.05				
24	32	Michael CONNOR	Penny Lane Striders	M	55	83.55				
25	113	Danny FEGAN	St Helens Striders	M	53	84.13				
26	40	Stephen FLANAGHAN	Southport Waterloo AC	M	43	84.99				
27	52	Martin HIRRELL	Penny Lane Striders	M	54	85.58				
28	66	Tony PEACOCK	Penny Lane Striders	M	68	88.48				
29	112	Terry LYNCH	Penny Lane Striders	M	50	89.03				
30	23	George PIERCE	Liverpool Running Club	M	50	89.43				
31	99	John BROWN	Penny Lane Striders	M	60	92.58				
32	30	John DOBIE	Liverpool Pembroke & Sefton	M	72	99.80				
33	2	Billy HARGREAVES	Southport Waterloo AC	M	72	101.42				
34	106	James STANSFIELD	Penny Lane Striders	M	28	101.93				
35	37	Ron THORNTON	Liverpool Running Bugs	M	78	122.97				
1	92	Katherine HOLLEY	Wallasey AC	F	38	84.32				
2	13	Tamzin DENTITH	Liverpool Harriers & AC	F	15	86.40				
3	30	Ella RADFORD	Liverpool Harriers & AC	F	15	86.87				
4	111	Andrea BOND	Penny Lane Striders	F	40	87.14				
5	51	Laura HENNAHANE	Penny Lane Striders	F	35	88.48				
6	50	Michelle MURPHY	Liverpool Harriers & AC	F	53	91.34				
7	98	Samantha BENTALL	Penny Lane Striders	F	53	94.46				
8	77	Rebecca VARNOUSE	Penny Lane Striders	F	37	99.41				
9	129	Karen DALBY	Mersey Tri	F	56	105.22				
10	46	Joanne SUTHERLAND	Penny Lane Striders	F	44	106.33				
11	107	Claudia MCLEAN	Liverpool Running Bugs	F	48	110.33				
12	70	Jenny PEEL	Mersey Tri	F	73	127.36				