



Posn	Bib	Athlete	Club	M/F	Age	Time
1	24	Jake SACHE	Unattached	M	26	16.20
2	65	Anna BRACEGIRDLE	Salford Harriers	F	29	16.31
3	113	Liam BROWN	Kirkby Milers	M	32	16.34
4	154	Joshua MAKIN	Unattached	M	21	16.40
5	18	Mark RYAN	Liverpool Harriers & AC	M	20	16.43
6	52	Nick PETERSON	Penny Lane Striders	M	37	16.44
7	15	Francois RAFFERTY	Southport Waterloo AC	M	54	16.59
8	30	Adrian ROACH	Liverpool Harriers & AC	M	47	17.03
9	10	Mark CLAIR	Mersey Tri	M	41	17.06
10	8	Luke TOWERS	St Helens Sutton AC	M	27	17.14
11	105	David WILLSHIRE	Penny Lane Striders	M	40	17.15
12	23	Andy VEEVERS	Southport Waterloo AC	M	41	17.22
13	40	Colin LEWIS	Penny Lane Striders	M	32	17.28
14	103	Neil HENNIGAN	Penny Lane Striders	M	46	17.33
15	60	John MCCOLE	Liverpool Harriers & AC	M	42	17.40
16	127	Cal TAYLOR	Unattached	M	27	17.43
17	9	Matt DWERRYHOUSE	Liverpool Harriers & AC	M	21	17.45
18	114	John MYERS	Run Sandymoor	M	46	17.45
19	121	Phil RIDING	Penny Lane Striders	M	48	17.48
20	44	Kevin HARRISON	Kirkby Milers	M	44	17.54
21	2	Gary WILTON	Kirkby Milers	M	44	17.58
22	80	Julien TOUR	Penny Lane Striders	M	39	17.59
23	165	Jure CEBASEK	Unattached	M	38	18.00
24	135	C? MCBRIDE	?	M	40	18.01
25	72	Tony HARVEY	Unattached	M	61	18.01
26	7	Jade MORGAN	Liverpool Harriers & AC	F	20	18.02
27	160	Johnny BOYLAN	North Endurance	M	?	18.02
28	83	Boyd PARK	Southport Waterloo AC	M	57	18.05
29	129	Matt SMITH	MRL Liverpool	M	32	18.05
30	130	Dan THOMAS	Penny Lane Striders	M	35	18.08
31	86	Alex RIGBY	Liverpool Running Club	M	30	18.11
32	148	Adam FITZIMMONS	Kirkby Milers	M	32	18.13
33	62	Joseph TAYLER	WCR	M	27	18.25
34	119	David REA	Liverpool Running Club	M	33	18.27
35	157	Brad STEWART	Liverpool Running Club	M	18	18.28
36	19	Ashley CRAWFORD	Unattached	M	36	18.29
37	166	Colin WALSH	Penny Lane Striders	M	40	18.33
38	151	Glen GROVES	Mersey Tri	M	53	18.37
39	120	James HENNDRY	Liverpool Running Club	M	30	18.40
40	115	Francis Damian CHAMBERS	Liverpool Running Bugs	M	54	18.57
41	61	Vincent LY	Penny Lane Striders	M	26	19.13
42	94	Romano CARNELETTO	Mersey Tri	M	44	19.15
43	64	Daniel REES	Liverpool Pembroke & Sefton	M	63	19.17
44	123	William HOLT	Liverpool Running Club	M	27	19.19
45	122	Gerrard MCLEIGH	Liverpool Running Club	M	34	19.19
46	58	Trevor GOLDING	WIDNES	M	54	19.23
47	109	Rob FLETCHER	Mersey Tri	M	49	19.24
48	5	Scott HAMBLETON	Penny Lane Striders	M	43	19.26
49	77	Andrew BIDDLE	Penny Lane Striders	M	47	19.27
50	48	Barry GODWIN	Mersey Tri	M	61	19.34
51	59	Andrea BOND	Penny Lane Striders	F	43	19.35
52	90	Robert BURKS	Liverpool Running Club	M	57	19.37
53	143	David LYNAN	Penny Lane Striders	M	49	19.38
54	66	Dale HIGHAM	Liverpool Harriers & AC	M	40	19.42
55	164	Tom BACK	Penny Lane Striders	M	20	19.47

Next Race: Tuesday 9th August 2022

Part of the Mersey GP: Next Race: Wed 13th July Mossley Hill 5 Miles



Posn	Bib	Athlete	Club	M/F	Age	Time
56	150	Robbie GILLESPIE	Unattached	M	55	19.48
57	6	Stephen BOLTON	Liverpool Pembroke & Sefton	M	34	19.52
58	14	Carl YU	Liverpool Running Club	M	47	19.54
59	4	David JOHNSON	Penny Lane Striders	M	37	19.56
60	13	Paul RILEY	Penny Lane Striders	M	52	20.01
61	110	Gary ENGLISH	Kirkby Milers	M	59	20.07
62	82	Alan JOYCE	Knowsley Harriers & AC	M	67	20.13
63	57	Robert HOUGH	Widnes Road Runners	M	41	20.16
64	88	Craig HACKING	Penny Lane Striders	M	45	20.19
65	139	David EDWARDS	Kirkby Milers	M	60	20.21
66	97	Elisa RADCLIFFE	Mersey Tri	F	15	20.23
67	12	Xandor HEATON	Kirkby Milers	M	15	20.24
68	69	Michael O'ROURKE	Penny Lane Striders	M	38	20.32
69	16	Kenny SHURIE-MACKENZIE	Kirkby Milers	M	54	20.44
70	45	Dawn ATHERTON	KHAC	F	35	20.47
71	169	Kat HELER	Unattached	F	38	20.51
72	142	Matt DUTTON	Penny Lane Striders	M	45	21.05
73	117	Daniel SHANNON	Run Sandymoor	M	35	21.08
74	168	Heath BARNES	St Helens Striders	M	44	21.15
75	159	Neil EDWARDS	North Endurance	M	38	21.21
76	98	Donna MCKENNA	Penny Lane Striders	F	49	21.22
77	71	Becky CHITTICK	Penny Lane Striders	F	21	21.26
78	91	Lenka VIDAMOUR	Penny Lane Striders	F	42	21.28
79	96	Phoebe BEER	Mersey Tri	F	27	21.30
80	161	Mike TAPP	Unattached	M	30	21.31
81	36	Kelly MARRIN	Knowsley Harriers & AC	F	47	21.34
82	141	Liam ANDERSON	Liverpool Irish Rovers	M	45	21.35
83	67	Holly BROWN	Penny Lane Striders	F	26	21.37
84	156	Lucy HELSBY	Kirkby Milers	F	31	21.39
85	73	Emma CARTHERY	St Helens Striders	F	36	21.42
86	136	Hannah SKAIFFE	Mossley Hill AC	F	25	21.45
87	158	Danny FEGAN	St Helens Striders	M	56	21.53
88	53	Andy KITTS	Kirkby Milers	M	39	21.59
89	162	Katie YOUNG	Penny Lane Striders	F	30	22.04
90	47	Tony HOLMES	Liverpool Running Club	M	62	22.09
91	32	Louis ATKINSON	Kirkby Milers	M	30	22.21
92	1	Mike WALKER	Southport Waterloo AC	M	72	22.28
93	85	Neal BUTTERWORTH	Penny Lane Striders	M	56	22.30
94	100	Greg HOCKINK	Penny Lane Striders	M	50	22.31
95	74	Lisa CHEERS	St Helens Striders	F	37	22.32
96	26	Andrew CONWAY	LPS	M	56	22.35
97	146	Dave HECHLE	Liverpool Running Club	M	46	22.38
98	63	Sean TRIGGS	Kirkby Milers	M	29	22.39
99	76	Steve PEMBERTON	Penny Lane Striders	F	67	23.02
100	31	Andy SCOTT	St Helens Striders	M	51	23.04
101	28	George PIERECE	Liverpool Running Club	M	53	23.17
102	81	Sharon MARTIN	St Helens Striders	F	47	23.20
103	93	Grant DAVIDSON	Mersey Tri	M	48	23.21
104	106	Michelle MURPHY	Liverpool Harriers & AC	F	56	23.29
105	153	Sharon GALVIN	Liverpool Running Club	F	53	23.31
106	50	Annemarie RILEY	Penny Lane Striders	F	51	23.33
107	107	John BARR	St Helens Striders	M	72	23.36
108	126	Paul MCDONALD	Unattached	M	56	23.37
109	35	Chris WILLS	Knowsley Harriers & AC	M	45	23.40
110	167	Rod JONES	Penny Lane Striders	M	63	23.41

Next Race: Tuesday 9th August 2022

Part of the Mersey GP: Next Race: Wed 13th July Mossley Hill 5 Miles



Posn	Bib	Athlete	Club	M/F	Age	Time
111	149	Shane KNOTT	Penny Lane Striders	M	45	23.42
112	132	Patrick WALTERS	Mersey Tri	M	56	23.46
113	29	Trevor ASTELL	Penny Lane Striders	M	62	23.48
114	104	Joe MCGLYNNE	Penny Lane Striders	M	65	23.49
115	37	Michael EDWARDS	Penny Lane Striders	M	63	23.51
116	34	Phillip STANLEY	UTS	M	59	23.57
117	118	Chris LYDON	Penny Lane Striders	M	39	23.58
118	55	Martin HURRELL	Penny Lane Striders	M	56	23.59
119	131	Maggie WILLIAMS	Mersey Tri	F	25	24.00
120	95	Jemima LUCAS	Mersey Tri	F	24	24.08
121	116	John HOUGHTON	Run Sandymoor	M	63	24.12
122	108	Keith BOYLE	Penny Lane Striders	M	50	24.15
123	102	Natasha DAVIES	Mersey Tri	F	26	24.19
124	155	Pat HELSBY	Kirkby Milers	F	66	24.24
125	87	Alice GOURLEY	St Helens Striders	F	26	24.26
126	79	Stephen HAYES	Kirkby Milers	M	50	24.28
127	128	Pat GREGSON	Liverpool Irish Rovers	F	54	24.31
128	133	Sean HARRIS	Mersey Tri	M	32	24.32
129	101	Diane HENNIGAN	Penny Lane Striders	F	49	24.32
130	78	Cheryl PACE	Penny Lane Striders	F	43	24.34
131	68	John BROWN	Penny Lane Striders	M	63	24.41
132	39	Nigel FOO	Penny Lane Striders	M	54	24.43
133	144	Njideka AGWUNA	Penny Lane Striders	F	50	24.52
134	137	Natasha PIERCE	Mersey Tri	F	26	24.59
135	92	Laura PORTER	Penny Lane Striders	F	43	25.05
136	38	Colin CLARKE	St Helens Striders	M	44	25.07
137	54	Michael MALONEY	Knowsley Harriers & AC	M	70	25.19
138	43	Bhavinia MISTRY	Kirkby Milers	F	51	25.23
139	125	Jayne RUSSELL	Kirkby Milers	F	45	25.33
140	145	Mary HEERY	Penny Lane Striders	F	62	25.37
141	138	Emma COPLEY MIKKELLER	Liverpool Running Club	F	45	26.02
142	152	David RAMS	Penny Lane Striders	M	46	26.05
143	147	Jane NICHOLSON	Penny Lane Striders	F	58	26.10
144	25	David LIMBRICK	Islwyn RC	M	59	26.13
145	56	Nick MCCOLE	Kirkby Milers	M	48	26.17
146	99	Helen MARSHALL	Unattached	F	39	26.25
147	163	Graeme BACK	Penny Lane Striders	M	49	26.31
148	70	Stan COTTIER	Liverpool Running Club	M	75	26.43
149	75	Kay NELSON	Liverpool Running Club	F	40	26.47
150	112	Michael EAKIN	Penny Lane Striders	M	64	27.00
151	89	David BARROW	Kirkby Milers	M	66	27.09
152	21	Leslie EDWARDS	Penny Lane Striders	F	60	27.50
153	134	Andrew WYLLIE	Unattached	M	63	27.57
154	111	Clare RUBIN	Vegan Runners	F	51	28.04
155	11	Paula HEATON	Kirkby Milers	F	47	28.08
156	84	Ann Marie CARBERRY	Kirkby Milers	F	54	28.28
157	46	John TOPPING	Unattached	M	57	28.33
158	22	Andy MCDOUGALL	Kirkby Milers	M	67	28.36
159	140	Tommy GATES	Penny Lane Striders	M	62	29.26
160	33	Kevin LALLEY	Unattached	M	40	30.14
161	51	Vincent HESSEY	Penny Lane Striders	M	73	30.40
162	27	Billy HARGREAVES	NMAC	M	75	30.44
163	49	Julie MARLOW	Kirkby Milers	F	59	30.54
164	3	Ria WILTON	Kirkby Milers	F	22	31.55
165	124	Julie INGE	Penny Lane Striders	F	58	32.35



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Posn	Bib	Athlete	Club	M/F	Age	Time
166	20	Allan GIBBS-MONAGHAN	Liverpool Running Club	M	47	32.51
167	41	Demise MARIA M THOMPSON	Unattached	F	33	35.45
168	42	Ron THORNTON	Liverpool Running Bugs	M	81	35.50