



Mystery 5k Series - Race 5

8th September 2022

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 4	Race 3	Race 2	Race 1	No of Races	Total Time	Rank
1	98	Joshua MAKIN	Unattached	M	21	16.46		16.40	16.45	16.48	4		
2	1	Francois RAFFERTY	Southport Waterloo AC	M	54	16.53	16.56	16.59			3		
3	49	Martin SWENSSON	Penny Lane Striders	M	47	16.55					1		
4	41	Andy VEEVERS	Southport Waterloo AC	M	41	17.33	17.33	17.22	17.36	17.22	5	87.46	2
5	72	John MYERS	Run Sandymoor	M	46	17.35		17.45			2		
6	47	Derri HENDERSON	Kirkby Milers	M	16	17.39					1		
7	16	Marc SINGER	Southport Waterloo AC	M	30	17.46	17.56				2		
8	30	Adrian ROACH	Liverpool Harriers & AC	M	47	17.52	17.19	17.03	17.03	16.51	5	86.28	1
9	100	Alex WADDELOVE	Unattached	M	30	18.00					1		
10	2	Al GRANT	Liverpool Pembroke Sefton H & AC	M	51	18.14					1		
11	17	Boyd PARK	Southport Waterloo AC	M	57	18.17	17.54	18.05		18.09	4		
12	46	James ELLIS	Kirkby Milers	M	38	18.48				18.22	2		
13	23	Chris GRIFFITHS	Unattached	M	35	18.49					1		
14	93	Vincent LY	Penny Lane Striders	M	27	18.51	19.12	19.13		19.08	4		
15	22	Jack COTTON	West Coast Runners	M	26	18.57			18.30		2		
16	52	Colin LEWIS	Penny Lane Striders	M	32	19.03	18.06	17.28	17.52	18.19	5	91.08	3
17	80	Mark ROCKCLIFFE	Helsby	M	27	19.06					1		
18	82	Phil RIDING	Penny Lane Striders	M	48	19.07		17.48	18.01	18.11	4		
19	105	Tom BACK	Penny Lane Striders	M	20	19.08	19.34	19.47	19.58		4		
20	56	Tadie ABELK	Mersey Tri	M	45	19.21				19.39	2		
21	90	Rob FLETCHER	Mersey Tri	M	49	19.28		19.24	19.20	19.12	4		
22	63	Robert HOUGH	Widnes Road Runners	M	41	19.30		20.16			2		
23	62	Trevor GOLDING	WIDNES	M	54	19.31		19.23	19.33		3		
24	29	Paul RILEY	Penny Lane Striders	M	52	19.34		20.01			2		
25	3	David JOINSON	Penny Lane Striders	M	37	19.37	20.42	19.56	19.21		4		
26	8	Carl YU	Liverpool Running Club	M	47	19.48	19.46	19.54	19.38	19.44	5	98.30	4
27	83	Andrew BIDDLE	Penny Lane Striders	M	47	19.56		19.27	20.39		3		
28	45	Ella MCMUTRIE	Liverpool Harriers & AC	F	16	20.13					1		
29	25	Stephen DOYLE	Unattached	M	48	20.27					1		
30	20	David EDWARDS	Kirkby Milers	M	60	20.29	20.09	20.21	20.07	20.04	5	101.10	5
31	28	Stuart ATHERTON	Knowsley Harriers & AC	M	40	20.34				20.11	2		
32	84	Daniel SHANNON	Run Sandymoor	M	35	20.35		21.08			2		
33	68	Calvin WRIGHT	Mersey Tri	M	40	20.52					1		
34	21	Matt DUTTON	Penny Lane Striders	M	45	21.00	20.43	21.05	21.08	21.26	5	105.22	6
35	14	Becky CHITTICK	Penny Lane Striders	F	21	21.03	21.30	21.26	21.28	21.23	5	107.10	7
36	32	Graham CUSHION	Kirkby Milers	M	46	21.11	20.41		21.16		3		
37	15	Jack. BUCKTON	Penny Lane Striders	M	29	21.23					1		
38	81	Kim WALK??	Helsby	F	41	21.25					1		
39	102	John LEE	Kirkby Milers	M	53	21.27			21.25	21.14	3		
40	55	John JENSEN	Penny Lane Striders	M	45	21.33					1		
41	5	Hayley FAIRCLOUGH	Penny Lane Striders	F	40	21.36					1		
42	27	Andrew CONWAY	LPS	M	57	21.40	21.56	22.35	22.00	22.11	5	110.42	9
43	101	Stephen HAWTHORNE	Penny Lane Striders	M	33	21.41			22.39		2		
44	18	Terry LYNCH	Penny Lane Striders	M	53	21.44	21.12		21.12	21.10	4		
45	7	Tony HOLMES	Liverpool Running Club	M	62	21.50	21.55	22.09			3		
46	79	Emma FRASER	Run Sandymoor	F	45	21.51					1		
47	19	Mike WALKER	Southport Waterloo AC	M	72	22.03	21.25	22.28	21.40		4		
48	40	Peter MCDONALD	Unattached	M	56	22.11					1		
49	86	Mike PRESTON	St Helens Striders	M	57	22.14			22.16	21.58	3		
50	69	Leedsom CHARLIE	Widnes	M	41	22.21					1		
51	77	Lucy HELSBY	Kirkby Milers	F	31	22.24	21.16	21.39			3		
52	59	Steve PEMBERTON	Penny Lane Striders	F	67	22.25	22.32	23.02	22.35	22.04	5	112.38	10
53	36	Holly BROWN	Penny Lane Striders	F	26	22.30	21.36	21.37	21.44	21.16	5	108.03	8
54	88	Sarah JACKSON	Penny Lane Striders	F	43	22.31	21.59			22.31	3		
55	31	Pete MOVILLE	St Helens Striders	M	62	22.40	22.35		22.27		3		
56	87	Emma GITTENS	Liverpool Harriers & AC	F	16	22.49					1		
57	96	Steve HAYES	Liverpool Running Club	M	50	22.56				23.22	2		
58	54	Michelle MURPHY	Liverpool Harriers & AC	F	56	22.59		23.29	24.24	24.36	4		
59	33	Neal BUTTERWORTH	Penny Lane Striders	M	56	23.02	23.09	22.30		22.41	4		
60	44	Megan MCMUTRIE	Liverpool Harriers & AC	F	16	23.08					1		
61	57	Andrew TROY	Penny Lane Striders	M	31	23.08	23.04		23.22	23.37	4		
62	103	Alexandra KOKKEN	Dockside Runners - Unaffiliated	F	47	23.11					1		
63	43	Andy SCOTT	St Helens Striders	M	51	23.12	22.47	23.04	22.43	23.00	5	115.06	11
64	65	Lucie MICHAELSON	Penny Lane Striders	F	39	23.15	24.20		23.03	23.16	4		
65	89	Greg HOCKING	Penny Lane Striders	M	50	23.18	22.05			21.55	3		
66	70	Amelia REARDON	Liverpool Harriers & AC	F	17	23.34					1		
67	39	Beattie ED	Unattached	M	51	23.40					1		
68	9	George PIERECE	Liverpool Running Club	M	53	23.42	24.35	23.17	23.10		4		

Next Race: Thursday 8th September 2022

Part of the Mersey GP: Next Race: Sat 3rd September Knowlsey 5K



Mystery 5k Series - Race 5

8th September 2022

Posn	Bib	Athlete	Club	M/F	Age	Time	Race 4	Race 3	Race 2	Race 1	No of Races	Total Time	Rank
69	76	Pat HELSBY	Kirkby Milers	F	66	23.44		24.24	24.10		3		
70	34	John BROWN	Penny Lane Striders	M	63	23.53	24.20	24.41	24.45	24.59	5	122.18	12
71	53	Jessica LEWIS	Penny Lane Striders	F	29	23.55			20.51	20.11	3		
72	6	Bhavinia MISTRY	Kirkby Milers	F	51	24.12		25.23	24.45		3		
73	37	Smith EMILIA	Liverpool Harriers & AC	F	16	24.32					1		
74	66	Cheryl PACE	Penny Lane Striders	F	43	24.46	25.10	24.34	25.01	25.24	5	125.15	13
75	42	Hannah SUCKLING	Liverpool Harriers & AC	F	15	24.49					1		
76	13	Nick MCCOLE	Kirkby Milers	M	48	24.52		26.17		25.05	3		
77	74	John HOUGHTON	Run Sandymoor	M	63	24.53		24.12			2		
78	73	Judith DYER	Penny Lane Striders	F	56	24.56					1		
79	10	Tony GREEN	Penny Lane Striders	M	65	25.02	24.16			25.16	3		
80	91	Lynne DOYLE	Kirkby Milers	F	49	25.22	24.53				2		
81	64	Nigel FOO	Penny Lane Striders	M	54	25.29		24.43			2		
82	35	Guy SIAN	Liverpool Harriers & AC	F	16	25.40					1		
83	26	Jane NICHOLSON	Penny Lane Striders	F	58	25.44		26.10		25.44	3		
84	92	Njideka AGWUNA	Penny Lane Striders	F	50	25.47	24.59	24.52	24.18		4		
85	78	Jayne RUSSELL	Kirkby Milers	F	45	25.55	25.24	25.33	26.11		4		
86	24	Colin CLARKE	St Helens Striders	M	44	26.10		25.07	24.22	24.02	4		
87	95	Tony PEACOCK	Penny Lane Striders	M	71	26.12			25.07		2		
88	99	Mary HEERY	Penny Lane Striders	F	62	26.15	26.19	25.37	25.46	25.33	5	129.50	14
89	38	Stan COTTIER	Liverpool Running Club	M	75	26.17	26.09	26.43		26.39	4		
90	51	David BARROW	Kirkby Milers	M	66	26.24	26.52	27.09	26.26	25.59	5	132.10	15
91	11	Kay NELSON	Liverpool Running Club	F	40	26.46		26.47		24.26	3		
92	61	Megan THOMAS	Penny Lane Striders	F	22	26.54	26.09				2		
93	60	Laura PORTER	Penny Lane Striders	F	43	26.54	26.12	25.05	24.47		4		
94	104	Graeme BACK	Penny Lane Striders	M	49	27.34		26.31	26.42	26.14	4		
95	97	John TOPPING	Unattached	M	57	27.42		28.33	28.53	28.25	4		
96	75	Mohammad GHAROONI	Penny Lane Striders	M	60	28.15	29.09				2		
97	58	Andy MCDUGALL	Kirkby Milers	M	67	28.49	29.47	28.36	29.03		4		
98	12	Paula HEATON	Kirkby Milers	F	47	29.32	29.43	28.08		30.04	4		
99	85	Kate SHANNON	Run Sandymoor	F	36	30.23					1		
100	94	Tommy GATES	Penny Lane Striders	M	62	30.29		29.26	30.03	30.23	4		
101	4	Billy HARGREAVES	NMAC	M	75	31.36	29.59	30.44	30.37	31.35	5	154.11	16
102	48	Michael DEVEREUX	Penny Lane Striders	M	72	32.07					1		
103	50	Edwards JOANNE	Penny Lane Striders	F	52	32.07					1		
104	71	Sandra GROGAN	Kirkby Milers	F	61	36.08					1		
105	67	Ron THORNTON	Liverpool Running Bugs	M	81	37.14	38.49	35.50	37.13	37.57	5	186.23	17