



LIVERPOOL HARRIERS & ATHLETIC CLUB

Mystery 5k Series - Race 5 of 5

5th September 2024

Bib	Athlete	Club	M/F	Age	Time	Race 4	Race 3	Race 2	Race 1	No of Races	Total Time	Rank
117	Paul MARTIN	North Endurance	M	36	17.10			20.28		2		
17	Scott WAUGH	Liverpool Running Club	M	49	17.18	17.20	17.35	17.56	17.48	5	87.17	1
113	William HOLT	Liverpool Running Club	M	27	17.29			17.56	18.22	3		
4	David MCDONOUGH	Kirkby Milers	M	53	17.33	17.25	17.21		17.35	4		
102	Matthew TO*****	Unattached	M	25	17.35					1		
1	Mark CLAIR	Mersey Tri	M	41	17.54					1		
47	Colin WALSH	North Endurance	M	42	18.04			18.48		2		
75	Jonny BLAND	Penny Lane Striders	M	32	18.07			17.54		2		
93	Matt SMITH	MRC Liverpool	M	33	18.20	18.15		18.21	18.40	4		
66	Jay DEAKIN	Unattached	M	34	18.22		18.33			2		
77	Cameron MCCORMACK	Liverpool Running Bugs	M	19	18.25					1		
45	Brendan BURNS	Liverpool Running Club	M	40	18.26	19.13	18.21	18.23	18.59	5	93.42	2
55	Jon MULHALL	Unattached	M	47	18.37					1		
68	Dan THOMAS	Penny Lane Striders	M	36	18.40			18.22	18.37	3		
103	Peter LEDSON	Mersey Tri	M	21	18.44	19.12	19.00	18.51	18.41	5	94.48	3
18	Conor O'HARE	Mersey Tri	M	26	18.54					1		
32	Eric MYTTON	Unattached	M	25	18.56					1		
27	Peter LAWRENCE	Unattached	M	35	18.57					1		
101	Hayley TYSON	Penny Lane Striders	F	28	18.58					1		
59	Steven MCCORMACK	Abergele Harriers	M	35	19.00					1		
73	Callum BRADFORD	Unattached	M	25	19.08					1		
70	Harvey FORTIS	North Endurance	M	26	19.10			19.14	19.27	3		
83	Dave LAWTON	Liverpool Running Club	M	44	19.14					1		
90	Neil EDWARDS	Unattached	M	40	19.15		18.49	19.19		3		
49	? HARPEN	Unattached	M	43	19.16					1		
50	Tom HOBAN	Unattached	M	28	19.21					1		
110	Jamaal SCOTT	North Endurance	M	27	19.27					1		
112	Alison RAJAY	North Endurance	F	30	19.30					1		
100	Tom GRIEVE	Unattached	M	28	19.38					1		
64	James LEE	Penny Lane Striders	M	30	19.43	19.50		19.43		3		
6	Matthew DUTTON	Penny Lane Striders	M	46	19.48	19.16	19.47	19.20	19.38	5	97.09	4
15	Dave BARR	Kirkby Milers	M	52	19.50		19.26			2		
22	Callum BROMILOW	Liverpool Running Bugs	M	21	19.54	20.39				2		
48	Joe HART	?	M	25	19.56					1		
109	Karl CORRICK	Mossley Hill AC	M	37	19.58					1		
122	Liam DONOHUE	Liverpool Running Bugs	M	36	20.01	20.02				2		
38	Andrew BIDDLE	Penny Lane Striders	M	47	20.13		19.23	19.42	19.29	4		
13	Ashley CRAWFORD	Unattached	M	36	20.16	20.39				2		
5	Khosrdu KHERADMAND	Penny Lane Striders	M	44	20.29					1		
19	Sam WILLIAMS	Mersey Tri	M	17	20.44					1		
57	Holly BROWN	Penny Lane Striders	F	28	20.45		20.47	20.49	21.06	4		
65	Jack BUCKTON	Penny Lane Striders	M	31	20.50	20.41		22.19	20.33	4		
37	Sharon SAMSON	Penny Lane Striders	F	44	20.52	20.44	20.39	20.53		4		
40	Alan MCDERMOTT	Penny Lane Striders	M	58	20.59	21.20	20.29	21.28	20.51	5	104.27	5
12	Paul GRIFFITHS	Formula One Circuit Crew	M	47	20.59			20.33		2		
79	Steve DIPPLE	Penny Lane Striders	M	49	21.15	20.59				2		
9	Paul RILEY	Penny Lane Striders	M	52	21.30					1		
28	Patrick TOOLIS	Unattached	M	60	21.33					1		
126	John FIELDS	Penny Lane Striders	M	34	21.37			22.18		2		
10	Hayley FAIRCLOUGH	Penny Lane Striders	F	40	21.44	21.04	21.22	21.36	22.58	5	108.04	6
107	Clare MURPHY	Unattached	F	33	21.44			21.34		2		
91	Isobel KAVANAGH	Mersey Tri	F	14	21.50	23.02	21.03			3		
125	Kevin STOKES	Liverpool Running Bugs	M	39	21.51					1		
71	Robert HIGHAM	Liverpool Running Bugs	M	19	21.59	23.09				2		
67	Bea HOWARTH	Unattached	F	26	22.10					1		
41	Andrew TRIMNELL	Liverpool Running Bugs	M	46	22.20	22.25				2		
69	Jennifer BARRETT	North Endurance	F	27	22.21			21.58	22.21	3		
29	Amy TOOLIS	North Endurance	F	28	22.25			22.29		2		
26	Andrew CONWAY	Liverpool Pembroke Seftor	M	59	22.28	22.40	22.51	23.35		4		



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119	James REAY	Liverpool Running Club	M	35	22.32		22.19	23.57		3		
106	Michelle MURPHY	Liverpool Harriers & AC	F	57	22.34	22.48		22.59	23.25	4		
33	Olivia BROWN	Mossley Hill AC	F	27	22.37		21.51	21.55	22.05	4		
92	Michael DUNN	Liverpool Running Bugs	M	34	22.42					1		
31	James STANLEY	Liverpool Running Bugs	M	49	22.42	23.12				2		
39	Michael KENNEDY	Unattached	M	31	22.50					1		
46	Steve PEMBERTON	Penny Lane Striders	M	67	22.51	22.54	22.54	22.42	22.42	5	113.43	7
16	Ashleigh HUSSEY	Unattached	F	36	23.01					1		
51	Patrick WALTERS	Mersey Tri	M	56	23.13	24.01			23.49	3		
30	Adam GREGORY	Penny Lane Striders	M	25	23.18					1		
52	Kieron CARR	Liverpool Running Bugs	M	53	23.31	24.04				2		
56	John BROWN	Penny Lane Striders	M	65	23.35	24.10	24.05	23.31		4		
60	Tracey CARR	Liverpool Running Bugs	F	60	23.37	24.03				2		
63	Jonny BURROWS	Liverpool Running Bugs	M	25	23.43					1		
84	Colin MCCORMICK	Liverpool Running Bugs	M	43	23.46	30.09				2		
129	Kam DOSANJH	Penny Lane Striders	F	47	23.50		24.40			2		
35	Jon REYNOLDS	Liverpool Running Club	M	51	23.53		23.30		23.37	3		
7	Nigel JONES	Liverpool Running Bugs	M	61	23.55	24.42				2		
8	Emily VERNON	Penny Lane Striders	F	23	23.56	24.02				2		
114	Madlen FARRAR	North Endurance	F	32	23.59					1		
115	Robert JOHNSON	Mersey Tri	M	59	24.02		23.59		24.30	3		
76	Ryan PADEN	Liverpool Running Bugs	M	32	24.08	25.21				2		
54	Murphy MIDGLEY	Liverpool Harriers & AC	M	13	24.09	20.31				2		
80	Shaun GEOGHAN	Liverpool Running Bugs	M	56	24.10	23.20				2		
118	Lucy ST JOHN	North Endurance	F	33	24.15			25.17		2		
86	Mick FLATLEY	Liverpool Running Club	M	37	24.19					1		
120	Robin SPOUT?	Mersey Tri	F	28	24.44					1		
108	Martin HIRRELL	Penny Lane Striders	M	57	24.50	24.52	25.23	24.00	25.06	5	124.31	8
36	Samantha BENTALL	Penny Lane Striders	F	56	25.04	26.15	27.34			3		
24	John HOUGHTON	Run Sandymoor	M	64	25.15	25.18	24.41	25.15	24.54	5	125.43	9
130	Michael MALONEY	Knowsley Harriers AC	M	72	25.25	24.59				2		
124	Rachael RICK	Penny Lane Striders	F	64	25.42	26.05				2		
94	Francesca WARING	Unattached	F	29	25.44					1		
95	Hannah WILLS	Unattached	F	25	25.45					1		
58	Neil SMITH?	North Endurance	M	44	25.51					1		
81	Joe MCGLYNN	Penny Lane Striders	M	67	25.54		26.09		26.34	3		
34	Jan RIGBY	Mersey Tri	F	41	26.09	24.48	25.34	25.01	25.55	5	127.47	10
72	Sallie HOLT	Wallasey AC	F	48	26.10					1		
121	David RAND	Penny Lane Striders	M	47	26.15				27.03	2		
127	Rachel Warburton	Liverpool Running Bugs	F	40	26.25					1		
111	Bryn PRITCHARD	Penny Lane Striders	M	51	26.36					1		
14	Paul ADAMS	Mersey Tri	M	51	27.02				27.29	2		
23	Jamie STEWART	Liverpool Running Bugs	M	36	27.07	27.54				2		
25	Clive MORRISON	Run Sandymoor	M	62	27.21	26.25				2		
87	Michael EAKIN	Penny Lane Striders	M	67	27.32		27.41	27.51	27.39	4		
42	Stan COTTIER	Liverpool Running Club	M	75	27.46		27.01		27.14	3		
96	Lenny D'CRUZE	Unattached	M	14	27.47	27.55				2		
97	Nichola D'CRUZE	Penny Lane Striders	F	43	27.47	27.55				2		
62	Taylor HOOPER	Liverpool Running Bugs	F	34	27.48					1		
43	Wendy OSBORNE	Penny Lane Striders	F	45	28.13	27.27	28.33	27.02	27.10	5	138.25	12
98	Kristin BUTTERWORTH	Liverpool Running Bugs	F	42	28.14					1		
128	Brian SWEENEY	North Endurance	M	66	28.15			26.13	26.09	3		
11	Lisa CUSACK	Penny Lane Striders	F	50	28.24	27.23	26.37	25.23	24.22	5	132.29	11
74	Phil THORP	Liverpool Running Bugs	M	65	28.34					1		
21	Eamonn BRADY	Penny Lane Striders	M	57	29.05					1		
61	Samantha MILLIGAN	Liverpool Running Bugs	F	31	29.07					1		
2	David LIMBRICK	Islwyn RC	M	61	29.16	29.34	29.45	30.25		4		
132	Rachael PARKER	Penny Lane Striders	F	43	29.27					1		
131	Andy SIMPSON	Penny Lane Striders	M	55	29.27					1		



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123	Amy EDWARDS	Penny Lane Striders	M	29	30.08		29.42	30.24	31.21	4		
20	Andrew GLEN	Liverpool Running Bugs	M	60	30.22					1		
99	Martin KAVANAGH	Unattached	M	54	30.32					1		
104	Billy SKINNER	Liverpool Running Bugs	M	30	30.43	30.29				2		
105	Jane SKINNER	Liverpool Running Bugs	F	60	31.32	34.05				2		
89	Conor MCHALE	Liverpool Running Bugs	M	26	32.01					1		
88	Laura MCHALE	Liverpool Running Bugs	F	43	32.26	30.57				2		
44	Joanne EDWARDS	Penny Lane Striders	F	53	32.45		32.10			2		
116	Julie WESTRAY-BAIRD	Unattached	F	45	32.55					1		
82	Vincent HESSEY	Penny Lane Striders	M	75	33.20		32.19		33.21	3		
53	Eunice NOPONDO	Penny Lane Striders	F	60	33.26					1		
78	Liam TAYLOR	Liverpool Running Bugs	M	30	34.03	34.10				2		
134	Jennie HOGG	Liverpool Running Bugs	F	30	35.16	34.54				2		
135	Poppy LEONARD - STEPHENS	Liverpool Running Bugs	F	20	35.17	35.45				2		
133	Laura HAUGH	Liverpool Running Bugs	F	34	35.17	28.31				2		